

Valley Springs Middle

Lunch · October 2026



Monday

Tuesday

Wednesday

Thursday

Friday

No menu published

No menu published

Chicken Wings
Baked Crispy Fries
Breadstick
Seasoned Green Beans

Brasstown Beef Nachos
Queso Nachos
Taco Fiesta Beans
Baked Crispy Fries
Hot Buttered Corn
Zesty Salsa

Creamy Ham Rotini
School Cheese Pizza
School Pepperoni Pizza
Cool Tropics Slushy
Baked Crispy Fries
Caesar Side Salad
Seasoned Green Beans

Crispy Chicken Nuggets
Italian Ice
Baked Crispy Fries
Seasoned Green Beans

Chicken & Veggie Dumpling
Sweet Potato Fries
Ginger Glazed Carrots
Sesame Roasted Broccoli

Zesty BBQ Sand
Baked Beans
Tasty Tater Tots
Creamy Coleslaw

Southwest Chicken Burrito
Taco Fiesta Beans
Hot Buttered Corn
Zesty Salsa

Baked Spaghetti
School Cheese Pizza
School Pepperoni Pizza
Cool Tropics Slushy
Baked Crispy Fries
Caesar Side Salad
Seasoned Green Beans

Arroz Con Pollo (ACP)
Sweet Potato Fries
Italian Ice
Hot Buttered Corn
Seasoned Green Beans

Mozzarella Sticks
Tasty Tater Tots
Herb Roasted Broccoli
Marinara Cup

Chicken & Waffle
Creamy Mashed Potatoes
Cheesy Broccoli

Brasstown Beef Nachos
Queso Nachos
Taco Fiesta Beans
Baked Crispy Fries
Hot Buttered Corn
Zesty Salsa

Creamy Ham Rotini
School Cheese Pizza
School Pepperoni Pizza
Cool Tropics Slushy
Baked Crispy Fries
Caesar Side Salad
Seasoned Green Beans

Buncombe Burger
Tasty Tater Tots
Italian Ice
Seasoned Green Beans

Honey Fire Chicken
Sweet Potato Fries
Ginger Glazed Carrots
Sesame Roasted Broccoli
Asian Noodles

Chicken Wings
Baked Crispy Fries
Breadstick
Seasoned Green Beans

Brasstown Beef Nachos
Queso Nachos
Taco Fiesta Beans
Baked Crispy Fries
Hot Buttered Corn
Zesty Salsa

School Cheese Pizza
School Pepperoni Pizza
Sloppy Joe Sandwich
Cool Tropics Slushy
Baked Crispy Fries
Caesar Side Salad
Hot Buttered Corn