



Asheville City Schools

Lucy S Herring Elementary School

Prek Lunch · October 2026



Monday

Tuesday

Wednesday

Thursday

Friday

No menu published

No menu published

No menu published

No menu published

No menu published

No menu published

No menu published

No menu published

No menu published

No menu published

Classic Chicken Sandwich 340 cal
Crinkle Cut French Fries 30 cal
Apple Slices 25 cal

Popcorn Chicken 220 cal
Seasoned Homestyle Mashed Potatoes 60 cal
Fresh Orange Wedges 25 cal

Turkey Ham & Cheese Sandwich 310 cal
Seasoned Broccoli Florets 20 cal
Fresh Pear 90 cal

Cheese Lasagna Rollup 240 cal
Cinnamon Roasted Sweet Potato 70 cal
Chilled Peaches 30 cal

Traditional Pepperoni Pizza 370 cal
Classic Cheese Pizza 340 cal
Seasoned Corn 45 cal
Fresh Banana 90 cal

Traditional Cheeseburger 380 cal
Smile Potatoes 130 cal
Apple Slices 25 cal

Beef Nachos 460 cal
Fresh Orange Wedges 25 cal
Sliced Cucumbers

Buttermilk Pancakes 180 cal
Low Fat Mozzarella String Cheese 80 cal
Nonfat Blueberry Greek Yogurt^ 90 cal
Tater Tots 60 cal
Blueberry Crisp 200 cal

Low Fat Mozzarella String Cheese 80 cal
Applesauce 25 cal
Sliced Cucumbers

Cheese Pizza 270 cal
Traditional Pepperoni Pizza 370 cal
Seasoned Yellow Corn 45 cal
Chilled Peaches 30 cal

Toasty Cheese Sandwich 370 cal
Savory Steamed Carrots 35 cal
Applesauce 50 cal

Grilled Chicken Sandwich 270 cal
Chilled Peaches 50 cal
Corn on the Cob 45 cal

Chicken Pasta Alfredo 230 cal
Apple Slices 25 cal
Seasoned Peas 45 cal

Brown Rice 110 cal
Chicken & Vegetable Dumplings 120 cal
Pineapple Tidbits 35 cal
Rainbow Veggie Medley 35 cal
Low Fat Mozzarella String Cheese 80 cal

Traditional Pepperoni Pizza 370 cal
Classic Cheese Pizza 340 cal
Chilled Peaches 70 cal
Seasoned Corn 45 cal

Served every day

Low Fat Milk · Fat Free Milk · Homemade Ranch Dressing

Menu data from Asheville City Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Asheville City Schools publishes them.

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