



Asheville City Schools

Lucy S Herring Elementary School

After School Snack · October 2026



Monday

Tuesday

Wednesday

Thursday

Friday

No menu published

No menu published

No menu published

No menu published

No menu published

Doritos Nacho Cheese Tortilla Chips 130 cal
 Apple Juice 80 cal
 Fresh Granny Smith Apple 70 cal

Whole Grain Blueberry Muffin 190 cal
 Low Fat Milk 100 cal

Heartzels Pretzels 80 cal
 Low Fat Mozzarella String Cheese 80 cal

Vanilla Yogurt 70 cal
 Bug Bites Graham Crackers 120 cal

Chocolate Chip Muffin 200 cal
 Low Fat Milk 100 cal

Baked WG Cheetos 110 cal
 Assorted Fruit Juice 60 cal
 Fresh Whole Gala Apple 70 cal

Strawberry Yogurt 60 cal
 Honey Graham Crackers 90 cal

Whole Grain Cheez-It Crackers 100 cal
 Low Fat Mozzarella String Cheese 80 cal

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Menu data from Asheville City Schools, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Asheville City Schools publishes them.

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