



LUNCH

OCTOBER 2026

Isaac Dickson Elementary School

Asheville City Schools



Monday

Tuesday

Wednesday

Thursday

Friday

1

No menu published

2

No menu published

5

No menu published

6

No menu published

7

No menu published

8

No menu published

9

No menu published

12

- CLASSIC CHICKEN SANDWICH** 340 cal
- Homemade Cheese Pizza 430 cal
- Seasoned Crinkle Cut Fries 90 cal
- BBQ Baked Beans 180 cal
- Sunbutter Sandwich & Veggie Fun Lunch 510 cal
- Fresh Granny Smith Apple 80 cal
- Chilled Diced Pears 60 cal
- Fresh Carrots 10 cal
- Citrus Chickpea Salad 110 cal
- Homemade Ranch Dressing 100 cal

13

- HAWAIIAN ROLL** 110 cal
- Mashed Potato & Chicken Bowl 350 cal
- Toasted Pimento Cheese Sandwich 550 cal
- Seasoned Green Beans & Carrots 50 cal
- Turkey, Cheese & Flatbread Fun Lunch 360 cal
- Fresh Orange 45 cal
- Chilled Applesauce 60 cal
- Fresh Broccoli Florets 5 cal
- Red Bell Pepper Strips 5 cal
- Homemade Ranch Dressing 100 cal

14

- HOME-STYLE BEEF AND BEAN CHILI** 90 cal
- Shredded Cheddar Cheese 50 cal
- Tortilla Chips 280 cal
- Turkey & Cheese on Flatbread 330 cal
- Broccoli 25 cal
- Warm Baked Apple Slices 230 cal
- Blueberry Waffles, Yogurt & Cheese Fun Lunch 350 cal
- Fresh Pear 90 cal
- Chilled Fruit Cocktail 80 cal
- Fresh Carrots 10 cal
- Green Peas 40 cal
- Homemade Ranch Dressing 100 cal

15

- SOFT FLOUR TORTILLA** 180 cal
- Taco Seasoned Pulled Pork 210 cal
- Cheese Lasagna Rollup 240 cal
- Herb Breadstick 90 cal
- Cinnamon Roasted Sweet Potato 70 cal
- Hummus & Veggie Bento Box 460 cal
- Fresh Fuji Apple 70 cal
- Chilled Peaches 60 cal
- Sliced Cucumbers 5 cal
- Fresh Broccoli Florets 100 cal
- Homemade Ranch Dressing 20 cal
- Salsa

16

- TRADITIONAL PEPPERONI PIZZA** 370 cal
- Classic Cheese Pizza 340 cal
- Aloha Pizza 330 cal
- Seasoned Corn 90 cal
- Sunbutter Sandwich & Veggie Fun Lunch 510 cal
- Fresh Banana 110 cal
- Strawberry Mango Frozen SideKicks 90 cal
- Fresh Carrots 10 cal
- Citrus Chickpea Salad 110 cal
- Homemade Ranch Dressing 100 cal

19

- TRADITIONAL CHEESEBURGER** 380 cal
- Brown Rice 110 cal
- Cinnamon Roasted Sweet Potato 70 cal
- Seasoned Black Beans 100 cal
- Shredded Mozzarella Cheese 80 cal
- Pickles
- Smile Potatoes 130 cal
- Bug Bites & Yogurt Fun Lunch 270 cal
- Fresh Whole Apple Gala 60 cal
- Pineapple Tidbits 70 cal
- Fresh Carrots 25 cal
- Shredded Lettuce & Sliced Tomato 5 cal
- Ranch Dressing 45 cal

20

- BEEF NACHOS** 460 cal
- Bean & Cheese Quesadilla 380 cal
- Salsa 20 cal
- Seasoned Corn 90 cal
- Sunbutter Sandwich & Veggie Fun Lunch 510 cal
- Fresh Orange Wedges 60 cal
- Chilled Pears 80 cal
- Sliced Cucumbers 50 cal
- Citrus Chick Pea Salad 45 cal
- Ranch Dressing

21

- TURKEY CORN DOG** 280 cal
- Buttermilk Pancakes 180 cal
- Impossible Sausage Patties 210 cal
- Low Fat Mozzarella String Cheese 80 cal
- BBQ Baked Beans 180 cal
- Blueberry Crisp 200 cal
- Turkey & Cheese Sandwich 280 cal
- Fresh Pear 90 cal
- Peach Cup 90 cal
- Green Peas 40 cal
- Broccoli 5 cal
- Ranch Dressing 45 cal

22

- CRISPY CHICKEN CORDON BLEU** 480 cal
- Cheese Stuffed Breadsticks 300 cal
- Marinara Sauce 30 cal
- Vegetable Pasta Salad 100 cal
- Seasoned Broccoli 45 cal
- Sunbutter Sandwich & Veggie Fun Lunch 510 cal
- Fresh Orange Wedges 60 cal
- Chilled Applesauce 50 cal
- Sliced Cucumbers 5 cal
- Fresh Celery Sticks 45 cal
- Ranch Dressing

23

- CHEESE PIZZA** 270 cal
- Traditional Pepperoni Pizza 370 cal
- Pepperoni & Jalapeno Pizza 370 cal
- Seasoned Corn 90 cal
- Hummus & Veggie Bento Box 460 cal
- Fresh Granny Smith Apple 80 cal
- Sunbelievable Frozen SideKicks 90 cal
- Fresh Carrots 25 cal
- Citrus Chick Pea Salad 50 cal
- Ranch Dressing 45 cal

26

- HAWAIIAN ROLL** 110 cal
- Home-Style Meatloaf 190 cal
- Toasty Cheese Sandwich 370 cal
- Mashed Potatoes 110 cal
- Baby Carrots 30 cal
- Sunbutter Sandwich & Veggie Fun Lunch 510 cal
- Fresh Orange 45 cal
- Cinnamon Applesauce 50 cal
- Fresh Carrots 25 cal
- Corn 40 cal
- Ranch Dressing 45 cal

27

- GRILLED CHICKEN SANDWICH** 270 cal
- Bean Burrito 390 cal
- Corn on the Cob 45 cal
- Turkey, Cheese & Flatbread Fun Lunch 360 cal
- Fresh Pear 90 cal
- Chilled Peaches 60 cal
- Broccoli 5 cal
- Garbanzo Beans 110 cal
- Ranch Dressing 45 cal
- Teriyaki Sauce 60 cal

28

- CHICKEN PASTA ALFREDO** 230 cal
- Herb Breadstick 90 cal
- Veggie Burger 300 cal
- Shredded Lettuce & Sliced Tomato 5 cal
- Steamed Peas 70 cal
- Blueberry Waffles, Yogurt & Cheese Fun Lunch 350 cal
- Fresh Fuji Apple 70 cal
- Chilled Pears 80 cal
- Sliced Cucumbers 5 cal
- Fresh Cherry Tomatoes 45 cal
- Ranch Dressing

29

- BROWN FRIED RICE** 170 cal
- Chicken & Vegetable Dumplings 240 cal
- BBQ Tofu 190 cal
- Hamburger Bun 150 cal
- Seasoned Mixed Vegetables 110 cal
- Hummus & Veggie Bento Box 460 cal
- Fresh Red and Green Seedless Grapes 50 cal
- Pineapple Tidbits 35 cal
- Broccoli 5 cal
- Garbanzo Beans 110 cal
- Ranch Dressing 45 cal

30

- TRADITIONAL PEPPERONI PIZZA** 370 cal
- Classic Cheese Pizza 340 cal
- Seasoned Corn 90 cal
- Sunbutter Sandwich & Veggie Fun Lunch 510 cal
- Fresh Granny Smith Apple 80 cal
- Peach Cup 90 cal
- Fresh Carrots 25 cal
- Fresh Cherry Tomatoes 5 cal
- Ranch Dressing 45 cal

Served every day:

Low Fat Milk Chocolate Low Fat Milk

Menu data from Asheville City Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Asheville City Schools publishes them.

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