



HALL FLETCHER BREAKFAST OCTOBER 2026

Hall Fletcher Elementary School

Asheville City Schools



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 No menu published	2 No menu published
5 No menu published	6 No menu published	7 No menu published	8 No menu published	9 No menu published
12 Breakfast Turkey Sausage Pizza 210 cal Fresh Orange 45 cal Orange Pineapple Juice 60 cal	13 Less Sugar Cinnamon Toast Crunch Bowl 220 cal Honey Cheerios Cereal Bowl 210 cal Reduced Sugar Lucky Charms Cereal Bowl 210 cal Cinnamon Chex Cereal Bowl 230 cal Applesauce 50 cal Orange Pineapple Juice 60 cal	14 Chicken Biscuit Sandwich 300 cal Fresh Gala Apple 60 cal Orange Pineapple Juice 60 cal	15 Mini Cinnamon Waffles 190 cal Applesauce 50 cal Orange Pineapple Juice 60 cal	16 Whole Grain Blueberry Muffin 190 cal Strawberry Banana Yogurt 70 cal Fresh Banana 110 cal Orange Pineapple Juice 60 cal
19 Turkey Sausage & Cheese Biscuit Sandwich 290 cal Fresh Whole Apple Gala 60 cal Orange Pineapple Juice 60 cal	20 Cinnamon Toast Crunch Mini French Toast Bites 210 cal Chilled Peaches 90 cal Orange Pineapple Juice 60 cal	21 Ham & Cheese Croissant 320 cal Chilled Applesauce 50 cal Orange Pineapple Juice 60 cal	22 Mini Strawberry Pancake Puffs 190 cal Chilled Pears 80 cal Orange Pineapple Juice 60 cal	23 Mini Cinnis 230 cal Fresh Banana 110 cal Orange Pineapple Juice 60 cal
26 Blueberry Bash Waffles 210 cal Fresh Whole Gala Apple 70 cal	27 Chicken Biscuit Sandwich 430 cal Chilled Applesauce 50 cal	28 Strawberry Cream Cheese Stuffed Bagel 240 cal Fresh Granny Smith Apple 80 cal	29 Strawberry Banana Yogurt 70 cal Tiger Graham Crackers 120 cal Fresh Orange 45 cal	30 Mini Confetti Pancakes 210 cal Fresh Banana 110 cal

EVERY DAY

- Apple Juice
- Low Fat Milk
- Chocolate Low Fat Milk
- Strawberry Fat Free Milk

Menu subject to change.

Menu data from Asheville City Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Asheville City Schools publishes them.

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