



SNACK

OCTOBER 2026

Sylvan Elementary

Alamance-Burlington School System



Monday

Tuesday

Wednesday

Thursday

Friday

					1	2
					No menu published	No menu published
5	6	7	8	9		
No menu published	No menu published	No menu published	No menu published	No menu published		
12	13	14	15	16		
GOLDFISH CRACKERS - COLORS 100 cal	WHOLE GRAIN NACHO CHEESE DORITOS 130 cal	CHEETOS 110 cal	CHEEZ-ITS 100 cal	SCOOPY DOO GRAHAM CRACKERS WW 120 cal		
19	20	21	22	23		
WHOLE WHEAT CINNAMON GOLDFISH CRACKER 120 cal	WHOLE GRAIN COOL RANCH DORITOS 130 cal	CHEEZ-ITS 100 cal	CHEETOS 110 cal	SCOOPY DOO GRAHAM CRACKERS WW 120 cal		
26	27	28	29	30		
No menu published	CHEETOS 110 cal	CHEEZ-ITS 100 cal	CHEETOS PUFFS .70 OZ 90 cal	WHOLE GRAIN COOL RANCH DORITOS 130 cal		

Served every day:

1% Milk · Chocolate Milk · Skim Milk

Menu data from Alamance-Burlington School System, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Alamance-Burlington School System publishes them.

nutrislice