



PRE K MENU OCTOBER 2026

Newlin Elementary
Alamance-Burlington School System



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

No menu published

2

No menu published

5

No menu published

6

No menu published

7

No menu published

8

No menu published

9

No menu published

12

Chicken & Waffle Breakfast 190 cal
 Sliced Peaches 60 cal
 Chicken Popcorn 250 cal
 Mini Corn Dogs 250 cal
 Juicy Juice Orange Medley 50 cal
 Home-style Green Beans 9 cal
 Sliced Pears 63 cal
 Goldfish Crackers - Colors 100 cal

13

Eggs Bacon & Toast 200 cal
 Raisels 120 cal
 Chicken Fillet Sandwich 340 cal
 Chicken Fillet Spicy Sandwich 340 cal
 Spaghetti w/ Meat Sauce 416 cal
 Garden Salad 11 cal
 Hot Buttered Corn pk 39 cal
 Assorted Fresh Fruit 384 cal
 Whole Grain Nacho Cheese Doritos 130 cal

14

Southern Biscuit 160 cal
 Sausage Patty (Turkey) 80 cal
 Pineapple Tidbits 80 cal
 Mac and Cheese 296 cal
 Chicken Cheezy Hotz 199 cal
 Chicken Chunks Gold Creek 191 cal
 Broccoli Roasted PK 10 cal
 Sidekicks Sunbelieve Smoothie 90 cal
 Sidekicks Tropicool Smoothie 70 cal
 Applesauce Cup 60 cal
 Cheetos 110 cal

15

Yogurt 70 cal
 Blueberry Muffin Mini 1.6oz 150 cal
 Chocolate Chip Muffin Mini 160 cal
 Sliced Pears 63 cal
 All Beef Hot Dog 290 cal
 Tony's French Bread 330 cal
 Baked Beans 70 cal
 Potato Wedges 60 cal
 Peach Cobbler 317 cal
 Cheez-Its 100 cal

16

Assorted Cereal 1 ounce 120 cal
 Applesauce Cup 60 cal
 Nardone's Cheese Pizza 336 cal
 Nardone's Pepperoni Pizza 310 cal
 Yogurt Snack Pack 325 cal
 Seasoned Carrots 19 cal
 Creamy Mashed Potatoes 37 cal
 Assorted Fresh Fruit 384 cal
 Scooby Doo Graham Crackers WW 120 cal

19

Yogurt 70 cal
 Granola 90 cal
 Sliced Peaches 60 cal
 Chicken Chunks Gold Creek 191 cal
 Yogurt Snack Pack 325 cal
 Sweet Potato Waffle Fries PK 71 cal
 Baked Beans 70 cal
 Assorted Fresh Fruit 384 cal
 Whole Wheat Cinnamon Goldfish Cracker 120 cal

20

Eggs Sausage & Toast 230 cal
 Applesauce Cup 60 cal
 Cheeseburger 390 cal
 Tony's French Bread 330 cal
 Roasted California Blend PK 15 cal
 Potato Wedges 60 cal
 Sliced Peaches 60 cal
 Whole Grain Cool Ranch Doritos 130 cal

21

Southern Biscuit 160 cal
 Chicken Patty Breakfast 80 cal
 Sliced Pears 63 cal
 Chicken Fillet Sandwich 340 cal
 Chicken Fillet Spicy Sandwich 340 cal
 Beef Dippers 206 cal
 Roll Baked 1 oz 70 cal
 Sidekicks Sunbelieve Smoothie 90 cal
 Sidekicks Tropicool Smoothie 70 cal
 Broccoli Roasted PK 10 cal
 Applesauce Cup 60 cal
 Cheez-Its 100 cal

22

Yogurt 70 cal
 Blueberry Muffin Mini 1.6oz 150 cal
 Chocolate Chip Muffin Mini 160 cal
 Pineapple Tidbits 80 cal
 Chicken Pie 181 cal
 Roll Baked 1 oz 70 cal
 Nardone's Cheese Pizza 336 cal
 Nardone's Pepperoni Pizza 310 cal
 Creamy Mashed Potatoes 37 cal
 Home-style Green Beans 9 cal
 Assorted Fresh Fruit 384 cal
 Cheetos 110 cal

23

Pancake Confetti 200 cal
 Raisels 120 cal
 Beef Nachos 316 cal
 Yogurt Snack Pack 325 cal
 Juicy Juice Orange Medley 50 cal
 Crispy Tater Tots 46 cal
 Sliced Pears 63 cal
 Scooby Doo Graham Crackers WW 120 cal

26

No menu published

27

Pancake Wrap Chicken 190 cal
 Sliced Peaches 60 cal
 Chicken Popcorn 250 cal
 Nardone's Cheese Pizza 336 cal
 Nardone's Pepperoni Pizza 310 cal
 Juicy Juice Orange Medley 50 cal
 Home-style Green Beans 9 cal
 Cheetos 110 cal

28

Southern Biscuit 160 cal
 Chicken Patty Breakfast 80 cal
 Sliced Pears 63 cal
 Walking Taco w/Doritos 348 cal
 Yogurt Snack Pack 325 cal
 Hot Buttered Corn pk 39 cal
 Pinto Beans 79 cal
 Pineapple Tidbits 80 cal
 Cheez-Its 100 cal

29

Yogurt 70 cal
 Blueberry Muffin Mini 1.6oz 150 cal
 Chocolate Chip Muffin Mini 160 cal
 Applesauce Cup 60 cal
 Chicken Chunks Gold Creek 191 cal
 BLT Turkey Salad 257 cal
 Goldfish Crackers - Colors 100 cal
 Cool Tropics Tropical Trio 80 cal
 Cool Tropics Berry Blue 60 cal
 Sweet Potato Waffle Fries 46 cal
 Sliced Pears 63 cal
 Cheetos Puffs .70 oz 90 cal

30

Assorted Cereal 1 ounce 120 cal
 Mixed Fruit 85 cal
 Cheeseburger 390 cal
 Stuffed Crust Cheese Pizza 310 cal
 Stuffed Crust Pepperoni Pizza 330 cal
 Crispy Tater Tots 46 cal
 Baby Carrots 24 cal
 Strawberry Cup 80 cal
 Whole Grain Cool Ranch Doritos 130 cal

EVERY DAY

- 1% Milk
- Skim Milk

Menu subject to change.