



Middle School- Traditional

Lunch · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

1

No menu published

2

No menu published

5

No menu published

6

No menu published

7

No menu published

8

No menu published

9

No menu published

12

- Chicken Popcorn** 250 cal
- Mini Corn Dogs 250 cal
- Juicy Juice Orange Medley 50 cal
- Home-style Green Beans 19 cal
- Strawberry Cup 80 cal

13

- Chicken Fillet Sandwich** 340 cal
- Chicken Fillet Spicy Sandwich 340 cal
- Spaghetti w/ Meat Sauce 416 cal
- Fresh Garden Salad 13 cal
- Hot Buttered Corn 74 cal
- Assorted Fresh Fruit 384 cal

14

- Mac and Cheese** 296 cal
- Chicken Cheezy Hotz 199 cal
- Chicken Chunks Gold Creek 191 cal
- Broccoli Roasted 20 cal
- Sidekicks Sunbelieva Smoothie 90 cal
- Sidekicks Tropicool Smoothie 70 cal
- Applesauce Cup 60 cal

15

- All Beef Hot Dog** 290 cal
- Tony's French Bread 330 cal
- Baked Beans 150 cal
- Potato Wedges 120 cal
- Peach Cobbler 317 cal

16

- Nardone's Cheese Pizza** 336 cal
- Nardone's Pepperoni Pizza 310 cal
- Yogurt Snack Pack 325 cal
- Seasoned Carrots 35 cal
- Creamy Mashed Potatoes 37 cal
- Assorted Fresh Fruit 384 cal

19

- Chicken Chunks Gold Creek** 191 cal
- Yogurt Snack Pack 325 cal
- Baked Beans 150 cal
- Sweet Potato Waffle Fries 142 cal
- Assorted Fresh Fruit 384 cal

20

- Cheeseburger** 390 cal
- Tony's French Bread 330 cal
- Roasted California Blend 30 cal
- Potato Wedges 120 cal
- Sliced Peaches 60 cal

21

- Chicken Fillet Sandwich** 340 cal
- Chicken Fillet Spicy Sandwich 340 cal
- Beef Dippers 206 cal
- Roll Baked 1 oz 70 cal
- Sidekicks Sunbelieva Smoothie 90 cal
- Sidekicks Tropicool Smoothie 70 cal
- Broccoli Roasted 20 cal
- Applesauce Cup 60 cal

22

- Chicken Pie** 181 cal
- Roll Baked 1 oz 70 cal
- Nardone's Cheese Pizza 336 cal
- Nardone's Pepperoni Pizza 310 cal
- Creamy Mashed Potatoes 74 cal
- Home-style Green Beans 19 cal
- Assorted Fresh Fruit 384 cal

23

- Beef Nachos** 316 cal
- Yogurt Snack Pack 325 cal
- Juicy Juice Orange Medley 50 cal
- Crispy Tater Tots 90 cal
- Sliced Pears 63 cal

26

No menu published

27

- Chicken Popcorn** 250 cal
- Nardone's Cheese Pizza 336 cal
- Nardone's Pepperoni Pizza 310 cal
- Home-style Green Beans 19 cal
- Juicy Juice Orange Medley 50 cal
- Sliced Peaches 60 cal

28

- Walking Taco w/ Doritos** 348 cal
- Yogurt Snack Pack 325 cal
- Hot Buttered Corn 74 cal
- Pinto Beans 158 cal
- Pineapple Tidbits 80 cal

29

- Chicken Chunks Gold Creek** 191 cal
- BLT Turkey Salad 257 cal
- Goldfish Crackers - Colors 100 cal
- Cool Tropics Berry Blue 60 cal
- Cool Tropics Tropical Trio 80 cal
- Sweet Potato Waffle Fries 90 cal
- Sliced Pears 63 cal

30

- Cheeseburger** 390 cal
- Stuffed Crust Cheese Pizza 310 cal
- Stuffed Crust Pepperoni Pizza 330 cal
- Crispy Tater Tots 90 cal
- Baby Carrots 24 cal
- Strawberry Cup 80 cal

Served every day

Skim Milk · 1% Milk · Chocolate Milk