Alamance-Burlington School System

Haw River Elementary

Lunch · October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 No menu published	**2** No menu published
5 No menu published	**6** No menu published	**7** No menu published	**8** No menu published	**9** No menu published
12 **Chicken Popcorn** 250 cal Mini Corn Dogs 250 cal Juicy Juice Orange Medley 50 cal Home-style Green Beans 19 cal Strawberry Cup 80 cal	**13** **Chicken Fillet Sandwich** 340 cal Chicken Fillet Spicy Sandwich 340 cal Spaghetti w/ Meat Sauce 416 cal Fresh Garden Salad 13 cal Hot Buttered Corn 74 cal Assorted Fresh Fruit 384 cal	**14** **Mac and Cheese** 296 cal Chicken Cheezy Hotz 199 cal Chicken Chunks Gold Creek 191 cal Broccoli Roasted 20 cal Sidekicks Sunbelieva Smoothie 90 cal Sidekicks Tropicool Smoothie 70 cal Applesauce Cup 60 cal	**15** **All Beef Hot Dog** 290 cal Tony's French Bread 330 cal Baked Beans 150 cal Potato Wedges 120 cal Peach Cobbler 317 cal	**16** **Nardone's Cheese Pizza** 336 cal Nardone's Pepperoni Pizza 310 cal Yogurt Snack Pack 325 cal Seasoned Carrots 35 cal Creamy Mashed Potatoes 37 cal Assorted Fresh Fruit 384 cal
19 **Chicken Chunks Gold Creek** 191 cal Yogurt Snack Pack 325 cal Baked Beans 150 cal Sweet Potato Waffle Fries 142 cal Assorted Fresh Fruit 384 cal	**20** **Cheeseburger** 390 cal Tony's French Bread 330 cal Roasted California Blend 30 cal Potato Wedges 120 cal Sliced Peaches 60 cal	**21** **Chicken Fillet Sandwich** 340 cal Chicken Fillet Spicy Sandwich 340 cal Beef Dippers 206 cal Roll Baked 1 oz 70 cal Sidekicks Sunbelieva Smoothie 90 cal Sidekicks Tropicool Smoothie 70 cal Broccoli Roasted 20 cal Applesauce Cup 60 cal	**22** **Chicken Pie** 181 cal Roll Baked 1 oz 70 cal Nardone's Cheese Pizza 336 cal Nardone's Pepperoni Pizza 310 cal Creamy Mashed Potatoes 74 cal Home-style Green Beans 19 cal Assorted Fresh Fruit 384 cal	**23** **Beef Nachos** 316 cal Yogurt Snack Pack 325 cal Juicy Juice Orange Medley 50 cal Crispy Tater Tots 90 cal Sliced Pears 63 cal
26 No menu published	**27** **Chicken Popcorn** 250 cal Nardone's Cheese Pizza 336 cal Nardone's Pepperoni Pizza 310 cal Home-style Green Beans 19 cal Juicy Juice Orange Medley 50 cal Sliced Peaches 60 cal	**28** **Walking Taco w/Doritos** 348 cal Yogurt Snack Pack 325 cal Hot Buttered Corn 74 cal Pinto Beans 158 cal Pineapple Tidbits 80 cal	**29** **Chicken Chunks Gold Creek** 191 cal BLT Turkey Salad 257 cal Goldfish Crackers - Colors 100 cal Cool Tropics Berry Blue 60 cal Cool Tropics Tropical Trio 80 cal Sweet Potato Waffle Fries 90 cal Sliced Pears 63 cal	**30** **Cheeseburger** 390 cal Stuffed Crust Cheese Pizza 310 cal Stuffed Crust Pepperoni Pizza 330 cal Crispy Tater Tots 90 cal Baby Carrots 24 cal Strawberry Cup 80 cal

Served every day

Skim Milk · 1% Milk · Chocolate Milk

Menu data from Alamance-Burlington School System, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Alamance-Burlington School System publishes them.