



E.M. Yoder Elementary

Pre K Menu · October 2026



Monday

Tuesday

Wednesday

Thursday

Friday

No menu published

No menu published

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Chicken & Waffle Breakfast

- Sliced Peaches 190 cal
- Chicken Popcorn 60 cal
- Mini Corn Dogs 250 cal
- Juicy Juice Orange Medley 250 cal
- Home-style Green Beans 9 cal
- Sliced Pears 63 cal
- Goldfish Crackers - Colors 100 cal

Eggs Bacon & Toast

- Raisels 200 cal
- Chicken Fillet Sandwich 120 cal
- Chicken Fillet Spicy Sandwich 340 cal
- Spaghetti w/ Meat Sauce 340 cal
- Garden Salad 416 cal
- Hot Buttered Corn pk 11 cal
- Assorted Fresh Fruit 39 cal
- Whole Grain Nacho Cheese Doritos 384 cal
- 130 cal

Southern Biscuit

- Sausage Patty (Turkey) 160 cal
- Pineapple Tidbits 80 cal
- Mac and Cheese 80 cal
- Chicken Cheesy Hotz 296 cal
- Chicken Chunks Gold Creek 199 cal
- Broccoli Roasted PK 191 cal
- Sidekicks Sunbelieve Smoothie 10 cal
- Sidekicks Tropicool Smoothie 90 cal
- Applesauce Cup 70 cal
- Cheetos 60 cal
- 110 cal

Yogurt

- Blueberry Muffin Mini 1.6oz 70 cal
- Chocolate Chip Muffin Mini 150 cal
- Sliced Pears 160 cal
- All Beef Hot Dog 63 cal
- Tony's French Bread 290 cal
- Baked Beans 330 cal
- Potato Wedges 70 cal
- Peach Cobbler 60 cal
- Cheez-Its 317 cal
- 100 cal

Assorted Cereal 1 ounce

- Applesauce Cup 120 cal
- Nardone's Cheese Pizza 60 cal
- Nardone's Pepperoni Pizza 336 cal
- Yogurt Snack Pack 310 cal
- Seasoned Carrots 325 cal
- Creamy Mashed Potatoes 19 cal
- Assorted Fresh Fruit 37 cal
- Scooby Doo Graham Crackers WW 384 cal
- 120 cal

Yogurt

- Granola 70 cal
- Sliced Peaches 90 cal
- Chicken Chunks Gold Creek 60 cal
- Yogurt Snack Pack 191 cal
- Sweet Potato Waffle Fries PK 325 cal
- Baked Beans 71 cal
- Assorted Fresh Fruit 70 cal
- Whole Wheat Cinnamon Goldfish Cracker 384 cal
- 120 cal

Eggs Sausage & Toast

- Applesauce Cup 230 cal
- Cheeseburger 60 cal
- Tony's French Bread 390 cal
- Roasted California Blend PK 330 cal
- Potato Wedges 15 cal
- Sliced Peaches 60 cal
- Whole Grain Cool Ranch Doritos 60 cal
- 130 cal

Southern Biscuit

- Chicken Patty Breakfast 160 cal
- Sliced Pears 80 cal
- Chicken Fillet Sandwich 63 cal
- Chicken Fillet Spicy Sandwich 340 cal
- Beef Dippers 206 cal
- Roll Baked 1 oz 70 cal
- Sidekicks Sunbelieve Smoothie 90 cal
- Sidekicks Tropicool Smoothie 70 cal
- Broccoli Roasted PK 10 cal
- Applesauce Cup 60 cal
- Cheez-Its 100 cal

Yogurt

- Blueberry Muffin Mini 1.6oz 70 cal
- Chocolate Chip Muffin Mini 150 cal
- Pineapple Tidbits 160 cal
- Chicken Pie 80 cal
- Roll Baked 1 oz 181 cal
- Nardone's Cheese Pizza 70 cal
- Nardone's Pepperoni Pizza 336 cal
- Creamy Mashed Potatoes 310 cal
- Home-style Green Beans 37 cal
- Assorted Fresh Fruit 9 cal
- Cheetos 384 cal
- 110 cal

Pancake Confetti

- Raisels 200 cal
- Beef Nachos 120 cal
- Yogurt Snack Pack 120 cal
- Juicy Juice Orange Medley 316 cal
- Crispy Tater Tots 325 cal
- Sliced Pears 50 cal
- Scooby Doo Graham Crackers WW 46 cal
- 120 cal

No menu published

Pancake Wrap Chicken

- Sliced Peaches 190 cal
- Chicken Popcorn 60 cal
- Nardone's Cheese Pizza 250 cal
- Nardone's Pepperoni Pizza 336 cal
- Juicy Juice Orange Medley 310 cal
- Home-style Green Beans 50 cal
- Cheetos 9 cal
- 110 cal

Southern Biscuit

- Chicken Patty Breakfast 160 cal
- Sliced Pears 80 cal
- Walking Taco w/Doritos 63 cal
- Yogurt Snack Pack 348 cal
- Hot Buttered Corn pk 325 cal
- Pineapple Tidbits 39 cal
- Cheez-Its 79 cal
- 100 cal

Yogurt

- Blueberry Muffin Mini 1.6oz 70 cal
- Chocolate Chip Muffin Mini 150 cal
- Applesauce Cup 60 cal
- Chicken Chunks Gold Creek 191 cal
- BLT Turkey Salad 257 cal
- Goldfish Crackers - Colors 100 cal
- Cool Tropics Tropical Trio 80 cal
- Cool Tropics Berry Blue 60 cal
- Sweet Potato Waffle Fries 46 cal
- Sliced Pears 63 cal
- Cheetos Puffs .70 oz 90 cal

Assorted Cereal 1 ounce

- Mixed Fruit 120 cal
- Cheeseburger 85 cal
- Stuffed Crust Cheese Pizza 390 cal
- Stuffed Crust Pepperoni Pizza 310 cal
- Crispy Tater Tots 330 cal
- Baby Carrots 46 cal
- Strawberry Cup 24 cal
- Whole Grain Cool Ranch Doritos 80 cal
- 130 cal

Served every day

1% Milk · Skim Milk