

Nampa High Schools

Lunch · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

5

Chicken Nuggets 230 cal
Hamburger 319 cal
Chicken Sandwich 370 cal
Pepperoni Ripper 270 cal
Breadstick 90 cal
Broccoli Florets 28 cal
Diced Peaches CN 57 cal

6

Soft Shell Taco 361 cal
Cheeseburger 357 cal
Spicy Chicken Sandwich 330 cal
Pizza Hut 340 cal
Breadstick 180 cal
Buckaroo Beans 158 cal
Corn 101 cal
Pears CN 66 cal
Salsa 10 cal
Tapaito Sauce

7

Hot Dog 322 cal
Hamburger 319 cal
Chicken Sandwich 370 cal
Big Daddy Cheese Pizza 361 cal
Carrots 32 cal
Applesauce 51 cal

1

No menu published

2

No menu published

8

Macaroni & Cheese 298 cal
Cheeseburger 357 cal
Spicy Chicken Sandwich 330 cal
Pizza Hut 320 cal
Breadstick 180 cal
Tater Tots 140 cal
Mixed Fruit 85 cal

9

No menu published

12

National School Week
Corn Dog 2M/2G 243 cal
Chicken Sandwich 370 cal
Cheese Ripper 260 cal
POTATOES, Sidewinders, 1/2c 140 cal
Broccoli Florets 28 cal
Diced Peaches CN 57 cal

13

National School Week
Nachos 536 cal
Spicy Chicken Sandwich 330 cal
Pizza Hut 340 cal
Breadstick 180 cal
Mexican Corn 172 cal
Buckaroo Beans 158 cal
Pears CN 66 cal
Salsa 10 cal
Tapaito Sauce

14

National School Week
Cowboy Burger 480 cal
Chicken Sandwich 370 cal
Big Daddy Cheese Pizza 361 cal
Carrots 32 cal
Mixed Fruit 85 cal

15

National School Week
Funnel Cake w/Strawberry 731 cal
Hot Dog 322 cal
Pizza Hut 320 cal
Breadstick 180 cal
Tater Tots 140 cal
Applesauce 51 cal

16

No menu published

19

Corn Dog 2M/2G 243 cal
Hamburger 319 cal
Chicken Sandwich 370 cal
Galaxy Cheese Pizza 278 cal
Broccoli Florets 28 cal
Diced Peaches CN 57 cal

20

Burrito 298 cal
Cheeseburger 357 cal
Spicy Chicken Sandwich 330 cal
Pizza Hut 340 cal
Breadstick 180 cal
Corn 101 cal
Buckaroo Beans 158 cal
Pears CN 66 cal
Salsa 10 cal
Tapaito Sauce

21

COOK'S CHOICE MENU
Hamburger 319 cal
Chicken Sandwich 370 cal
Big Daddy Pizza 361 cal
Carrots 32 cal
Applesauce 51 cal

22

Grilled Cheese Sandwich 428 cal
Cheeseburger 357 cal
Spicy Chicken Sandwich 330 cal
Pizza Hut 320 cal
Breadstick 180 cal
Tater Tots 140 cal
Mixed Fruit 85 cal

23

No menu published

26

Chicken Nuggets 230 cal
Hamburger 319 cal
Chicken Sandwich 370 cal
Pepperoni Ripper 270 cal
Breadstick 90 cal
Broccoli Florets 28 cal
Diced Peaches CN 57 cal

27

Soft Shell Taco 361 cal
Cheeseburger 357 cal
Spicy Chicken Sandwich 330 cal
Pizza Hut 340 cal
Breadstick 180 cal
Buckaroo Beans 158 cal
Corn 101 cal
Pears CN 66 cal
Salsa 10 cal

28

Hot Dog 322 cal
Hamburger 319 cal
Chicken Sandwich 370 cal
Big Daddy Cheese Pizza 361 cal
Carrots 32 cal
Applesauce 51 cal

29

Macaroni & Cheese 298 cal
Cheeseburger 357 cal
Spicy Chicken Sandwich 330 cal
Pizza Hut 320 cal
Breadstick 180 cal
Tater Tots 140 cal
Mixed Fruit 85 cal

30

No menu published

Served every day

Fruit & Veggie Bar · **1% White Milk** · **Skim Milk** · **Chocolate Milk FF**