

Rocky Mountain Middle School

Lunch · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

5 Pizza Ripper Variety

- LRG Uncrustable
- Goldfish Crackers
- Grapes
- Zucchini

6 Potato Bar

- Dinner Roll
- Crispitos
- Crispy Chicken Sandwich
- Pizza Ripper Variety
- Pears
- Tossed Green Salad
- Cookie Variety

7 Chicken Nuggets

- Dinner Roll
- Potatoes w/Gravy
- Steamed Carrots
- Chicken Caesar Salad
- Crispy Chicken Salad
- Ham Chef Salad
- Turkey Chef Salad
- Baby Carrots
- Crispy Chicken Sandwich
- Nacho Bar
- Grapes

8 Chicken Quesadilla

- Roasted Hot Dog
- Crispy Chicken Sandwich
- Pizza Variety
- Diced Peaches
- Potato Wedges
- Snack Cookie

9 Meatball Sub

- Corn Tortilla Chips
- Taco Bar
- Cheesy Refried Beans
- Crispy Chicken Sandwich
- Nacho Bar
- Sorbet Cup
- Steamed Corn

12 Pizza Ripper Variety

- LRG Uncrustable
- Doritos Chips
- Diced Peaches
- Baby Carrots

13 Sweet & Sour Chicken

- Southwest Chicken Burrito Bowl
- Crispy Chicken Sandwich
- Pizza Variety
- Pears
- Finger Salad

14 Chicken Fingers

- Dinner Roll
- Potatoes w/Gravy
- Chicken Caesar Salad
- Crispy Chicken Salad
- Ham Chef Salad
- Turkey Chef Salad
- Crispy Chicken Sandwich
- Nacho Bar
- Banana
- Red Bell Pepper
- Cowboy Cookie

15 Pasta Bar

- Garlic Toast
- Crispy Chicken Sandwich
- Pizza Ripper Variety
- Mandarin Oranges
- Tossed Green Salad
- Snack Cookie

16 Chili

- Cinnamon Roll w/ Cream Cheese Frosting
- Spicy Roasted Chickpeas
- Taco Bar
- Cheesy Refried Beans
- Nacho Bar
- Fresh Apple
- Potato Wedges

19 Pizza Ripper Variety

- LRG Uncrustable
- Goldfish Crackers
- Apple Slices
- Baby Carrots

20 Cheesewich

- Steamed Broccoli
- Walkin' Taco
- Crispy Chicken Sandwich
- Pizza Ripper Variety
- Fresh Broccoli
- Corn Tortilla Chips
- Pears
- Brookie

21 Chicken Nuggets

- Dinner Roll
- Potatoes w/Gravy
- Chicken Caesar Salad
- Crispy Chicken Salad
- Ham Chef Salad
- Turkey Chef Salad
- Crispy Chicken Sandwich
- Nacho Bar
- Fresh Pear
- California Fresh Veggies

22 Sweet & Sour Chicken Potstickers w /Rice

- Italian Dunkers
- Crispy Chicken Sandwich
- Pizza Variety
- Diced Peaches
- Potato Wedges
- Banana Cake

No menu published

26 Pizza Ripper Variety

- LRG Uncrustable
- Doritos Chips
- Pears
- Baby Carrots

27 Corn Dog

- Chili
- Cinnamon Roll w/ Cream Cheese Frosting
- Crispy Chicken Sandwich
- Pizza Variety
- Goldfish Crackers
- Grapes
- Potato Wedges

28 Chicken Fried Steak

- Dinner Roll
- Mashed Potatoes w/ Country Gravy
- Chicken Caesar Salad
- Crispy Chicken Salad
- Ham Chef Salad
- Turkey Chef Salad
- Crispy Chicken Sandwich
- Nacho Bar
- Fresh Strawberries
- Cucumber Coins

29 Chicken & Waffles

- Pasta Bar
- Garlic Toast
- Crispy Chicken Sandwich
- Pizza Ripper Variety
- Diced Watermelon
- Tossed Green Salad

30 Sriracha Chicken Wrap

- Taco Bar
- Cheesy Refried Beans
- Crispy Chicken Sandwich
- Nacho Bar
- Holiday Cookie
- Fresh Apple
- Potato Wedges

Served every day

Hamburger · Spicy Chicken Sandwich · Chocolate Milk · White Milk