



BREAKFAST

OCTOBER 2026

West Jr. High

Boise School District

Monday

Tuesday

Wednesday

Thursday

Friday

1

No menu published

2

No menu published

5

HOMEMADE BANANA BREAD 182 cal
 Honey Cheerios 110 cal
 Blueberry Lemon Breakfast Bar 150 cal
 Multi Grain Cheerios 110 cal

6

No menu published

7

HONEY CHEERIOS 110 cal
 Blueberry Lemon Breakfast Bar 150 cal
 Reduced Sugar Trix Cereal 110 cal

8

BREAKFAST BURRITO - VEGETARIAN 311 cal
 Honey Cheerios 110 cal
 Blueberry Lemon Breakfast Bar 150 cal
 Salsa 10 cal

9

No menu published

12

HOMEMADE BANANA BREAD 182 cal
 Honey Cheerios 110 cal
 Strawberry Breakfast Bar 150 cal
 Whole Pear 100 cal

13

No menu published

14

HOMEMADE CINNAMON ROLL 210 cal
 Honey Cheerios 110 cal
 Strawberry Breakfast Bar 150 cal

15

BREAKFAST BURRITO - VEGETARIAN 311 cal
 Honey Cheerios 110 cal
 Strawberry Breakfast Bar 150 cal
 Salsa 10 cal

16

No menu published

19

HOMEMADE BANANA BREAD 182 cal
 Honey Cheerios 110 cal
 Strawberry Breakfast Bar 150 cal
 Whole Pear 100 cal

20

No menu published

21

HOMEMADE CINNAMON ROLL 210 cal
 Honey Cheerios 110 cal
 Strawberry Breakfast Bar 150 cal

22

BREAKFAST BURRITO - VEGETARIAN 311 cal
 Reduced Sugar Trix Cereal 110 cal
 Strawberry Breakfast Bar 150 cal
 Cantaloupe 27 cal
 Salsa 10 cal

23

MAPLE BROWN SUGAR SCONE 191 cal
 Reduced Sugar Trix Cereal 110 cal
 Strawberry Breakfast Bar 150 cal

26

HOMEMADE BANANA BREAD 182 cal
 Reduced Sugar Trix Cereal 110 cal
 Strawberry Breakfast Bar 150 cal
 Whole Pear 100 cal

27

No menu published

28

HOMEMADE CINNAMON ROLL 210 cal
 Reduced Sugar Trix Cereal 110 cal
 Strawberry Breakfast Bar 150 cal

29

BREAKFAST BURRITO - VEGETARIAN 311 cal
 Reduced Sugar Trix Cereal 110 cal
 Strawberry Breakfast Bar 150 cal
 Fresh Mixed Fruit 2 cal
 Salsa 10 cal

30

MAPLE BROWN SUGAR SCONE 191 cal
 Reduced Sugar Trix Cereal 110 cal
 Strawberry Breakfast Bar 150 cal

Served every day:

Hard Boiled Egg · Blueberry Yogurt · Peanut Butter Cup · String Cheese · Raisins · Apple Blueberry Crunchables · Apple · Banana

Menu data from Boise School District, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Boise School District publishes them.

MealViewer