



LUNCH

OCTOBER 2026

Washington Elementary

Boise School District

Monday

Tuesday

Wednesday

Thursday

Friday

1

No menu published

2

No menu published

5

	CHEESE PIZZA	389 cal
	Teriyaki Chicken	257 cal
	& Rice	157 cal
	Banana	86 cal
	Buttered Broccoli	25 cal
	Baby Carrots	23 cal

6

	CHICKEN QUESADILLA	315 cal
	Cheesy Baked Taquitos	331 cal
	Fresh Pineapple	42 cal
	Vegetarian Chili Beans	110 cal
	Garden Salad w/ Parmesan Vinaigrette	28 cal
	Salsa	10 cal

7

	SPAGHETTI W/ MEAT SAUCE	221 cal
	w/ Cheesy Scrambled Eggs	92 cal
	Homemade Harvest Bread	193 cal
	Red Grapes	55 cal
	Buttered Green Beans	20 cal
	Garden Salad w/ Ranch	28 cal

8

	CHICKEN BITES	245 cal
	Spicy Chicken Bites	200 cal
	& Garlic Breadstick	100 cal
	Apple Slices	38 cal
	Buttered Peas & Carrots	38 cal
	Garden Salad w/ Parmesan Vinaigrette	28 cal
	BBQ Sauce	31 cal

9

No menu published

12

	CHEESE PIZZA	389 cal
	Chicken Drumstick	150 cal
	& Homemade Seasoned Rice	160 cal
	Watermelon	23 cal
	Buttered Green Beans	20 cal
	Baby Carrots	23 cal
	BBQ Sauce	31 cal

13

	BEEF BITES	287 cal
	& Garlic Breadstick	100 cal
	Toasted Cheese Sandwich	416 cal
	Apple Slices	38 cal
	Buttered Peas & Carrots	38 cal
	Garden Salad w/ Ranch	28 cal
	BBQ Sauce	31 cal

14

	MACARONI	142 cal
	& Cheddar Cheese Sauce	177 cal
	Blueberry Yogurt	90 cal
	Peanut Butter Cup	180 cal
	Whole Wheat Crackers	180 cal
	Red Grapes	55 cal
	Buttered Broccoli	25 cal
	Garden Salad w/ Parmesan Vinaigrette	28 cal

15

No menu published

16

No menu published

19

	CHEESE PIZZA	389 cal
	Teriyaki Chicken	257 cal
	& Rice	157 cal
	Fresh Pineapple	42 cal
	Buttered Broccoli	25 cal
	Baby Carrots	23 cal

20

	CHICKEN QUESADILLA	315 cal
	Cheesy Baked Taquitos	331 cal
	Apple Slices	38 cal
	Vegetarian Chili Beans	110 cal
	Garden Salad w/ Parmesan Vinaigrette	28 cal
	Salsa	10 cal

21

	SPAGHETTI W/ MEAT SAUCE	213 cal
	Homemade Harvest Bread	193 cal
	w/ Cheesy Scrambled Eggs	92 cal
	Cantaloupe	27 cal
	Buttered Green Beans	20 cal
	Garden Salad w/ Ranch	28 cal

22

	CHICKEN BITES	245 cal
	Spicy Chicken Bites	200 cal
	& Garlic Breadstick	100 cal
	Red Grapes	55 cal
	Buttered Peas & Carrots	38 cal
	Garden Salad w/ Parmesan Vinaigrette	28 cal
	BBQ Sauce	31 cal

23

	CHEESE PIZZA	389 cal
	Hot Dog	300 cal
	Pears	60 cal
	Fries	111 cal
	Cucumber Slices	8 cal
	BBQ Sauce	31 cal

26

	CHEESE PIZZA	389 cal
	Chicken Drumstick	150 cal
	& Homemade Seasoned Rice	160 cal
	Fresh Pineapple	42 cal
	Buttered Green Beans	20 cal
	Baby Carrots	23 cal
	BBQ Sauce	31 cal

27

	BEEF BITES	287 cal
	& Garlic Breadstick	100 cal
	Toasted Cheese Sandwich	416 cal
	Apple Slices	38 cal
	Buttered Peas & Carrots	38 cal
	Garden Salad w/ Ranch	28 cal
	BBQ Sauce	31 cal

28

	MACARONI	142 cal
	& Cheddar Cheese Sauce	177 cal
	Blueberry Yogurt	90 cal
	Peanut Butter Cup	180 cal
	Whole Wheat Crackers	180 cal
	Red Grapes	55 cal
	Buttered Broccoli	25 cal
	Garden Salad w/ Parmesan Vinaigrette	28 cal

29

	CRISPY CHICKEN SANDWICH	394 cal
	Bean & Cheese Burrito	413 cal
	Honeydew	31 cal
	Buttered Corn	87 cal
	Garden Salad w/ Ranch	28 cal
	BBQ Sauce	31 cal
	Salsa	10 cal
	Romaine Lettuce	1 cal
	Slice of Tomato	3 cal

30

	NACHO TOPPINGS	163 cal
	with Chips	228 cal
	Hamburger	241 cal
	Applesauce	56 cal
	Vegetarian Baked Beans	130 cal
	Cucumber Slices	8 cal
	BBQ Sauce	31 cal
	Romaine Lettuce	1 cal
	Slice of Tomato	3 cal

Served every day:

String Cheese · Skim Chocolate Milk · 1% Unflavored Milk · Whole Unflavored Milk

Menu data from Boise School District, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Boise School District publishes them.

MenuViewr