



Boise School District

Valley View Elementary

Breakfast · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

5

- Cinnamon Toast 116 cal
- Blueberry Yogurt 90 cal
- Watermelon Craisins 110 cal

6

- w/ Scrambled Eggs 72 cal
- Homemade Banana Bread 182 cal
- Watermelon Craisins 110 cal

7

- Homemade Pancakes 182 cal
- Blueberry Yogurt 90 cal
- Watermelon Craisins 110 cal

8

- Buttered Toast 113 cal
- Blueberry Yogurt 90 cal
- Red Grapes 55 cal

9

No menu published

12

- Cinnamon Toast 116 cal
- Blueberry Yogurt 90 cal

13

- Homemade Banana Bread 182 cal
- w/ Scrambled Eggs 72 cal

14

- Homemade Pancakes 182 cal
- Blueberry Yogurt 90 cal

15

No menu published

16

No menu published

19

- Cinnamon Toast 116 cal
- Blueberry Yogurt 90 cal

20

- Homemade Banana Bread 182 cal
- w/ Scrambled Eggs 72 cal

21

- Homemade Pancakes 182 cal
- Blueberry Yogurt 90 cal

22

- Buttered Toast 113 cal
- w/ Scrambled Eggs 72 cal

23

- Homemade Lemon Bread 221 cal
- Blueberry Yogurt 90 cal

26

- Cinnamon Toast 116 cal
- Blueberry Yogurt 90 cal

27

- Homemade Banana Bread 182 cal
- w/ Scrambled Eggs 72 cal

28

- Homemade Pancakes 182 cal
- Blueberry Yogurt 90 cal

29

- Buttered Toast 113 cal
- w/ Scrambled Eggs 72 cal

30

- Homemade Lemon Bread 221 cal
- Blueberry Yogurt 90 cal

Served every day

Cheerios · Homemade Oatmeal · both w/ Peanut Butter · Apple Slices · 1% Unflavored Milk · Whole Unflavored Milk · Banana

Menu data from Boise School District, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Boise School District publishes them.

MealViewer