



BREAKFAST

OCTOBER 2026

Trail Wind Elementary

Boise School District

Monday

Tuesday

Wednesday

Thursday

Friday

1

No menu published

2

No menu published

5

CINNAMON TOAST 116 cal
 Blueberry Yogurt 90 cal
 Watermelon Craisins 110 cal

6

W/ SCRAMBLED EGGS 72 cal
 Homemade Banana Bread 182 cal
 Watermelon Craisins 110 cal

7

HOMEMADE PANCAKES 182 cal
 Blueberry Yogurt 90 cal
 Watermelon Craisins 110 cal

8

BUTTERED TOAST 113 cal
 Blueberry Yogurt 90 cal
 Red Grapes 55 cal

9

No menu published

12

CINNAMON TOAST 116 cal
 Blueberry Yogurt 90 cal

13

HOMEMADE BANANA BREAD 182 cal
 w/ Scrambled Eggs 72 cal

14

HOMEMADE PANCAKES 182 cal
 Blueberry Yogurt 90 cal

15

No menu published

16

No menu published

19

CINNAMON TOAST 116 cal
 Blueberry Yogurt 90 cal

20

HOMEMADE BANANA BREAD 182 cal
 w/ Scrambled Eggs 72 cal

21

HOMEMADE PANCAKES 182 cal
 Blueberry Yogurt 90 cal

22

BUTTERED TOAST 113 cal
 w/ Scrambled Eggs 72 cal

23

HOMEMADE LEMON BREAD 221 cal
 Blueberry Yogurt 90 cal

26

CINNAMON TOAST 116 cal
 Blueberry Yogurt 90 cal

27

HOMEMADE BANANA BREAD 182 cal
 w/ Scrambled Eggs 72 cal

28

HOMEMADE PANCAKES 182 cal
 Blueberry Yogurt 90 cal

29

BUTTERED TOAST 113 cal
 w/ Scrambled Eggs 72 cal

30

HOMEMADE LEMON BREAD 221 cal
 Blueberry Yogurt 90 cal

Served every day:

Cheerios · Homemade Oatmeal · both w/ Peanut Butter · Apple Slices · 1% Unflavored Milk · Whole Unflavored Milk · Banana

Menu data from Boise School District, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Boise School District publishes them.

MealViewer