



BREAKFAST OCTOBER 2026

Shadow Hills Elementary

Boise School District

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			1 No menu published	2 No menu published
5 Cinnamon Toast 116 cal Blueberry Yogurt 90 cal Watermelon Craisins 110 cal	6 w/ Scrambled Eggs 72 cal Homemade Banana Bread 182 cal Watermelon Craisins 110 cal	7 Homemade Pancakes 182 cal Blueberry Yogurt 90 cal Watermelon Craisins 110 cal	8 Buttered Toast 113 cal Blueberry Yogurt 90 cal Red Grapes 55 cal	9 No menu published
12 Cinnamon Toast 116 cal Blueberry Yogurt 90 cal	13 Homemade Banana Bread 182 cal w/ Scrambled Eggs 72 cal	14 Homemade Pancakes 182 cal Blueberry Yogurt 90 cal	15 No menu published	16 No menu published
19 Cinnamon Toast 116 cal Blueberry Yogurt 90 cal	20 Homemade Banana Bread 182 cal w/ Scrambled Eggs 72 cal	21 Homemade Pancakes 182 cal Blueberry Yogurt 90 cal	22 Buttered Toast 113 cal w/ Scrambled Eggs 72 cal	23 Homemade Lemon Bread 221 cal Blueberry Yogurt 90 cal
26 Cinnamon Toast 116 cal Blueberry Yogurt 90 cal	27 Homemade Banana Bread 182 cal w/ Scrambled Eggs 72 cal	28 Homemade Pancakes 182 cal Blueberry Yogurt 90 cal	29 Buttered Toast 113 cal w/ Scrambled Eggs 72 cal	30 Homemade Lemon Bread 221 cal Blueberry Yogurt 90 cal

EVERY DAY

- Cheerios
- Homemade Oatmeal
- both w/ Peanut Butter
- Apple Slices
- 1% Unflavored Milk
- Whole Unflavored Milk
- Banana

Menu subject to change.

Menu data from Boise School District, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Boise School District publishes them.

MealViewer