



LUNCH OCTOBER 2026

Riverside Elementary

Boise School District

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			No menu published	No menu published
5	6	7	8	9
CHEESE PIZZA 389 cal Teriyaki Chicken 257 cal & Rice 157 cal Banana 86 cal Buttered Broccoli 25 cal Baby Carrots 23 cal	CHICKEN QUESADILLA 315 cal Cheesy Baked Taquitos 331 cal Fresh Pineapple 42 cal Vegetarian Chili Beans 110 cal Garden Salad w/ Parmesan Vinaigrette 28 cal Salsa 10 cal	SPAGHETTI W/ MEAT SAUCE 221 cal w/ Cheesy Scrambled Eggs 92 cal Homemade Harvest Bread 193 cal Red Grapes 55 cal Buttered Green Beans 20 cal Garden Salad w/ Ranch 28 cal	CHICKEN BITES 245 cal Spicy Chicken Bites 200 cal & Garlic Breadstick 100 cal Apple Slices 38 cal Buttered Peas & Carrots 38 cal Garden Salad w/ Parmesan Vinaigrette 28 cal BBQ Sauce 31 cal	No menu published
12	13	14	15	16
CHEESE PIZZA 389 cal Chicken Drumstick & Homemade Seasoned Rice 150 cal Watermelon 160 cal 23 cal Buttered Green Beans 20 cal Baby Carrots 23 cal BBQ Sauce 31 cal	BEEF BITES 287 cal & Garlic Breadstick 100 cal Toasted Cheese Sandwich 416 cal Apple Slices 38 cal Buttered Peas & Carrots 38 cal Garden Salad w/ Ranch 28 cal BBQ Sauce 31 cal	MACARONI 142 cal & Cheddar Cheese Sauce 177 cal Blueberry Yogurt 90 cal Peanut Butter Cup 180 cal Whole Wheat Crackers 180 cal Red Grapes 55 cal Buttered Broccoli 25 cal Garden Salad w/ Parmesan Vinaigrette 28 cal	No menu published	No menu published
19	20	21	22	23
CHEESE PIZZA 389 cal Teriyaki Chicken 257 cal & Rice 157 cal Fresh Pineapple 42 cal Buttered Broccoli 25 cal Baby Carrots 23 cal	CHICKEN QUESADILLA 315 cal Cheesy Baked Taquitos 331 cal Apple Slices 38 cal Vegetarian Chili Beans 110 cal Garden Salad w/ Parmesan Vinaigrette 28 cal Salsa 10 cal	SPAGHETTI W/ MEAT SAUCE 213 cal Homemade Harvest Bread 193 cal w/ Cheesy Scrambled Eggs 92 cal Cantaloupe 27 cal Buttered Green Beans 20 cal Garden Salad w/ Ranch 28 cal	CHICKEN BITES 245 cal Spicy Chicken Bites 200 cal & Garlic Breadstick 100 cal Red Grapes 55 cal Buttered Peas & Carrots 38 cal Garden Salad w/ Parmesan Vinaigrette 28 cal BBQ Sauce 31 cal	CHEESE PIZZA 389 cal Hot Dog 300 cal Pears 60 cal Fries 111 cal Cucumber Slices 8 cal BBQ Sauce 31 cal
26	27	28	29	30
CHEESE PIZZA 389 cal Chicken Drumstick & Homemade Seasoned Rice 150 cal Fresh Pineapple 42 cal Buttered Green Beans 20 cal Baby Carrots 23 cal BBQ Sauce 31 cal	BEEF BITES 287 cal & Garlic Breadstick 100 cal Toasted Cheese Sandwich 416 cal Apple Slices 38 cal Buttered Peas & Carrots 38 cal Garden Salad w/ Ranch 28 cal BBQ Sauce 31 cal	MACARONI 142 cal & Cheddar Cheese Sauce 177 cal Blueberry Yogurt 90 cal Peanut Butter Cup 180 cal Whole Wheat Crackers 180 cal Red Grapes 55 cal Buttered Broccoli 25 cal Garden Salad w/ Parmesan Vinaigrette 28 cal	CRISPY CHICKEN SANDWICH 394 cal Bean & Cheese Burrito 413 cal Honeydew 31 cal Buttered Corn 87 cal Garden Salad w/ Ranch 28 cal BBQ Sauce 31 cal Salsa 10 cal Romaine Lettuce 1 cal Slice of Tomato 3 cal	NACHO TOPPINGS 163 cal with Chips 228 cal Hamburger 241 cal Applesauce 56 cal Vegetarian Baked Beans 130 cal Cucumber Slices 8 cal BBQ Sauce 31 cal Romaine Lettuce 1 cal Slice of Tomato 3 cal

Served every day:

String Cheese · Skim Chocolate Milk · 1% Unflavored Milk · Whole Unflavored Milk

Menu data from Boise School District, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Boise School District publishes them.

MealViewer