



LUNCH OCTOBER 2026

Owyhee ELC
Boise School District

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

Whole Wheat Crackers 45 cal
 Mango Fruit Bowl 70 cal
 Baby Carrots 12 cal

6

Peanut Butter Cup 180 cal
 Blueberry Yogurt 90 cal
 Multi Grain Cheerios 55 cal
 Raisins 120 cal
 Celery Sticks 5 cal

7

Turkey 74 cal
 Cheddar Crackers 60 cal
 Watermelon 12 cal
 Fresh Broccoli Florets 6 cal

1

No menu published

2

No menu published

12

String Cheese 120 cal
 Whole Wheat Crackers 45 cal
 Mango Fruit Bowl 70 cal
 Baby Carrots 12 cal

13

Peanut Butter Cup 180 cal
 Blueberry Yogurt 90 cal
 Multi Grain Cheerios 55 cal
 Apple Blueberry Crunchables 40 cal
 Celery Sticks 5 cal

14

No menu published

15

No menu published

16

No menu published

19

String Cheese 120 cal
 Whole Wheat Crackers 45 cal
 Mango Fruit Bowl 70 cal
 Baby Carrots 12 cal

20

Peanut Butter Cup 180 cal
 Blueberry Yogurt 90 cal
 Cheerios 64 cal
 Apple Blueberry Crunchables 40 cal
 Celery Sticks 5 cal

21

Turkey 74 cal
 Cheddar Crackers 60 cal
 Cantaloupe 13 cal
 Fresh Broccoli Florets 6 cal

22

Hard Boiled Egg 70 cal
 Homemade Harvest Bread 97 cal
 Applesauce 50 cal
 Cucumber Slices 4 cal

23

String Cheese 80 cal
 Raisins 120 cal
 Baby Carrots 12 cal

26

String Cheese 120 cal
 Whole Wheat Crackers 45 cal
 Mango Fruit Bowl 70 cal
 Baby Carrots 12 cal

27

Peanut Butter Cup 180 cal
 Blueberry Yogurt 90 cal
 Cheerios 64 cal
 Raisins 120 cal
 Celery Sticks 5 cal

28

String Cheese 120 cal
 Cheddar Crackers 60 cal
 Honeydew 15 cal
 Fresh Broccoli Florets 6 cal

29

Hard Boiled Egg 70 cal
 Homemade Lemon Bread 110 cal
 Applesauce 50 cal
 Cucumber Slices 4 cal

30

String Cheese 80 cal
 Apple Blueberry Crunchables 40 cal
 Baby Carrots 12 cal

EVERY DAY

Whole Unflavored Milk

Menu subject to change.