



# BREAKFAST

## OCTOBER 2026

# North Jr. High

Boise School District

Monday

Tuesday

Wednesday

Thursday

Friday

1

No menu published

2

No menu published

5

**HOMEMADE BANANA BREAD** 182 cal  
 Honey Cheerios 110 cal  
 Blueberry Lemon Breakfast Bar 150 cal  
 Whole Pear 100 cal

6

No menu published

7

**HOMEMADE CINNAMON ROLL** 210 cal  
 Honey Cheerios 110 cal  
 Blueberry Lemon Breakfast Bar 150 cal  
 Reduced Sugar Trix Cereal 110 cal

8

**HONEY CHEERIOS** 110 cal  
 Blueberry Lemon Breakfast Bar 150 cal  
 Breakfast Burrito 333 cal  
 Reduced Sugar Trix Cereal 110 cal  
 Salsa 10 cal

9

No menu published

12

**HOMEMADE BANANA BREAD** 182 cal  
 Honey Cheerios 110 cal  
 Strawberry Breakfast Bar 150 cal  
 Whole Pear 100 cal

13

No menu published

14

**HOMEMADE CINNAMON ROLL** 210 cal  
 Honey Cheerios 110 cal  
 Strawberry Breakfast Bar 150 cal

15

**HONEY CHEERIOS** 110 cal  
 Strawberry Breakfast Bar 150 cal  
 Breakfast Burrito 333 cal  
 Watermelon 23 cal  
 Salsa 10 cal

16

No menu published

19

**HOMEMADE BANANA BREAD** 182 cal  
 Honey Cheerios 110 cal  
 Strawberry Breakfast Bar 150 cal  
 Whole Pear 100 cal

20

No menu published

21

**HOMEMADE CINNAMON ROLL** 210 cal  
 Honey Cheerios 110 cal  
 Strawberry Breakfast Bar 150 cal

22

**BREAKFAST BURRITO - VEGETARIAN** 311 cal  
 Reduced Sugar Trix Cereal 110 cal  
 Strawberry Breakfast Bar 150 cal  
 Cantaloupe 27 cal  
 Salsa 10 cal

23

**MAPLE BROWN SUGAR SCONE** 191 cal  
 Reduced Sugar Trix Cereal 110 cal  
 Strawberry Breakfast Bar 150 cal

26

**HOMEMADE BANANA BREAD** 182 cal  
 Reduced Sugar Trix Cereal 110 cal  
 Strawberry Breakfast Bar 150 cal  
 Whole Pear 100 cal

27

No menu published

28

**HOMEMADE CINNAMON ROLL** 210 cal  
 Reduced Sugar Trix Cereal 110 cal  
 Strawberry Breakfast Bar 150 cal

29

**BREAKFAST BURRITO - VEGETARIAN** 311 cal  
 Reduced Sugar Trix Cereal 110 cal  
 Strawberry Breakfast Bar 150 cal  
 Fresh Mixed Fruit 2 cal  
 Salsa 10 cal

30

**MAPLE BROWN SUGAR SCONE** 191 cal  
 Reduced Sugar Trix Cereal 110 cal  
 Strawberry Breakfast Bar 150 cal

Served every day:

Hard Boiled Egg · Blueberry Yogurt · Peanut Butter Cup · String Cheese · Raisins · Apple Blueberry Crunchables · Apple · Banana

Menu data from Boise School District, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Boise School District publishes them.

MealViewer