



LUNCH OCTOBER 2026

Monroe Elementary

Boise School District

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5	Cheese Pizza	389 cal
	& Rice	157 cal
	Orange Chicken	315 cal
	Fresh Pineapple	42 cal
	Watermelon Craisins	110 cal
	Buttered Broccoli	25 cal
	Baby Carrots	23 cal

6	Chicken Quesadilla	315 cal
	Cheesy Baked Taquitos	331 cal
	Apple Slices	38 cal
	Vegetarian Chili Beans	110 cal
	Garden Salad w/Parmesan Dressing	11 cal
	Salsa	17 cal
		10 cal

7	Spaghetti w/ Meat Sauce	221 cal
	w/ Cheesy Scrambled Eggs	92 cal
	Pancake Bites	250 cal
	Homemade Banana Bread	182 cal
	Red Grapes	55 cal
	Banana	86 cal
	Garden Salad w/ Ranch	28 cal
	Buttered Green Beans	20 cal
	Chocolate Chip Cookie	124 cal

8	Chicken Bites	245 cal
	Spicy Chicken Bites & Garlic Breadstick	200 cal
	Banana	86 cal
	Buttered Peas & Carrots	38 cal
	Garden Salad w/ Ranch	28 cal
	BBQ Sauce	31 cal

9	No menu published
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12	Cheese Pizza	389 cal
	Chicken Drumstick & Homemade Seasoned Rice	150 cal
	Fresh Pineapple	42 cal
	Buttered Green Beans	20 cal
	Baby Carrots	23 cal
	BBQ Sauce	31 cal

13	Beef Bites	287 cal
	& Garlic Breadstick	100 cal
	Toasted Cheese Sandwich	416 cal
	Apple Slices	38 cal
	Buttered Peas & Carrots	38 cal
	Garden Salad w/ Ranch	28 cal
	BBQ Sauce	31 cal

14	Macaroni	142 cal
	& Cheddar Cheese Sauce	177 cal
	Blueberry Yogurt	90 cal
	Peanut Butter Cup	180 cal
	Whole Wheat Crackers	180 cal
	Red Grapes	55 cal
	Buttered Broccoli	25 cal
	Garden Salad w/Parmesan Dressing	11 cal
	Snickerdoodle Cookie	17 cal
		111 cal

15	No menu published
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16	No menu published
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19	Cheese Pizza	389 cal
	Teriyaki Chicken & Rice	257 cal
	Fresh Pineapple	42 cal
	Buttered Broccoli	25 cal
	Baby Carrots	23 cal

20	Chicken Quesadilla	315 cal
	Cheesy Baked Taquitos	331 cal
	Apple Slices	38 cal
	Vegetarian Chili Beans	110 cal
	Garden Salad w/Parmesan Dressing	11 cal
	Salsa	17 cal
		10 cal

21	Spaghetti w/ Meat Sauce	213 cal
	Homemade Harvest Bread w/ Cheesy Scrambled Eggs	193 cal
	Cantaloupe	92 cal
	Buttered Green Beans	27 cal
	Buttered Green Beans	20 cal
	Garden Salad w/ Ranch	28 cal
	Snickerdoodle Cookie	111 cal

22	Chicken Bites	245 cal
	Spicy Chicken Bites & Garlic Breadstick	200 cal
	Red Grapes	100 cal
	Buttered Peas & Carrots	55 cal
	Garden Salad w/Parmesan Dressing	38 cal
	BBQ Sauce	11 cal
		17 cal
		31 cal

23	Cheese Pizza	389 cal
	Hot Dog	300 cal
	Pears	60 cal
	Fries	111 cal
	Cucumber Slices	8 cal
	BBQ Sauce	31 cal

26	Cheese Pizza	389 cal
	Chicken Drumstick & Homemade Seasoned Rice	150 cal
	Fresh Pineapple	42 cal
	Buttered Green Beans	20 cal
	Baby Carrots	23 cal
	BBQ Sauce	31 cal

27	Beef Bites	287 cal
	& Garlic Breadstick	100 cal
	Toasted Cheese Sandwich	416 cal
	Apple Slices	38 cal
	Buttered Peas & Carrots	38 cal
	Garden Salad w/ Ranch	28 cal
	BBQ Sauce	31 cal

28	Macaroni	142 cal
	& Cheddar Cheese Sauce	177 cal
	Blueberry Yogurt	90 cal
	Peanut Butter Cup	180 cal
	Whole Wheat Crackers	180 cal
	Red Grapes	55 cal
	Buttered Broccoli	25 cal
	Garden Salad w/Parmesan Dressing	11 cal
		17 cal

29	Crispy Chicken Sandwich	394 cal
	Bean & Cheese Burrito	413 cal
	Honeydew	31 cal
	Buttered Corn	87 cal
	Garden Salad w/ Ranch	28 cal
	BBQ Sauce	31 cal
	Salsa	10 cal

30	Nacho Toppings	163 cal
	with Chips	228 cal
	Hamburger	241 cal
	Applesauce	56 cal
	Vegetarian Baked Beans	130 cal
	Cucumber Slices	8 cal
	BBQ Sauce	31 cal

EVERY DAY

- String Cheese
- Skim Chocolate Milk
- 1% Unflavored Milk
- Whole Unflavored Milk

Menu subject to change.