



BREAKFAST OCTOBER 2026

Monroe Elementary

Boise School District

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

	Blueberry Lemon Breakfast Bar	150 cal
	Peanut Butter Cup	180 cal
	Berry Apple Breakfast Bar	150 cal
	Honey Cheerios	110 cal
	Blueberry Yogurt	90 cal
	Apple	75 cal
	Raisins	120 cal
	Banana	86 cal

6

	Blueberry Muffin	116 cal
	Hard Boiled Egg	70 cal
	Honey Cheerios	110 cal
	Blueberry Yogurt	90 cal
	Banana	86 cal
	Applesauce	50 cal

7

	Banana Bread	141 cal
	Peanut Butter Cup	180 cal
	Honey Cheerios	110 cal
	Blueberry Yogurt	90 cal
	Apple	75 cal
	Mango Fruit Bowl	70 cal

1
No menu published

2
No menu published

8

	Apple Cinnamon Muffin	117 cal
	Blueberry Muffin	116 cal
	Orange Muffin	118 cal
	Peanut Butter Cup	180 cal
	Honey Cheerios	110 cal
	Blueberry Yogurt	90 cal
	Banana	86 cal
	Applesauce	50 cal

9
No menu published

12

	Blueberry Lemon Breakfast Bar	150 cal
	Peanut Butter Cup	180 cal
	Apple	75 cal
	Raisins	120 cal

13

	Blueberry Muffin	116 cal
	Hard Boiled Egg	70 cal
	Banana	86 cal
	Applesauce	50 cal

14

	Banana Bread	141 cal
	Peanut Butter Cup	180 cal
	Apple	75 cal
	Mango Fruit Bowl	70 cal

15
No menu published

16
No menu published

19

	Strawberry Breakfast Bar	150 cal
	Peanut Butter Cup	180 cal
	Apple	75 cal
	Raisins	120 cal

20

	Blueberry Muffin	116 cal
	Hard Boiled Egg	70 cal
	Banana	86 cal
	Applesauce	50 cal

21

	Banana Bread	141 cal
	Peanut Butter Cup	180 cal
	Apple	75 cal
	Mango Fruit Bowl	70 cal

22

	Apple Cinnamon Muffin	117 cal
	Hard Boiled Egg	70 cal
	Banana	86 cal
	Applesauce	50 cal

23

	Reduced Sugar Trix Cereal	110 cal
	Blueberry Yogurt	90 cal
	Mango Fruit Bowl	70 cal
	Apple Blueberry Crunchables	40 cal

26

	Strawberry Breakfast Bar	150 cal
	Peanut Butter Cup	180 cal
	Apple	75 cal
	Raisins	120 cal

27

	Blueberry Muffin	116 cal
	Hard Boiled Egg	70 cal
	Banana	86 cal
	Applesauce	50 cal

28

	Banana Bread	141 cal
	Peanut Butter Cup	180 cal
	Apple	75 cal
	Mango Fruit Bowl	70 cal

29

	Apple Cinnamon Muffin	117 cal
	Hard Boiled Egg	70 cal
	Banana	86 cal
	Applesauce	50 cal

30

	Reduced Sugar Trix Cereal	110 cal
	Blueberry Yogurt	90 cal
	Mango Fruit Bowl	70 cal
	Apple Blueberry Crunchables	40 cal

EVERY DAY

- 1% Unflavored Milk
- Whole Unflavored Milk

Menu subject to change.