



BREAKFAST OCTOBER 2026

Lowell Elementary

Boise School District

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

★
Cinnamon Toast 116 cal
Blueberry Yogurt 90 cal
Watermelon Craisins 110 cal

★
w/ Scrambled Eggs 72 cal
Homemade Banana Bread 182 cal
Watermelon Craisins 110 cal

★
Homemade Pancakes 182 cal
Blueberry Yogurt 90 cal
Watermelon Craisins 110 cal

★
No menu published

★
No menu published

★
Buttered Toast 113 cal
Blueberry Yogurt 90 cal
Red Grapes 55 cal

★
No menu published

★
Cinnamon Toast 116 cal
Blueberry Yogurt 90 cal

★
Homemade Banana Bread 182 cal
w/ Scrambled Eggs 72 cal

★
Homemade Pancakes 182 cal
Blueberry Yogurt 90 cal

★
No menu published

★
No menu published

★
Cinnamon Toast 116 cal
Blueberry Yogurt 90 cal

★
Homemade Banana Bread 182 cal
w/ Scrambled Eggs 72 cal

★
Homemade Pancakes 182 cal
Blueberry Yogurt 90 cal

★
Buttered Toast 113 cal
w/ Scrambled Eggs 72 cal

★
Homemade Lemon Bread 221 cal
Blueberry Yogurt 90 cal

★
Cinnamon Toast 116 cal
Blueberry Yogurt 90 cal

★
Homemade Banana Bread 182 cal
w/ Scrambled Eggs 72 cal

★
Homemade Pancakes 182 cal
Blueberry Yogurt 90 cal

★
Buttered Toast 113 cal
w/ Scrambled Eggs 72 cal

★
Homemade Lemon Bread 221 cal
Blueberry Yogurt 90 cal

EVERY DAY

- ✓ Cheerios
- Homemade Oatmeal
- both w/ Peanut Butter
- Apple Slices
- 1% Unflavored Milk
- Whole Unflavored Milk
- Banana

Menu subject to change.

Menu data from Boise School District, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Boise School District publishes them.

MealViewer