

Boise School District

Longfellow Elementary

Lunch · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

5

- Cheese Pizza** 389 cal
- Teriyaki Chicken 257 cal
- & Rice 157 cal
- Banana 86 cal
- Buttered Broccoli 25 cal
- Baby Carrots 23 cal

6

- Chicken Quesadilla** 315 cal
- Cheesy Baked Taquitos 331 cal
- Fresh Pineapple 42 cal
- Vegetarian Chili Beans 110 cal
- Garden Salad w/ Parmesan Vinaigrette 28 cal
- Salsa 10 cal

7

- Spaghetti w/ Meat Sauce** 221 cal
- w/ Cheesy Scrambled Eggs 92 cal
- Homemade Harvest Bread 193 cal
- Red Grapes 55 cal
- Buttered Green Beans 20 cal
- Garden Salad w/ Ranch 28 cal

8

- Chicken Bites** 245 cal
- Spicy Chicken Bites 200 cal
- & Garlic Breadstick 100 cal
- Apple Slices 38 cal
- Buttered Peas & Carrots 38 cal
- Garden Salad w/ Parmesan Vinaigrette 28 cal
- BBQ Sauce 31 cal

9

No menu published

12

- Cheese Pizza** 389 cal
- Chicken Drumstick 150 cal
- & Homemade Seasoned Rice 160 cal
- Watermelon 23 cal
- Buttered Green Beans 20 cal
- Baby Carrots 23 cal
- BBQ Sauce 31 cal

13

- Beef Bites** 287 cal
- & Garlic Breadstick 100 cal
- Toasted Cheese Sandwich 416 cal
- Apple Slices 38 cal
- Buttered Peas & Carrots 38 cal
- Garden Salad w/ Ranch 28 cal
- BBQ Sauce 31 cal

14

- Macaroni** 142 cal
- & Cheddar Cheese Sauce 177 cal
- Blueberry Yogurt 90 cal
- Peanut Butter Cup 180 cal
- Whole Wheat Crackers 180 cal
- Red Grapes 55 cal
- Buttered Broccoli 25 cal
- Garden Salad w/ Parmesan Vinaigrette 28 cal

15

No menu published

16

No menu published

19

- Cheese Pizza** 389 cal
- Teriyaki Chicken 257 cal
- & Rice 157 cal
- Fresh Pineapple 42 cal
- Buttered Broccoli 25 cal
- Baby Carrots 23 cal

20

- Chicken Quesadilla** 315 cal
- Cheesy Baked Taquitos 331 cal
- Apple Slices 38 cal
- Vegetarian Chili Beans 110 cal
- Garden Salad w/ Parmesan Vinaigrette 28 cal
- Salsa 10 cal

21

- Spaghetti w/ Meat Sauce** 213 cal
- Homemade Harvest Bread 193 cal
- w/ Cheesy Scrambled Eggs 92 cal
- Cantaloupe 27 cal
- Buttered Green Beans 20 cal
- Garden Salad w/ Ranch 28 cal

22

- Chicken Bites** 245 cal
- Spicy Chicken Bites 200 cal
- & Garlic Breadstick 100 cal
- Red Grapes 55 cal
- Buttered Peas & Carrots 38 cal
- Garden Salad w/ Parmesan Vinaigrette 28 cal
- BBQ Sauce 31 cal

23

- Cheese Pizza** 389 cal
- Hot Dog 300 cal
- Pears 60 cal
- Fries 111 cal
- Cucumber Slices 8 cal
- BBQ Sauce 31 cal

26

- Cheese Pizza** 389 cal
- Chicken Drumstick 150 cal
- & Homemade Seasoned Rice 160 cal
- Fresh Pineapple 42 cal
- Buttered Green Beans 20 cal
- Baby Carrots 23 cal
- BBQ Sauce 31 cal

27

- Beef Bites** 287 cal
- & Garlic Breadstick 100 cal
- Toasted Cheese Sandwich 416 cal
- Apple Slices 38 cal
- Buttered Peas & Carrots 38 cal
- Garden Salad w/ Ranch 28 cal
- BBQ Sauce 31 cal

28

- Macaroni** 142 cal
- & Cheddar Cheese Sauce 177 cal
- Blueberry Yogurt 90 cal
- Peanut Butter Cup 180 cal
- Whole Wheat Crackers 180 cal
- Red Grapes 55 cal
- Buttered Broccoli 25 cal
- Garden Salad w/ Parmesan Vinaigrette 28 cal

29

- Crispy Chicken Sandwich** 394 cal
- Bean & Cheese Burrito 413 cal
- Honeydew 31 cal
- Buttered Corn 87 cal
- Garden Salad w/ Ranch 28 cal
- BBQ Sauce 31 cal
- Salsa 10 cal
- Romaine Lettuce 1 cal
- Slice of Tomato 3 cal

30

- Nacho Toppings** 163 cal
- with Chips 228 cal
- Hamburger 241 cal
- Applesauce 56 cal
- Vegetarian Baked Beans 130 cal
- Cucumber Slices 8 cal
- BBQ Sauce 31 cal
- Romaine Lettuce 1 cal
- Slice of Tomato 3 cal

Served every day

String Cheese · Skim Chocolate Milk · 1% Unflavored Milk · Whole Unflavored Milk