



LUNCH OCTOBER 2026

Les Bois Jr. High

Boise School District

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

Crispy Chicken Sandwich	394 cal
Spicy Chicken Sandwich	377 cal
Beef Bites	287 cal
& Garlic Breadstick	100 cal
Fresh Pineapple	42 cal
Vegetarian Baked Beans	130 cal
Celery Sticks	10 cal
BBQ Sauce	31 cal
Romaine Lettuce	1 cal
Slice of Tomato	3 cal

6

Barbacoa Tacos	312 cal
Cheese Pizza	389 cal
Cantaloupe	27 cal
Whole Pear	100 cal
Baby Carrots	23 cal
Garden Salad w/ Ranch	28 cal
Salsa	10 cal

7

Spaghetti w/ Marinara & Mozzarella	247 cal
Spaghetti w/ Meat Sauce	221 cal
& Cheesy Breadstick	150 cal
Barbacoa Baja Bowl	459 cal
Red Grapes	55 cal
Orange	42 cal
Buttered Broccoli	25 cal
Garden Salad w/ Parmesan Vinaigrette	28 cal

8

Korean BBQ Chicken Drumstick	185 cal
& Homemade Seasoned Rice	214 cal
Cheese Pizza	389 cal
Watermelon	23 cal
Baby Carrots	23 cal
Garden Salad w/ Ranch	28 cal

9
No menu published

12

Chicken Bites	245 cal
Spicy Chicken Bites	200 cal
& Garlic Breadstick	100 cal
Barbacoa with Bun	138 cal
Banana	140 cal
Banana	86 cal
Fresh Pineapple	42 cal
Baby Carrots	23 cal
Celery Sticks	10 cal
BBQ Sauce	31 cal

13

Nacho Toppings	143 cal
with Chips	304 cal
Cheese Pizza	389 cal
Cheesy Baked Taquitos	342 cal
Banana	86 cal
Cantaloupe	27 cal
Vegetarian Chili Beans	110 cal
Garden Salad w/ Ranch	28 cal
Salsa	10 cal

14

Chicken Alfredo	271 cal
& Garlic Breadstick	100 cal
Toasted Cheese Sandwich	393 cal
Banana	86 cal
Red Grapes	55 cal
Buttered Broccoli	25 cal
Garden Salad w/ Parmesan Vinaigrette	28 cal

15

Crispy Chicken Salad	464 cal
Cheese Pizza	389 cal
Banana	86 cal
Baby Carrots	23 cal
Garden Salad w/ Ranch	28 cal

16
No menu published

19

Crispy Chicken Sandwich	394 cal
Spicy Chicken Sandwich	377 cal
Beef Bites	287 cal
& Garlic Breadstick	100 cal
Banana	86 cal
Fresh Pineapple	42 cal
Vegetarian Baked Beans	130 cal
Celery Sticks	10 cal
BBQ Sauce	31 cal
Romaine Lettuce	1 cal
Slice of Tomato	3 cal

20

Barbacoa Tacos	312 cal
Cheese Pizza	389 cal
Banana	86 cal
Honeydew	31 cal
Baby Carrots	23 cal
Garden Salad w/ Ranch	28 cal
Salsa	10 cal

21

Spaghetti w/ Mozzarella	239 cal
Spaghetti w/ Meat Sauce	213 cal
& Cheesy Breadstick	150 cal
Barbacoa Baja Bowl	459 cal
Banana	86 cal
Cantaloupe	27 cal
Buttered Broccoli	25 cal
Garden Salad w/ Parmesan Vinaigrette	28 cal
Salsa	10 cal

22

Korean BBQ Chicken Drumstick	185 cal
& Homemade Seasoned Rice	214 cal
Cheese Pizza	389 cal
Banana	86 cal
Red Grapes	55 cal
Baby Carrots	23 cal
Garden Salad w/ Ranch	28 cal

23

Stuffed Crust Pizza	310 cal
Hot Dog	300 cal
Fish Bites	231 cal
& Garlic Breadstick	100 cal
Banana	86 cal
Fresh Mixed Fruit	2 cal
Fries	111 cal
Garden Salad w/ Parmesan Vinaigrette	28 cal
Snickerdoodle Cookie	111 cal
BBQ Sauce	31 cal

26

Chicken Bites	245 cal
Spicy Chicken Bites	200 cal
& Garlic Breadstick	100 cal
Barbacoa with Bun	138 cal
Banana	140 cal
Banana	86 cal
Fresh Pineapple	42 cal
Baby Carrots	23 cal
Celery Sticks	10 cal
BBQ Sauce	31 cal

27

Nacho Toppings	143 cal
with Chips	304 cal
Cheese Pizza	389 cal
Cheesy Baked Taquitos	342 cal
Banana	86 cal
Cantaloupe	27 cal
Vegetarian Chili Beans	110 cal
Garden Salad w/ Ranch	28 cal
Salsa	10 cal

28

Chicken Alfredo	271 cal
& Garlic Breadstick	100 cal
Toasted Cheese Sandwich	393 cal
Banana	86 cal
Red Grapes	55 cal
Buttered Broccoli	25 cal
Garden Salad w/ Parmesan Vinaigrette	28 cal
Slice of Tomato	3 cal

29

Crispy Chicken Salad	464 cal
Cheese Pizza	389 cal
Banana	86 cal
Honeydew	31 cal
Baby Carrots	23 cal
Garden Salad w/ Ranch	28 cal

30

Nacho Toppings	143 cal
with Chips	304 cal
Cheese Tamale	346 cal
Teriyaki Chicken	257 cal
& Rice	209 cal
Banana	86 cal
Fresh Mixed Fruit	2 cal
Homemade Potato Wedges	140 cal
Garden Salad w/ Parmesan Vinaigrette	28 cal
Snickerdoodle Cookie	111 cal
BBQ Sauce	31 cal
Romaine Lettuce	1 cal
Slice of Tomato	3 cal
Slice of Onion	8 cal

EVERY DAY

- String Cheese
- Apple
- Skim Chocolate Milk
- 1% Unflavored Milk
- Whole Unflavored Milk

Menu subject to change.