



BREAKFAST OCTOBER 2026

Les Bois Jr. High

Boise School District

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 No menu published	2 No menu published
5 Homemade Banana Bread 182 cal Honey Cheerios 110 cal Blueberry Lemon Breakfast Bar 150 cal Orange 42 cal	6 No menu published	7 Homemade Cinnamon Roll 210 cal Honey Cheerios 110 cal Blueberry Lemon Breakfast Bar 150 cal Orange 42 cal	8 Breakfast Burrito - Vegetarian 311 cal Honey Cheerios 110 cal Blueberry Lemon Breakfast Bar 150 cal Orange 42 cal	9 No menu published
12 Homemade Banana Bread 182 cal Honey Cheerios 110 cal Blueberry Lemon Breakfast Bar 150 cal Banana 86 cal	13 No menu published	14 Homemade Cinnamon Roll 210 cal Honey Cheerios 110 cal Blueberry Lemon Breakfast Bar 150 cal Banana 86 cal	15 Breakfast Burrito - Vegetarian 311 cal Honey Cheerios 110 cal Blueberry Lemon Breakfast Bar 150 cal Banana 86 cal	16 No menu published
19 Homemade Banana Bread 182 cal Honey Cheerios 110 cal Strawberry Breakfast Bar 150 cal Banana 86 cal	20 No menu published	21 Homemade Cinnamon Roll 210 cal Honey Cheerios 110 cal Strawberry Breakfast Bar 150 cal Banana 86 cal	22 Breakfast Burrito - Vegetarian 311 cal Reduced Sugar Trix Cereal 110 cal Strawberry Breakfast Bar 150 cal Banana 86 cal	23 Maple Brown Sugar Scone 191 cal Reduced Sugar Trix Cereal 110 cal Strawberry Breakfast Bar 150 cal Banana 86 cal
26 Homemade Banana Bread 182 cal Reduced Sugar Trix Cereal 110 cal Strawberry Breakfast Bar 150 cal Banana 86 cal Whole Pear 100 cal	27 No menu published	28 Homemade Cinnamon Roll 210 cal Reduced Sugar Trix Cereal 110 cal Strawberry Breakfast Bar 150 cal Banana 86 cal	29 Breakfast Burrito - Vegetarian 311 cal Reduced Sugar Trix Cereal 110 cal Strawberry Breakfast Bar 150 cal Banana 86 cal Fresh Mixed Fruit 2 cal Salsa 10 cal	30 Maple Brown Sugar Scone 191 cal Reduced Sugar Trix Cereal 110 cal Strawberry Breakfast Bar 150 cal Banana 86 cal

EVERY DAY

- Hard Boiled Egg
- Blueberry Yogurt
- Peanut Butter Cup
- String Cheese
- Raisins
- Apple Blueberry Crunchables
- Apple
- 1% Unflavored Milk

Menu subject to change.