



Boise School District

Hidden Springs Elementary

Breakfast · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

1

No menu published

2

No menu published

5

Cinnamon Toast 116 cal
 Blueberry Yogurt 90 cal
 Orange 42 cal

6

Homemade Banana Bread 182 cal
 w/ Scrambled Eggs 72 cal
 Orange 42 cal

7

Homemade Pancakes 182 cal
 Blueberry Yogurt 90 cal
 Orange 42 cal
 Watermelon Craisins 110 cal

8

Buttered Toast 113 cal
 w/ Scrambled Eggs 72 cal
 Orange 42 cal
 Red Grapes 55 cal
 Watermelon Craisins 110 cal

9

No menu published

12

Cinnamon Toast 116 cal
 Blueberry Yogurt 90 cal
 Banana 86 cal

13

Homemade Banana Bread 182 cal
 w/ Scrambled Eggs 72 cal
 Banana 86 cal

14

Homemade Pancakes 182 cal
 Blueberry Yogurt 90 cal
 Banana 86 cal

15

No menu published

16

No menu published

19

Cinnamon Toast 116 cal
 Blueberry Yogurt 90 cal
 Banana 86 cal

20

Homemade Banana Bread 182 cal
 w/ Scrambled Eggs 72 cal
 Banana 86 cal

21

Homemade Pancakes 182 cal
 Blueberry Yogurt 90 cal
 Banana 86 cal

22

Buttered Toast 113 cal
 w/ Scrambled Eggs 72 cal
 Banana 86 cal

23

Homemade Lemon Bread 221 cal
 Blueberry Yogurt 90 cal
 Homemade Harvest Bread 193 cal
 Banana 86 cal

26

Cinnamon Toast 116 cal
 Blueberry Yogurt 90 cal
 Banana 86 cal

27

Homemade Banana Bread 182 cal
 w/ Scrambled Eggs 72 cal
 Banana 86 cal

28

Homemade Pancakes 182 cal
 Blueberry Yogurt 90 cal
 Banana 86 cal

29

Buttered Toast 113 cal
 w/ Scrambled Eggs 72 cal
 Banana 86 cal

30

Homemade Lemon Bread 221 cal
 Blueberry Yogurt 90 cal
 Banana 86 cal

Served every day

Cheerios · Homemade Oatmeal · both w/ Peanut Butter · Apple Slices · 1% Unflavored Milk · Whole Unflavored Milk

Menu data from Boise School District, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Boise School District publishes them.

MealViewer