



LUNCH

OCTOBER 2026

Borah High

Boise School District

Monday

Tuesday

Wednesday

Thursday

Friday

		5
	CRISPY CHICKEN SANDWICH	
	Spicy Chicken Sandwich	394 cal
	Beef Bites	377 cal
	& Garlic Breadstick	287 cal
	Honeydew	100 cal
	Baby Carrots	31 cal
	Vegetarian Baked Beans	23 cal
	Celery Sticks	130 cal
	BBQ Sauce	10 cal
	Romaine Lettuce	31 cal
	Slice of Tomato	1 cal
		3 cal

		6
	BARBACOA TACOS	312 cal
	Cheese Pizza	389 cal
	Crispy Chicken Salad	464 cal
	Fresh Pineapple	42 cal
	Jicama	25 cal
	Cucumber Slices	8 cal
	Baby Carrots	23 cal
	Garden Salad w/ Ranch	28 cal
	Salsa	10 cal
	Romaine Lettuce	1 cal

		7
	SPAGHETTI W/ MARINARA & MOZZARELLA	247 cal
	Spaghetti w/ Meat Sauce	221 cal
	& Cheesy Breadstick	150 cal
	Barbacoa Baja Bowl	459 cal
	Red Grapes	55 cal
	Grape Tomatoes	14 cal
	Fresh Broccoli Florets	11 cal
	Buttered Broccoli	25 cal
	Garden Salad w/ Parmesan Vinaigrette	28 cal
	Salsa	10 cal

		8
	KOREAN BBQ CHICKEN DRUMSTICK	185 cal
	& Homemade Seasoned Rice	214 cal
	Cheese Pizza	389 cal
	Watermelon	23 cal
	Cucumber Slices	8 cal
	Baby Carrots	23 cal
	Garden Salad w/ Ranch	28 cal

9	No menu published
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		12
	CHICKEN BITES	245 cal
	Spicy Chicken Bites	200 cal
	& Garlic Breadstick	100 cal
	Barbacoa	138 cal
	with Bun	140 cal
	Fresh Pineapple	42 cal
	Baby Carrots	23 cal
	Celery Sticks	10 cal
	BBQ Sauce	31 cal

		13
	NACHO TOPPINGS	143 cal
	with Chips	304 cal
	Cheese Pizza	389 cal
	Cheesy Baked Taquitos	342 cal
	Crispy Chicken Salad	464 cal
	Cantaloupe	27 cal
	Jicama	25 cal
	Cucumber Slices	8 cal
	Vegetarian Chili Beans	110 cal
	Garden Salad w/ Ranch	28 cal
	Salsa	10 cal

		14
	CHICKEN ALFREDO	271 cal
	& Garlic Breadstick	100 cal
	Toasted Cheese Sandwich	393 cal
	Red Grapes	55 cal
	Grape Tomatoes	14 cal
	Fresh Broccoli Florets	11 cal
	Buttered Broccoli	25 cal
	Garden Salad w/ Parmesan	
	Vinaigrette	28 cal
	Slice of Tomato	3 cal

		15
	CRISPY CHICKEN SALAD	464 cal
	Cheese Pizza	389 cal
	Cucumber Slices	8 cal
	Baby Carrots	23 cal
	Garden Salad w/ Ranch	28 cal

16	No menu published
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		19
	CRISPY CHICKEN SANDWICH	394 cal
	Spicy Chicken Sandwich	377 cal
	Beef Bites	287 cal
	& Garlic Breadstick	100 cal
	Fresh Pineapple	42 cal
	Baby Carrots	23 cal
	Vegetarian Baked Beans	130 cal
	Celery Sticks	10 cal
	BBQ Sauce	31 cal
	Romaine Lettuce	1 cal
	Slice of Tomato	3 cal

20		
	BARBACOA TACOS	312 cal
	Cheese Pizza	389 cal
	Crispy Chicken Salad	464 cal
	Honeydew	31 cal
	Jicama	25 cal
	Cucumber Slices	8 cal
	Baby Carrots	23 cal
	Garden Salad w/ Ranch	28 cal
	Salsa	10 cal
	Romaine Lettuce	1 cal

21		
	SPAGHETTI W/ MOZZARELLA	239 cal
	Spaghetti w/ Meat Sauce	213 cal
	& Cheesy Breadstick	150 cal
	Barbacoa Baja Bowl	459 cal
	Cantaloupe	27 cal
	Grape Tomatoes	14 cal
	Fresh Broccoli Florets	11 cal
	Buttered Broccoli	25 cal
	Garden Salad w/ Parmesan Vinaigrette	28 cal
	Salsa	10 cal

		22
	KOREAN BBQ CHICKEN DRUMSTICK	185 cal
	& Homemade Seasoned Rice	214 cal
	Cheese Pizza	389 cal
	Red Grapes	55 cal
	Cucumber Slices	8 cal
	Baby Carrots	23 cal
	Garden Salad w/ Ranch	28 cal

	23	
	FISH BITES	231 cal
	& Garlic Breadstick	100 cal
	Cheeseburger	286 cal
	Hamburger	241 cal
	Fresh Mixed Fruit	2 cal
	Red Pepper Hummus	170 cal
	Celery Sticks	10 cal
	Fries	111 cal
	Garden Salad w/ Parmesan	
	Vinaigrette	28 cal
	Snickerdoodle Cookie	111 cal
	BBQ Sauce	31 cal
	Romaine Lettuce	1 cal
	Slice of Tomato	3 cal
	Slice of Onion	8 cal

		26
	CHICKEN BITES	245 cal
	Spicy Chicken Bites	200 cal
	& Garlic Breadstick	100 cal
	Barbacoa	138 cal
	with Bun	140 cal
	Fresh Pineapple	42 cal
	Baby Carrots	23 cal
	Celery Sticks	10 cal
	BBQ Sauce	31 cal

		27
	NACHO TOPPINGS	143 cal
	with Chips	304 cal
	Cheese Pizza	389 cal
	Cheesy Baked Taquitos	342 cal
	Crispy Chicken Salad	464 cal
	Cantaloupe	27 cal
	Jicama	25 cal
	Cucumber Slices	8 cal
	Vegetarian Chili Beans	110 cal
	Garden Salad w/ Ranch	28 cal
	Salsa	10 cal

		28
	CHICKEN ALFREDO	271 cal
	& Garlic Breadstick	100 cal
	Toasted Cheese Sandwich	393 cal
	Red Grapes	55 cal
	Grape Tomatoes	14 cal
	Fresh Broccoli Florets	11 cal
	Buttered Broccoli	25 cal
	Garden Salad w/ Parmesan	
	Vinaigrette	28 cal
	Slice of Tomato	3 cal

		29
	CRISPY CHICKEN SALAD	464 cal
	Cheese Pizza	389 cal
	Honeydew	31 cal
	Cucumber Slices	8 cal
	Baby Carrots	23 cal
	Garden Salad w/ Ranch	28 cal

		30
	NACHO TOPPINGS	143 cal
	with Chips	304 cal
	Cheese Tamale	346 cal
	Teriyaki Chicken	257 cal
	& Rice	209 cal
	Fresh Mixed Fruit	2 cal
	Red Pepper Hummus	170 cal
	Celery Sticks	10 cal
	Homemade Potato Wedges	140 cal
	Garden Salad w/ Parmesan	
	Vinaigrette	28 cal
	Snickerdoodle Cookie	111 cal
	BBQ Sauce	31 cal
	Romaine Lettuce	1 cal
	Slice of Tomato	3 cal
	Slice of Onion	8 cal

Served every day:

String Cheese · Apple · Banana · Skim Chocolate Milk · 1% Unflavored Milk · Whole Unflavored Milk

Menu data from Boise School District, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Boise School District publishes them.

MenuView