



LUNCH OCTOBER 2026

Adams Elementary

Boise School District

Monday

Tuesday

Wednesday

Thursday

Friday

1

No menu published

2

No menu published

5

CHEESE PIZZA 389 cal
 & Rice 157 cal
 Teriyaki Chicken 257 cal
 Fresh Pineapple 42 cal
 Buttered Broccoli 25 cal
 Baby Carrots 23 cal

6

CHICKEN QUESADILLA 315 cal
 Cheesy Baked Taquitos 331 cal
 Apple Slices 38 cal
 Vegetarian Chili Beans 110 cal
 Garden Salad 11 cal
 w/Parmesan Dressing 17 cal
 Salsa 10 cal

7

SPAGHETTI W/ MEAT SAUCE 221 cal
 w/ Cheesy Scrambled Eggs 92 cal
 Mini Pancakes, Blueberry 210 cal
 Red Grapes 55 cal
 Garden Salad w/ Ranch 28 cal
 Chocolate Chip Cookie 124 cal

8

CHICKEN BITES 245 cal
 Spicy Chicken Bites 200 cal
 & Garlic Breadstick 100 cal
 Watermelon 23 cal
 Buttered Peas & Carrots 38 cal
 Garden Salad w/ Ranch 28 cal
 BBQ Sauce 31 cal

9

No menu published

12

CHEESE PIZZA 389 cal
 Chicken Drumstick 150 cal
 & Homemade Seasoned Rice 160 cal
 Fresh Pineapple 42 cal
 Buttered Green Beans 20 cal
 Baby Carrots 23 cal
 BBQ Sauce 31 cal

13

BEEF BITES 287 cal
 & Garlic Breadstick 100 cal
 Toasted Cheese Sandwich 416 cal
 Apple Slices 38 cal
 Buttered Peas & Carrots 38 cal
 Garden Salad w/ Ranch 28 cal
 BBQ Sauce 31 cal

14

MACARONI 142 cal
 & Cheddar Cheese Sauce 177 cal
 Blueberry Yogurt 90 cal
 Peanut Butter Cup 180 cal
 Whole Wheat Crackers 180 cal
 Red Grapes 55 cal
 Buttered Broccoli 25 cal
 Garden Salad 11 cal
 w/Parmesan Dressing 17 cal
 Snickerdoodle Cookie 111 cal

15

No menu published

16

No menu published

19

CHEESE PIZZA 389 cal
 Teriyaki Chicken 257 cal
 & Rice 157 cal
 Fresh Pineapple 42 cal
 Buttered Broccoli 25 cal
 Baby Carrots 23 cal

20

CHICKEN QUESADILLA 315 cal
 Cheesy Baked Taquitos 331 cal
 Apple Slices 38 cal
 Vegetarian Chili Beans 110 cal
 Garden Salad 11 cal
 w/Parmesan Dressing 17 cal
 Salsa 10 cal

21

SPAGHETTI W/ MEAT SAUCE 213 cal
 Homemade Harvest Bread 193 cal
 w/ Cheesy Scrambled Eggs 92 cal
 Cantaloupe 27 cal
 Buttered Green Beans 20 cal
 Garden Salad w/ Ranch 28 cal
 Snickerdoodle Cookie 111 cal

22

CHICKEN BITES 245 cal
 Spicy Chicken Bites 200 cal
 & Garlic Breadstick 100 cal
 Red Grapes 55 cal
 Buttered Peas & Carrots 38 cal
 Garden Salad 11 cal
 w/Parmesan Dressing 17 cal
 BBQ Sauce 31 cal

23

CHEESE PIZZA 389 cal
 Hot Dog 300 cal
 Pears 60 cal
 Fries 111 cal
 Cucumber Slices 8 cal
 BBQ Sauce 31 cal

26

CHEESE PIZZA 389 cal
 Chicken Drumstick 150 cal
 & Homemade Seasoned Rice 160 cal
 Fresh Pineapple 42 cal
 Buttered Green Beans 20 cal
 Baby Carrots 23 cal
 BBQ Sauce 31 cal

27

BEEF BITES 287 cal
 & Garlic Breadstick 100 cal
 Toasted Cheese Sandwich 416 cal
 Apple Slices 38 cal
 Buttered Peas & Carrots 38 cal
 Garden Salad w/ Ranch 28 cal
 BBQ Sauce 31 cal

28

MACARONI 142 cal
 & Cheddar Cheese Sauce 177 cal
 Blueberry Yogurt 90 cal
 Peanut Butter Cup 180 cal
 Whole Wheat Crackers 180 cal
 Red Grapes 55 cal
 Buttered Broccoli 25 cal
 Garden Salad 11 cal
 w/Parmesan Dressing 17 cal

29

CRISPY CHICKEN SANDWICH 394 cal
 Bean & Cheese Burrito 413 cal
 Honeydew 31 cal
 Buttered Corn 87 cal
 Garden Salad w/ Ranch 28 cal
 BBQ Sauce 31 cal
 Salsa 10 cal
 Romaine Lettuce 1 cal
 Slice of Tomato 3 cal

30

NACHO TOPPINGS 163 cal
 with Chips 228 cal
 Hamburger 241 cal
 Applesauce 56 cal
 Vegetarian Baked Beans 130 cal
 Cucumber Slices 8 cal
 BBQ Sauce 31 cal
 Romaine Lettuce 1 cal
 Slice of Tomato 3 cal

Served every day:

String Cheese · Skim Chocolate Milk · 1% Unflavored Milk · Whole Unflavored Milk

Menu data from Boise School District, drawn by schoolmenuapp.com. Menu subject to change.
Calories are per serving, as Boise School District publishes them.

MenuView