



Union Academy

Lunch · October 2026



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Chicken Buffalo Macaroni and Cheese 442 cal	Cheeseburger 370 cal
			Chicken Taco Salad 325 cal	Fish Fillet Sandwich 385 cal
			PBJ Uncrustable 300 cal	Chopped Cobb Salad
			Grape	Foccacia Flatbread 300 cal
			House Side Salad 67 cal	Marinara Dip Cup 40 cal
			Steamed Peas and Carrots 50 cal	Shredded Mozzarella Cheese
			Applesauce: All Flavors 50 cal	Turkey Pepperoni Slices 32 cal
				Tater Tots
				Romaine and Tomato 13 cal
				Frozen Fruit Cup 80 cal
5	6	7	8	9
Ranchero Pizza 332 cal	Chicken and Waffles	Orange Chicken 150 cal	Meatball Marinara Middle 124 cal	Turkey BLT 395 cal
Cheese Pizza 310 cal	Club Sandwich-E/M 314 cal	General Tso Chicken 170 cal	Rotini Pasta	Veggie Salad
Turkey Pepperoni Pizza 310 cal	Chef Salad 223 cal	Rice 108 cal	Hot Rolls 80 cal	Foccacia Flatbread 300 cal
Buffalo Chicken Pizza	Baked Beans 28 cal	Fortune Cookie	PBJ Uncrustable 300 cal	Marinara Dip Cup 40 cal
Supreme Pizza 367 cal	Garden Salad 15 cal	Pizza Salad 185 cal	Grape	Shredded Mozzarella Cheese
Breaded Chicken Caesar Salad 321 cal	Applesauce: All Flavors 50 cal	Pretzel Goldfish Crackers 90 cal	Buffalo Chicken Chopped Salad 203 cal	Turkey Pepperoni Slices 32 cal
Peanut Butter Cup 180 cal		Cinnamon Granola 120 cal	Roasted Zucchini 20 cal	Sweet Potato Fries 160 cal
String Cheese, Mozzarella		Chocolate Granola 130 cal	House Side Salad 67 cal	Fresh Veggie Blend #3
Belly Bear Grahams 130 cal		Colby Jack Cheese Stick	Applesauce: All Flavors 50 cal	Frozen Juice Cup
WG Mini Flatbread		Fruit & Yogurt Parfait 244 cal		
Colby Jack Cheese Stick		Broccoli		
Corn		Fresh Veggie Blend #2		
Cucumber Coins		Red Apple Slices		
Red Apple Slices				
12	13	14	15	16
Meat Lover's Rolled Stromboli 310 cal	Circus BBQ Pulled Pork 407 cal	Acrobat Alfredo 287 cal	Smashburger 305 cal	No menu published
Garlic French Bread Pizza 356 cal	Cookie	Penne Pasta	Fruit Salad	
Dave's Detroit Style Pizza Cheese & Pepperoni 360 cal	Turkey and Cheese Croissant E/M 347 cal	Garlic Knot 180 cal	Foccacia Flatbread 300 cal	
Chicken Caesar Salad 151 cal	Chef Salad 223 cal	PBJ Uncrustable 300 cal	Marinara Dip Cup 40 cal	
Peanut Butter Cup 180 cal	California Blend	Grape	Turkey Pepperoni Slices 32 cal	
String Cheese, Mozzarella	Garden Salad 15 cal	Chicken Taco Salad 325 cal	Shredded Mozzarella Cheese	
Colby Jack Cheese Stick	Applesauce: All Flavors 50 cal	Parmesan Roasted Broccoli 27 cal	French Fries 150 cal	
WG Mini Flatbread		House Side Salad 67 cal	Whole Grain Onion Rings 180 cal	
Belly Bear Grahams 130 cal		Apple Slices	Romaine and Tomato 13 cal	
Green Beans			Applesauce	
Fresh Veggie Blend #2			Rainbow Johnny Pops 12 cal	
Red Apple Slices				
Carnival Cloud Fruit Salad 88 cal				
19	20	21	22	23
Cheese Pizza 310 cal	Boneless Chicken Wings 350 cal	Mini Chicken Corn Dogs 260 cal	Chicken Taco Meat 130 cal	Chicken Patty Sandwich
Ranchero Pizza 332 cal	Hot Rolls 80 cal	Honey Pork BBQ Sandwich 410 cal	Rice 108 cal	Veggie Salad
Turkey Pepperoni Pizza 310 cal	Turkey Ham & Cheese	Pizza Salad 185 cal	Celebration Cookie 140 cal	Foccacia Flatbread 300 cal
Buffalo Chicken Pizza	Brियोche Sandwich 345 cal	Mango Pineapple Yogurt Smoothie 164 cal	PBJ Uncrustable 300 cal	Marinara Dip Cup 40 cal
Supreme Pizza 367 cal	Chef Salad 223 cal	Cool Cow Strawberry Banana Smoothie 120 cal	Grape	Shredded Mozzarella Cheese
Breaded Chicken Caesar Salad 321 cal	Garden Salad 15 cal	String Cheese, Mozzarella	Smucker's Peanut Butter & Chocolate 300 cal	Turkey Pepperoni Slices 32 cal
Peanut Butter Cup 180 cal	Baked Beans 28 cal	Colby Jack Cheese Stick	Buffalo Chicken Chopped Salad 203 cal	Sweet Potato Fries 160 cal
String Cheese, Mozzarella	Applesauce: All Flavors 50 cal	Cheddar Goldfish Crackers 100 cal	House Side Salad 67 cal	Fresh Veggie Blend #3
Colby Jack Cheese Stick		Oatmeal Chocolate Chip Bar 140 cal	Green Beans	Frozen Juice Cup
Belly Bear Grahams 130 cal		Cucumber Coins	Applesauce: All Flavors 50 cal	
WG Mini Flatbread		Corn		
Broccoli		Red Apple Slices		
Fresh Veggie Blend #2				
Red Apple Slices				
26	27	28	29	30
Mini Cheese Calzones 330 cal	Chile Verde Chicken	Hot Italian Sub 412 cal	Chicken Buffalo Macaroni and Cheese 442 cal	Cheeseburger 370 cal
Marinara Dip Cup 40 cal	Cilantro Lime Rice	Fruit Salad	Chicken Taco Salad 325 cal	Fish Fillet Sandwich 385 cal
Chicken Caesar Salad 151 cal	Double Chocolate Brownie 199 cal	Vanilla Yogurt Cup 90 cal	PBJ Uncrustable 300 cal	Chopped Cobb Salad
Peanut Butter Cup 180 cal	Turkey and Cheese Croissant E/M 347 cal	Strawberry Yogurt Cup 90 cal	Grape	Foccacia Flatbread 300 cal
String Cheese, Mozzarella	Chef Salad 223 cal	Cinnamon Granola 120 cal	House Side Salad 67 cal	Marinara Dip Cup 40 cal
Colby Jack Cheese Stick	Seasoned Black Beans 214 cal	Chocolate Granola 130 cal	Steamed Peas and Carrots 50 cal	Shredded Mozzarella Cheese
Belly Bear Grahams 130 cal	Garden Salad 15 cal	Banana Mini Muffin Loaf 160 cal	Applesauce: All Flavors 50 cal	Turkey Pepperoni Slices 32 cal
WG Mini Flatbread	Applesauce: All Flavors 50 cal	String Cheese, Mozzarella		Tater Tots
Broccoli		Colby Jack Cheese Stick		Romaine and Tomato 13 cal
Fresh Veggie Blend #2		Green Beans		Orange Cream Frozen Juice Cup 90 cal
Red Apple Slices		Cucumber Coins		
		Red Apple Slices		