



# LUNCH OCTOBER 2026

## R. Bruce Wagner Elementary

Polk County Public Schools

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

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|                                |         |
|--------------------------------|---------|
| 🍕 Cheese Pizza                 | 310 cal |
| 🍕 Ranchero Pizza               | 332 cal |
| 🍕 Turkey Pepperoni Pizza       | 310 cal |
| 🥗 Breaded Chicken Caesar Salad | 266 cal |
| 🍞 WG Mini Flatbread            |         |
| 🥜 Peanut Butter Cup            | 180 cal |
| 🍌 Belly Bear Grahams           | 130 cal |
| 🍌 String Cheese, Mozzarella    |         |
| 🍌 Colby Jack Cheese Stick      |         |
| 🌽 Corn                         |         |
| 🥒 Cucumber Coins               |         |
| 🍏 Red Apple Slices             |         |

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|---------------------------|---------|
| 🍗 Chicken and Waffles E   |         |
| 🥪 Club Sandwich-E/M       | 314 cal |
| 🥗 Chef Salad              | 167 cal |
| 🥫 Baked Beans             | 28 cal  |
| 🥗 Garden Salad            | 15 cal  |
| 🥗 Romaine and Tomato      | 13 cal  |
| 🍷 Applesauce: All Flavors | 50 cal  |

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|-----------------------------|---------|
| 🍗 Orange Chicken            | 113 cal |
| 🍪 Fortune Cookie            |         |
| 🍚 Rice                      | 108 cal |
| 🥗 Pizza Salad               | 18 cal  |
| 🍌 String Cheese, Mozzarella |         |
| 🍌 Colby Jack Cheese Stick   |         |
| 🍪 Pretzel Goldfish Crackers | 90 cal  |
| 🥗 Fruit & Yogurt Parfait    | 244 cal |
| 🥦 Broccoli                  |         |
| 🥗 Fresh Veggie Blend #2     |         |
| 🍏 Red Apple Slices          |         |

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|---------------------------|---------|
| 🍗 Chile Verde Chicken     |         |
| 🍚 Cilantro Lime Rice      |         |
| 🍇 PBJ Uncrustable Grape   | 300 cal |
| 🥗 Chicken Taco Salad      | 322 cal |
| 🥫 Seasoned Black Beans    | 214 cal |
| 🥗 House Side Salad        | 67 cal  |
| 🍷 Applesauce: All Flavors | 50 cal  |

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|------------------------------|---------|
| 🍔 Cheeseburger               | 370 cal |
| 🐟 Fish Fillet Sandwich       | 385 cal |
| 🥗 Chopped Cobb Salad         |         |
| 🍞 Focaccia Flatbread         | 300 cal |
| 🥗 Marinara Dip Cup           | 40 cal  |
| 🧀 Shredded Mozzarella Cheese |         |
| 🍌 Turkey Pepperoni Slices    | 32 cal  |
| 🍌 Tater Tots                 |         |
| 🥗 Romaine and Tomato         | 13 cal  |
| 🍌 Frozen Fruit Cup           | 80 cal  |

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|---------------------------------|---------|
| 🍖 Meat Lover's Rolled Stromboli | 310 cal |
| 🍞 Garlic French Bread Pizza     | 356 cal |
| 🥗 Marinara Dip Cup              | 40 cal  |
| 🥗 Chicken Caesar Salad          | 151 cal |
| 🥜 Peanut Butter Cup             | 180 cal |
| 🍌 Colby Jack Cheese Stick       |         |
| 🍌 String Cheese, Mozzarella     |         |
| 🍞 WG Mini Flatbread             |         |
| 🍌 Belly Bear Grahams            | 130 cal |
| 🥗 Fresh Veggie Blend #2         |         |
| 🥫 Green Beans                   |         |
| 🍏 Red Apple Slices              |         |
| 🥗 Carnival Cloud Fruit Salad    | 88 cal  |

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|-----------------------------------|---------|
| 🍖 Circus BBQ Pulled Pork          | 407 cal |
| 🍪 Cookie                          |         |
| 🥗 Turkey and Cheese Croissant E/M | 347 cal |
| 🥗 Chef Salad                      | 167 cal |
| 🥗 California Blend                |         |
| 🥗 Garden Salad                    | 15 cal  |
| 🍷 Applesauce: All Flavors         | 50 cal  |

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|-----------------------------|---------|
| 🍗 Acrobat Alfredo           | 287 cal |
| 🍝 Penne Pasta               |         |
| 🥗 Garlic Knot               | 180 cal |
| 🍇 PBJ Uncrustable Grape     | 300 cal |
| 🥗 Chicken Taco Salad        | 322 cal |
| 🥗 House Side Salad          | 67 cal  |
| 🥦 Parmesan Roasted Broccoli | 27 cal  |
| 🍏 Apple Slices              |         |

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|------------------------------|---------|
| 🍔 Smashburger                | 305 cal |
| 🥗 Fruit Salad                |         |
| 🍌 Turkey Pepperoni Slices    | 32 cal  |
| 🧀 Shredded Mozzarella Cheese |         |
| 🍞 Focaccia Flatbread         | 300 cal |
| 🥗 Marinara Dip Cup           | 40 cal  |
| 🥗 Whole Grain Onion Rings    | 180 cal |
| 🍌 French Fries               | 150 cal |
| 🥗 Romaine and Tomato         | 13 cal  |
| 🍌 Rainbow Johnny Pops        | 12 cal  |
| 🍷 Applesauce                 |         |

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| No menu published |  |
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|                                |         |
|--------------------------------|---------|
| 🍕 Ranchero Pizza               | 332 cal |
| 🍕 Cheese Pizza                 | 310 cal |
| 🍕 Turkey Pepperoni Pizza       | 310 cal |
| 🥗 Breaded Chicken Caesar Salad | 266 cal |
| 🥜 Peanut Butter Cup            | 180 cal |
| 🍞 WG Mini Flatbread            |         |
| 🍌 Belly Bear Grahams           | 130 cal |
| 🍌 Colby Jack Cheese Stick      |         |
| 🍌 String Cheese, Mozzarella    |         |
| 🥦 Broccoli                     |         |
| 🥗 Fresh Veggie Blend #2        |         |
| 🍏 Red Apple Slices             |         |

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|----------------------------------------|---------|
| 🍗 Mini Chicken Nuggets                 | 270 cal |
| 🍞 Hot Rolls                            | 80 cal  |
| 🥗 Turkey Ham & Cheese Brioche Sandwich | 345 cal |
| 🥗 Chef Salad                           | 167 cal |
| 🥫 Baked Beans                          | 28 cal  |
| 🥗 Garden Salad                         | 15 cal  |
| 🍷 Applesauce: All Flavors              | 50 cal  |

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|---------------------------------------|---------|
| 🍗 Mini Chicken Corn Dogs              | 260 cal |
| 🥗 Pizza Salad                         | 18 cal  |
| 🥗 Mango Pineapple Yogurt Smoothie     | 164 cal |
| 🥗 Cool Cow Strawberry Banana Smoothie | 120 cal |
| 🍌 Colby Jack Cheese Stick             |         |
| 🍌 String Cheese, Mozzarella           |         |
| 🍪 Cheddar Goldfish Crackers           | 100 cal |
| 🍌 Oatmeal Chocolate Chip Bar          | 140 cal |
| 🌽 Corn                                |         |
| 🥒 Cucumber Coins                      |         |
| 🍏 Red Apple Slices                    |         |

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|---------------------------------------|---------|
| 🍖 Shepherd's Pie Beef                 | 89 cal  |
| 🥗 Garlic Knot                         | 180 cal |
| 🥗 Homestyle Mashed Potatoes           | 140 cal |
| 🧀 Shredded Mild Cheddar Cheese        | 110 cal |
| 🍇 PBJ Uncrustable Grape               | 300 cal |
| 🍌 Smucker's Peanut Butter & Chocolate | 300 cal |
| 🍌 Buffalo Chicken Chopped Salad       | 144 cal |
| 🥗 Steamed Peas and Carrots            | 50 cal  |
| 🥗 House Side Salad                    | 67 cal  |
| 🍷 Applesauce: All Flavors             | 50 cal  |

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|------------------------------|---------|
| 🍗 Chicken Patty Sandwich     |         |
| 🥗 Veggie Salad               |         |
| 🍞 Focaccia Flatbread         | 300 cal |
| 🥗 Marinara Dip Cup           | 40 cal  |
| 🧀 Shredded Mozzarella Cheese |         |
| 🍌 Turkey Pepperoni Slices    | 32 cal  |
| 🍌 Sweet Potato Fries         | 180 cal |
| 🥗 Fresh Veggie Blend #3      |         |
| 🍌 Frozen Juice Cup           |         |

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|                                |         |
|--------------------------------|---------|
| 🍕 Mini Cheese Calzones         | 330 cal |
| 🥗 Marinara Dip Cup             | 40 cal  |
| 🥗 Breaded Chicken Caesar Salad | 266 cal |
| 🥜 Peanut Butter Cup            | 180 cal |
| 🍌 String Cheese, Mozzarella    |         |
| 🍞 WG Mini Flatbread            |         |
| 🍌 Belly Bear Grahams           | 130 cal |
| 🍌 Colby Jack Cheese Stick      |         |
| 🥦 Broccoli                     |         |
| 🥗 Fresh Veggie Blend #2        |         |
| 🍏 Red Apple Slices             |         |

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|-----------------------------------|---------|
| 🍖 Signature Beef Sloppy Joe Meat  | 145 cal |
| 🍌 Tortilla Chips                  |         |
| 🍌 Double Chocolate Brownie        | 199 cal |
| 🥗 Turkey and Cheese Croissant E/M | 347 cal |
| 🥗 Chef Salad                      | 167 cal |
| 🥗 Steamed Carrots                 |         |
| 🥗 Garden Salad                    | 15 cal  |
| 🍷 Applesauce: All Flavors         | 50 cal  |

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|                             |         |
|-----------------------------|---------|
| 🍗 Meatball Sub              | 329 cal |
| 🥗 Pizza Salad               | 18 cal  |
| 🥗 Vanilla Yogurt Cup        | 90 cal  |
| 🥗 Strawberry Yogurt Cup     | 90 cal  |
| 🍌 String Cheese, Mozzarella |         |
| 🍌 Colby Jack Cheese Stick   |         |
| 🍌 Banana Mini Muffin Loaf   | 160 cal |
| 🍌 Chocolate Granola         | 130 cal |
| 🍌 Cinnamon Granola          | 120 cal |
| 🥫 Green Beans               |         |
| 🥒 Cucumber Coins            |         |
| 🍏 Red Apple Slices          |         |

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|                           |         |
|---------------------------|---------|
| 🍗 Chile Verde Chicken     |         |
| 🍚 Cilantro Lime Rice      |         |
| 🍇 PBJ Uncrustable Grape   | 300 cal |
| 🥗 Chicken Taco Salad      | 322 cal |
| 🥫 Seasoned Black Beans    | 214 cal |
| 🥗 House Side Salad        | 67 cal  |
| 🍷 Applesauce: All Flavors | 50 cal  |

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|                                 |         |
|---------------------------------|---------|
| 🍔 Cheeseburger                  | 370 cal |
| 🐟 Fish Fillet Sandwich          | 385 cal |
| 🥗 Chopped Cobb Salad            |         |
| 🍞 Focaccia Flatbread            | 300 cal |
| 🥗 Marinara Dip Cup              | 40 cal  |
| 🧀 Shredded Mozzarella Cheese    |         |
| 🍌 Turkey Pepperoni Slices       | 32 cal  |
| 🍌 Tater Tots                    |         |
| 🥗 Romaine and Tomato            | 13 cal  |
| 🍌 Orange Cream Frozen Juice Cup | 90 cal  |