



# Polk City Elementary

Lunch · October 2026



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

- ★
- 🍕 Cheese Pizza 310 cal
  - 🍕 Ranchero Pizza 332 cal
  - 🍕 Turkey Pepperoni Pizza 310 cal
  - 🥗 Breaded Chicken Caesar Salad 266 cal
  - 🍞 WG Mini Flatbread
  - 🥜 Peanut Butter Cup 180 cal
  - 🍪 Belly Bear Grahams 130 cal
  - 🧀 String Cheese, Mozzarella
  - 🥙 Colby Jack Cheese Stick
  - 🌽 Corn
  - 🥒 Cucumber Coins
  - 🍏 Red Apple Slices

- ★
- 🍗 Chicken and Waffles E
  - 🥪 Club Sandwich-E/M 314 cal
  - 🥗 Chef Salad 167 cal
  - 🥫 Baked Beans 28 cal
  - 🥗 Garden Salad 15 cal
  - 🥗 Romaine and Tomato 13 cal
  - 🍷 Applesauce: All Flavors 50 cal

- ★
- 🍗 Orange Chicken 113 cal
  - 🍪 Fortune Cookie
  - 🍚 Rice 108 cal
  - 🍕 Pizza Salad 18 cal
  - 🧀 String Cheese, Mozzarella
  - 🥙 Colby Jack Cheese Stick
  - 🐟 Pretzel Goldfish Crackers 90 cal
  - 🥛 Fruit & Yogurt Parfait 244 cal
  - 🥦 Broccoli
  - 🥕 Fresh Veggie Blend #2
  - 🍏 Red Apple Slices

- ★
- 🍖 Meatball Marinara Elementary 124 cal
  - 🍝 Rotini Pasta
  - 🥞 Hot Rolls 80 cal
  - 🍞 PBJ Uncrustable 300 cal
  - 🍇 Grape
  - 🥗 Buffalo Chicken Chopped Salad 144 cal
  - 🥒 Roasted Zucchini 20 cal
  - 🥗 House Side Salad 67 cal
  - 🍷 Applesauce: All Flavors 50 cal

- ★
- 🍔 Hot Italian Sub 412 cal
  - 🥗 Veggie Salad
  - 🍞 Foccacia Flatbread 300 cal
  - 🍕 Turkey Pepperoni Slices 32 cal
  - 🧀 Shredded Mozzarella Cheese
  - 🥙 Marinara Dip Cup 40 cal
  - 🍟 Sweet Potato Fries 160 cal
  - 🥕 Fresh Veggie Blend #3
  - 🍏 Red Apple Slices

- ★
- 🍖 Meat Lover's Rolled Stromboli 310 cal
  - 🍞 Garlic French Bread Pizza 356 cal
  - 🥙 Marinara Dip Cup 40 cal
  - 🥗 Chicken Caesar Salad 151 cal
  - 🥜 Peanut Butter Cup 180 cal
  - 🥙 Colby Jack Cheese Stick
  - 🧀 String Cheese, Mozzarella
  - 🍞 WG Mini Flatbread
  - 🍪 Belly Bear Grahams 130 cal
  - 🥕 Fresh Veggie Blend #2
  - 🥫 Green Beans
  - 🍏 Red Apple Slices
  - 🍌 Carnival Cloud Fruit Salad 88 cal

- ★
- 🍖 Circus BBQ Pulled Pork 407 cal
  - 🍪 Cookie
  - 🥪 Turkey and Cheese Croissant E/M 347 cal
  - 🥗 Chef Salad 167 cal
  - 🥗 California Blend
  - 🥗 Garden Salad 15 cal
  - 🍷 Applesauce: All Flavors 50 cal

- ★
- 🍖 Acrobat Alfredo 287 cal
  - 🍝 Penne Pasta
  - 🍪 Garlic Knot 180 cal
  - 🍞 PBJ Uncrustable 300 cal
  - 🍇 Grape
  - 🥙 Chicken Taco Salad 322 cal
  - 🥗 House Side Salad 67 cal
  - 🥫 Parmesan Roasted Broccoli 27 cal
  - 🍏 Apple Slices

- ★
- 🍔 Smashburger 305 cal
  - 🥗 Fruit Salad
  - 🍕 Turkey Pepperoni Slices 32 cal
  - 🧀 Shredded Mozzarella Cheese
  - 🍞 Foccacia Flatbread 300 cal
  - 🥙 Marinara Dip Cup 40 cal
  - 🍌 Whole Grain Onion Rings 180 cal
  - 🍟 French Fries 150 cal
  - 🥗 Romaine and Tomato 13 cal
  - 🍌 Rainbow Johnny Pops 12 cal
  - 🍷 Applesauce

★ No menu published

- ★
- 🍕 Ranchero Pizza 332 cal
  - 🍕 Cheese Pizza 310 cal
  - 🍕 Turkey Pepperoni Pizza 310 cal
  - 🥗 Breaded Chicken Caesar Salad 266 cal
  - 🥜 Peanut Butter Cup 180 cal
  - 🍞 WG Mini Flatbread
  - 🍪 Belly Bear Grahams 130 cal
  - 🥙 Colby Jack Cheese Stick
  - 🧀 String Cheese, Mozzarella
  - 🥦 Broccoli
  - 🥕 Fresh Veggie Blend #2
  - 🍏 Red Apple Slices

- ★
- 🍗 Mini Chicken Nuggets 270 cal
  - 🥞 Hot Rolls 80 cal
  - 🥪 Turkey Ham & Cheese Brioche Sandwich 345 cal
  - 🥗 Chef Salad 167 cal
  - 🥫 Baked Beans 28 cal
  - 🥗 Garden Salad 15 cal
  - 🍷 Applesauce: All Flavors 50 cal

- ★
- 🍗 Mini Chicken Corn Dogs 260 cal
  - 🍕 Pizza Salad 18 cal
  - 🥛 Mango Pineapple Yogurt Smoothie 164 cal
  - 🍌 Cool Cow Strawberry Banana Smoothie 120 cal
  - 🥙 Colby Jack Cheese Stick
  - 🧀 String Cheese, Mozzarella
  - 🐟 Cheddar Goldfish Crackers 100 cal
  - 🍪 Oatmeal Chocolate Chip Bar 140 cal
  - 🌽 Corn
  - 🥒 Cucumber Coins
  - 🍏 Red Apple Slices

- ★
- 🍖 Shepherd's Pie Beef 89 cal
  - 🍪 Garlic Knot 180 cal
  - 🥔 Homestyle Mashed Potatoes 140 cal
  - 🧀 Shredded Mild Cheddar Cheese 110 cal
  - 🍞 PBJ Uncrustable 300 cal
  - 🍇 Grape
  - 🥜 Smucker's Peanut Butter & Chocolate 300 cal
  - 🥗 Buffalo Chicken Chopped Salad 144 cal
  - 🥕 Steamed Peas and Carrots 50 cal
  - 🥗 House Side Salad 67 cal
  - 🍷 Applesauce: All Flavors 50 cal

- ★
- 🍗 Chicken Patty Sandwich
  - 🥗 Veggie Salad
  - 🍞 Foccacia Flatbread 300 cal
  - 🥙 Marinara Dip Cup 40 cal
  - 🧀 Shredded Mozzarella Cheese
  - 🍕 Turkey Pepperoni Slices 32 cal
  - 🍟 Sweet Potato Fries 180 cal
  - 🥕 Fresh Veggie Blend #3
  - 🍹 Frozen Juice Cup

- ★
- 🧀 Mini Cheese Calzones 330 cal
  - 🥙 Marinara Dip Cup 40 cal
  - 🥗 Breaded Chicken Caesar Salad 266 cal
  - 🥜 Peanut Butter Cup 180 cal
  - 🍞 WG Mini Flatbread
  - 🍪 Belly Bear Grahams 130 cal
  - 🥙 Colby Jack Cheese Stick
  - 🧀 String Cheese, Mozzarella
  - 🥦 Broccoli
  - 🥕 Fresh Veggie Blend #2
  - 🍏 Red Apple Slices

- ★
- 🍖 Signature Beef Sloppy Joe Meat 145 cal
  - 🍪 Tortilla Chips
  - 🍌 Double Chocolate Brownie 199 cal
  - 🥪 Turkey and Cheese Croissant E/M 347 cal
  - 🥗 Chef Salad 167 cal
  - 🥕 Steamed Carrots
  - 🥗 Garden Salad 15 cal
  - 🍷 Applesauce: All Flavors 50 cal

- ★
- 🍗 Meatball Sub 329 cal
  - 🍕 Pizza Salad 18 cal
  - 🥛 Vanilla Yogurt Cup 90 cal
  - 🥕 Strawberry Yogurt Cup 90 cal
  - 🧀 String Cheese, Mozzarella
  - 🥙 Colby Jack Cheese Stick
  - 🍌 Banana Mini Muffin Loaf 160 cal
  - 🍪 Chocolate Granola 130 cal
  - 🥕 Cinnamon Granola 120 cal
  - 🥫 Green Beans
  - 🥒 Cucumber Coins
  - 🍏 Red Apple Slices

- ★
- 🍖 Chile Verde Chicken
  - 🍚 Cilantro Lime Rice 300 cal
  - 🍞 PBJ Uncrustable 300 cal
  - 🍇 Grape
  - 🥙 Chicken Taco Salad 322 cal
  - 🥫 Seasoned Black Beans 214 cal
  - 🥗 House Side Salad 67 cal
  - 🍷 Applesauce: All Flavors 50 cal

- ★
- 🍔 Cheeseburger 370 cal
  - 🐟 Fish Fillet Sandwich 385 cal
  - 🥗 Chopped Cobb Salad
  - 🍞 Foccacia Flatbread 300 cal
  - 🥙 Marinara Dip Cup 40 cal
  - 🧀 Shredded Mozzarella Cheese
  - 🍕 Turkey Pepperoni Slices 32 cal
  - 🍪 Tater Tots
  - 🥗 Romaine and Tomato 13 cal
  - 🍹 Orange Cream Frozen Juice Cup 90 cal