



Pinewood Elementary

Lunch · October 2026



Monday

Tuesday

Wednesday

Thursday

Friday

- 5**
- 🍕 Cheese Pizza 310 cal
 - 🍕 Ranchero Pizza 332 cal
 - 🍕 Turkey Pepperoni Pizza 310 cal
 - 🥗 Breaded Chicken Caesar Salad 266 cal
 - 🥞 WG Mini Flatbread
 - 🥛 Peanut Butter Cup 180 cal
 - 🍪 Belly Bear Grahams 130 cal
 - 🧀 String Cheese, Mozzarella
 - 🥣 Colby Jack Cheese Stick
 - 🌽 Corn
 - 🥒 Cucumber Coins
 - 🍏 Red Apple Slices

- 6**
- 🍗 Chicken and Waffles E
 - 🥪 Club Sandwich-E/M 314 cal
 - 🥗 Chef Salad 167 cal
 - 🥫 Baked Beans 28 cal
 - 🥗 Garden Salad 15 cal
 - 🥗 Romaine and Tomato 13 cal
 - 🍷 Applesauce: All Flavors 50 cal

- 7**
- 🍗 Orange Chicken 113 cal
 - 🍪 Fortune Cookie
 - 🍚 Rice 108 cal
 - 🥗 Pizza Salad 18 cal
 - 🧀 String Cheese, Mozzarella
 - 🥣 Colby Jack Cheese Stick
 - 🐟 Pretzel Goldfish Crackers 90 cal
 - 🥛 Fruit & Yogurt Parfait 244 cal
 - 🥦 Broccoli
 - 🥦 Fresh Veggie Blend #2
 - 🍏 Red Apple Slices

- 8**
- 🍖 Meatball Marinara Elementary 124 cal
 - 🍝 Rotini Pasta
 - 🥞 Hot Rolls 80 cal
 - 🥞 PBJ Uncrustable 300 cal
 - 🍇 Grape
 - 🥗 Buffalo Chicken Chopped Salad 144 cal
 - 🥒 Roasted Zucchini 20 cal
 - 🥗 House Side Salad 67 cal
 - 🍷 Applesauce: All Flavors 50 cal

- 9**
- 🍔 Hot Italian Sub 412 cal
 - 🥗 Veggie Salad
 - 🥞 Foccacia Flatbread 300 cal
 - 🍖 Turkey Pepperoni Slices 32 cal
 - 🧀 Shredded Mozzarella Cheese
 - 🥣 Marinara Dip Cup 40 cal
 - 🍟 Sweet Potato Fries 160 cal
 - 🥦 Fresh Veggie Blend #3
 - 🍏 Red Apple Slices

- 12**
- 🍖 Meat Lover's Rolled Stromboli 310 cal
 - 🥞 Garlic French Bread Pizza 356 cal
 - 🥣 Marinara Dip Cup 40 cal
 - 🥗 Chicken Caesar Salad 151 cal
 - 🥛 Peanut Butter Cup 180 cal
 - 🥣 Colby Jack Cheese Stick
 - 🧀 String Cheese, Mozzarella
 - 🥞 WG Mini Flatbread
 - 🍪 Belly Bear Grahams 130 cal
 - 🥦 Fresh Veggie Blend #2
 - 🥫 Green Beans
 - 🍏 Red Apple Slices
 - 🍌 Carnival Cloud Fruit Salad 88 cal

- 13**
- 🍖 Circus BBQ Pulled Pork 407 cal
 - 🍪 Cookie
 - 🥪 Turkey and Cheese Croissant E/M 347 cal
 - 🥗 Chef Salad 167 cal
 - 🥗 California Blend
 - 🥗 Garden Salad 15 cal
 - 🍷 Applesauce: All Flavors 50 cal

- 14**
- 🍖 Acrobat Alfredo 287 cal
 - 🍝 Penne Pasta
 - 🥞 Garlic Knot 180 cal
 - 🥞 PBJ Uncrustable 300 cal
 - 🍇 Grape
 - 🥣 Chicken Taco Salad 322 cal
 - 🥗 House Side Salad 67 cal
 - 🥫 Parmesan Roasted Broccoli 27 cal
 - 🍏 Apple Slices

- 15**
- 🍔 Smashburger 305 cal
 - 🥗 Fruit Salad
 - 🍖 Turkey Pepperoni Slices 32 cal
 - 🧀 Shredded Mozzarella Cheese
 - 🥞 Foccacia Flatbread 300 cal
 - 🥣 Marinara Dip Cup 40 cal
 - 🍌 Whole Grain Onion Rings 180 cal
 - 🍟 French Fries 150 cal
 - 🥗 Romaine and Tomato 13 cal
 - 🍌 Rainbow Johnny Pops 12 cal
 - 🍷 Applesauce

- 16**
- No menu published

- 19**
- 🍕 Ranchero Pizza 332 cal
 - 🍕 Cheese Pizza 310 cal
 - 🍕 Turkey Pepperoni Pizza 310 cal
 - 🥗 Breaded Chicken Caesar Salad 266 cal
 - 🥛 Peanut Butter Cup 180 cal
 - 🥞 WG Mini Flatbread
 - 🍪 Belly Bear Grahams 130 cal
 - 🥣 Colby Jack Cheese Stick
 - 🧀 String Cheese, Mozzarella
 - 🥦 Broccoli
 - 🥦 Fresh Veggie Blend #2
 - 🍏 Red Apple Slices

- 20**
- 🍗 Mini Chicken Nuggets 270 cal
 - 🥞 Hot Rolls 80 cal
 - 🥪 Turkey Ham & Cheese Brioche Sandwich 345 cal
 - 🥗 Chef Salad 167 cal
 - 🥫 Baked Beans 28 cal
 - 🥗 Garden Salad 15 cal
 - 🍷 Applesauce: All Flavors 50 cal

- 21**
- 🍗 Mini Chicken Corn Dogs 260 cal
 - 🥗 Pizza Salad 18 cal
 - 🥛 Mango Pineapple Yogurt Smoothie 164 cal
 - 🥛 Cool Cow Strawberry Banana Smoothie 120 cal
 - 🥣 Colby Jack Cheese Stick
 - 🧀 String Cheese, Mozzarella
 - 🐟 Cheddar Goldfish 100 cal
 - 🍪 Crackers 140 cal
 - 🍪 Oatmeal Chocolate Chip Bar
 - 🌽 Corn
 - 🥒 Cucumber Coins
 - 🍏 Red Apple Slices

- 22**
- 🍖 Shepherd's Pie Beef 89 cal
 - 🥞 Garlic Knot 180 cal
 - 🥔 Homestyle Mashed Potatoes 140 cal
 - 🧀 Shredded Mild Cheddar Cheese 110 cal
 - 🥞 PBJ Uncrustable 300 cal
 - 🍇 Grape
 - 🥛 Smucker's Peanut Butter & Chocolate 300 cal
 - 🥗 Buffalo Chicken Chopped Salad 144 cal
 - 🥕 Steamed Peas and Carrots 50 cal
 - 🥗 House Side Salad 67 cal
 - 🍷 Applesauce: All Flavors 50 cal

- 23**
- 🍗 Chicken Patty Sandwich
 - 🥗 Veggie Salad
 - 🥞 Foccacia Flatbread 300 cal
 - 🥣 Marinara Dip Cup 40 cal
 - 🧀 Shredded Mozzarella Cheese
 - 🍖 Turkey Pepperoni Slices 32 cal
 - 🍟 Sweet Potato Fries 180 cal
 - 🥦 Fresh Veggie Blend #3
 - 🍹 Frozen Juice Cup

- 26**
- 🍕 Mini Cheese Calzones 330 cal
 - 🥣 Marinara Dip Cup 40 cal
 - 🥗 Breaded Chicken Caesar Salad 266 cal
 - 🥛 Peanut Butter Cup 180 cal
 - 🧀 String Cheese, Mozzarella
 - 🥞 WG Mini Flatbread 130 cal
 - 🥣 Colby Jack Cheese Stick
 - 🥦 Broccoli
 - 🥦 Fresh Veggie Blend #2
 - 🍏 Red Apple Slices

- 27**
- 🍖 Signature Beef Sloppy Joe Meat 145 cal
 - 🍪 Tortilla Chips
 - 🍪 Double Chocolate Brownie 199 cal
 - 🥪 Turkey and Cheese Croissant E/M 347 cal
 - 🥗 Chef Salad 167 cal
 - 🥕 Steamed Carrots
 - 🥗 Garden Salad 15 cal
 - 🍷 Applesauce: All Flavors 50 cal

- 28**
- 🍖 Meatball Sub 329 cal
 - 🥗 Pizza Salad 18 cal
 - 🥛 Vanilla Yogurt Cup 90 cal
 - 🥛 Strawberry Yogurt Cup 90 cal
 - 🧀 String Cheese, Mozzarella
 - 🥣 Colby Jack Cheese Stick
 - 🍌 Banana Mini Muffin 160 cal
 - 🍪 Chocolate Granola 130 cal
 - 🥕 Cinnamon Granola 120 cal
 - 🥫 Green Beans
 - 🥒 Cucumber Coins
 - 🍏 Red Apple Slices

- 29**
- 🍖 Chile Verde Chicken
 - 🍚 Cilantro Lime Rice 300 cal
 - 🥞 PBJ Uncrustable 300 cal
 - 🍇 Grape
 - 🥣 Chicken Taco Salad 322 cal
 - 🥫 Seasoned Black Beans 214 cal
 - 🥗 House Side Salad 67 cal
 - 🍷 Applesauce: All Flavors 50 cal

- 30**
- 🍔 Cheeseburger 370 cal
 - 🐟 Fish Fillet Sandwich 385 cal
 - 🥗 Chopped Cobb Salad
 - 🥞 Foccacia Flatbread 300 cal
 - 🥣 Marinara Dip Cup 40 cal
 - 🧀 Shredded Mozzarella Cheese
 - 🍖 Turkey Pepperoni Slices 32 cal
 - 🍪 Tater Tots
 - 🥗 Romaine and Tomato 13 cal
 - 🍹 Orange Cream Frozen Juice Cup 90 cal