



North Lakeland Elementary

Lunch · October 2026

**NORTH LAKELAND
ELEMENTARY**

Monday

Tuesday

Wednesday

Thursday

Friday

- 5**
- Cheese Pizza** 310 cal
 - Ranchero Pizza** 332 cal
 - Turkey Pepperoni Pizza** 310 cal
 - Breaded Chicken Caesar Salad** 266 cal
 - WG Mini Flatbread**
 - Peanut Butter Cup** 180 cal
 - Belly Bear Grahams** 130 cal
 - String Cheese, Mozzarella**
 - Colby Jack Cheese Stick**
 - Corn**
 - Cucumber Coins**
 - Red Apple Slices**

- 6**
- Chicken and Waffles E**
 - Club Sandwich-E/M** 314 cal
 - Chef Salad** 167 cal
 - Baked Beans** 28 cal
 - Garden Salad** 15 cal
 - Romaine and Tomato** 13 cal
 - Applesauce: All Flavors** 50 cal

- 7**
- Orange Chicken** 113 cal
 - Fortune Cookie**
 - Rice** 108 cal
 - Pizza Salad** 18 cal
 - String Cheese, Mozzarella**
 - Colby Jack Cheese Stick**
 - Pretzel Goldfish Crackers** 90 cal
 - Fruit & Yogurt Parfait** 244 cal
 - Broccoli**
 - Fresh Veggie Blend #2**
 - Red Apple Slices**

- 1**
- Chile Verde Chicken**
 - Cilantro Lime Rice**
 - PBJ Uncrustable** 300 cal
 - Grape**
 - Chicken Taco Salad** 322 cal
 - Seasoned Black Beans** 214 cal
 - House Side Salad** 67 cal
 - Applesauce: All Flavors** 50 cal

- 2**
- Cheeseburger** 370 cal
 - Fish Fillet Sandwich** 385 cal
 - Chopped Cobb Salad**
 - Foccacia Flatbread** 300 cal
 - Marinara Dip Cup** 40 cal
 - Shredded Mozzarella Cheese**
 - Turkey Pepperoni Slices** 32 cal
 - Tater Tots**
 - Romaine and Tomato** 13 cal
 - Frozen Fruit Cup** 80 cal

- 8**
- Meatball Marinara Elementary** 124 cal
 - Rotini Pasta**
 - Hot Rolls** 80 cal
 - PBJ Uncrustable** 300 cal
 - Grape**
 - Buffalo Chicken Chopped Salad** 144 cal
 - Roasted Zucchini** 20 cal
 - House Side Salad** 67 cal
 - Applesauce: All Flavors** 50 cal

- 9**
- Hot Italian Sub** 412 cal
 - Veggie Salad**
 - Foccacia Flatbread** 300 cal
 - Turkey Pepperoni Slices** 32 cal
 - Shredded Mozzarella Cheese**
 - Marinara Dip Cup** 40 cal
 - Sweet Potato Fries** 160 cal
 - Fresh Veggie Blend #3**
 - Red Apple Slices**

- 12**
- Meat Lover's Rolled Stromboli** 310 cal
 - Garlic French Bread** 356 cal
 - Pizza**
 - Marinara Dip Cup** 40 cal
 - Chicken Caesar Salad** 151 cal
 - Peanut Butter Cup** 180 cal
 - Colby Jack Cheese Stick**
 - String Cheese, Mozzarella**
 - WG Mini Flatbread**
 - Belly Bear Grahams** 130 cal
 - Fresh Veggie Blend #2**
 - Green Beans**
 - Red Apple Slices**
 - Carnival Cloud Fruit Salad** 88 cal

- 13**
- Circus BBQ Pulled Pork** 407 cal
 - Cookie**
 - Turkey and Cheese Croissant E/M** 347 cal
 - Chef Salad** 167 cal
 - California Blend**
 - Garden Salad** 15 cal
 - Applesauce: All Flavors** 50 cal

- 14**
- Acrobat Alfredo** 287 cal
 - Penne Pasta**
 - Garlic Knot** 180 cal
 - PBJ Uncrustable** 300 cal
 - Grape**
 - Chicken Taco Salad** 322 cal
 - House Side Salad** 67 cal
 - Parmesan Roasted Broccoli** 27 cal
 - Apple Slices**

- 15**
- Smashburger** 305 cal
 - Fruit Salad**
 - Turkey Pepperoni Slices** 32 cal
 - Shredded Mozzarella Cheese**
 - Foccacia Flatbread** 300 cal
 - Marinara Dip Cup** 40 cal
 - Whole Grain Onion Rings** 180 cal
 - French Fries** 150 cal
 - Romaine and Tomato** 13 cal
 - Rainbow Johnny Pops** 12 cal
 - Applesauce**

No menu published

- 19**
- Ranchero Pizza** 332 cal
 - Cheese Pizza** 310 cal
 - Turkey Pepperoni Pizza** 310 cal
 - Breaded Chicken Caesar Salad** 266 cal
 - WG Mini Flatbread**
 - Peanut Butter Cup** 180 cal
 - Belly Bear Grahams** 130 cal
 - Colby Jack Cheese Stick**
 - String Cheese, Mozzarella**
 - Broccoli**
 - Fresh Veggie Blend #2**
 - Red Apple Slices**

- 20**
- Mini Chicken Nuggets** 270 cal
 - Hot Rolls** 80 cal
 - Turkey Ham & Cheese Brioche Sandwich** 345 cal
 - Chef Salad** 167 cal
 - Baked Beans** 28 cal
 - Garden Salad** 15 cal
 - Applesauce: All Flavors** 50 cal

- 21**
- Mini Chicken Corn Dogs** 260 cal
 - Pizza Salad** 18 cal
 - Mango Pineapple Yogurt Smoothie** 164 cal
 - Cool Cow Strawberry Banana Smoothie** 120 cal
 - Colby Jack Cheese Stick**
 - String Cheese, Mozzarella**
 - Cheddar Goldfish** 100 cal
 - Crackers**
 - Oatmeal Chocolate Chip Bar** 140 cal
 - Corn**
 - Cucumber Coins**
 - Red Apple Slices**

- 22**
- Shepherd's Pie Beef** 89 cal
 - Garlic Knot** 180 cal
 - Homestyle Mashed Potatoes** 140 cal
 - Shredded Mild Cheddar Cheese** 110 cal
 - PBJ Uncrustable** 300 cal
 - Grape**
 - Smucker's Peanut Butter & Chocolate** 300 cal
 - Buffalo Chicken Chopped Salad** 144 cal
 - Steamed Peas and Carrots** 50 cal
 - House Side Salad** 67 cal
 - Applesauce: All Flavors** 50 cal

- 23**
- Chicken Patty Sandwich**
 - Veggie Salad**
 - Foccacia Flatbread** 300 cal
 - Marinara Dip Cup** 40 cal
 - Shredded Mozzarella Cheese**
 - Turkey Pepperoni Slices** 32 cal
 - Sweet Potato Fries** 180 cal
 - Fresh Veggie Blend #3**
 - Frozen Juice Cup**

- 26**
- Mini Cheese Calzones** 330 cal
 - Marinara Dip Cup** 40 cal
 - Breaded Chicken Caesar Salad** 266 cal
 - WG Mini Flatbread**
 - Peanut Butter Cup** 180 cal
 - String Cheese, Mozzarella**
 - Belly Bear Grahams** 130 cal
 - WG Mini Flatbread**
 - Colby Jack Cheese Stick**
 - Broccoli**
 - Fresh Veggie Blend #2**
 - Red Apple Slices**

- 27**
- Signature Beef Sloppy Joe Meat** 145 cal
 - Tortilla Chips**
 - Double Chocolate Brownie** 199 cal
 - Turkey and Cheese Croissant E/M** 347 cal
 - Chef Salad** 167 cal
 - Steamed Carrots**
 - Garden Salad** 15 cal
 - Applesauce: All Flavors** 50 cal

- 28**
- Meatball Sub** 329 cal
 - Pizza Salad** 18 cal
 - Vanilla Yogurt Cup** 90 cal
 - Strawberry Yogurt Cup** 90 cal
 - String Cheese, Mozzarella**
 - Colby Jack Cheese Stick**
 - Banana Mini Muffin** 160 cal
 - Chocolate Granola** 130 cal
 - Cinnamon Granola** 120 cal
 - Green Beans**
 - Cucumber Coins**
 - Red Apple Slices**

- 29**
- Chile Verde Chicken**
 - Cilantro Lime Rice** 300 cal
 - PBJ Uncrustable** 300 cal
 - Grape**
 - Chicken Taco Salad** 322 cal
 - Seasoned Black Beans** 214 cal
 - House Side Salad** 67 cal
 - Applesauce: All Flavors** 50 cal

- 30**
- Cheeseburger** 370 cal
 - Fish Fillet Sandwich** 385 cal
 - Chopped Cobb Salad**
 - Foccacia Flatbread** 300 cal
 - Marinara Dip Cup** 40 cal
 - Shredded Mozzarella Cheese**
 - Turkey Pepperoni Slices** 32 cal
 - Tater Tots**
 - Romaine and Tomato** 13 cal
 - Orange Cream Frozen Juice Cup** 90 cal