



Lakeland Montessori

Lunch · October 2026

Monday**Tuesday****Wednesday****Thursday****Friday**

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- 🍕 **Cheese Pizza** 310 cal
 - 🍕 **Ranchero Pizza** 332 cal
 - 🍕 **Turkey Pepperoni Pizza** 310 cal
 - 🥗 **Breaded Chicken Caesar Salad** 266 cal
 - 🍞 **WG Mini Flatbread**
 - 🥥 **Peanut Butter Cup** 180 cal
 - 🍪 **Belly Bear Grahams** 130 cal
 - 🧀 **String Cheese, Mozzarella**
 - 🥩 **Colby Jack Cheese Stick**
 - 🌽 **Corn**
 - 🥒 **Cucumber Coins**
 - 🍏 **Red Apple Slices**

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- 🍗 **Chicken and Waffles E**
 - 🥪 **Club Sandwich-E/M** 314 cal
 - 🥗 **Chef Salad** 167 cal
 - 🥫 **Baked Beans** 28 cal
 - 🥗 **Garden Salad** 15 cal
 - 🍅 **Romaine and Tomato** 13 cal
 - 🍷 **Applesauce: All Flavors** 50 cal

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- 🍗 **Orange Chicken** 113 cal
 - 🍪 **Fortune Cookie**
 - 🍚 **Rice** 108 cal
 - 🍕 **Pizza Salad** 18 cal
 - 🧀 **String Cheese, Mozzarella**
 - 🥩 **Colby Jack Cheese Stick**
 - 🐟 **Pretzel Goldfish Crackers** 90 cal
 - 🥥 **Fruit & Yogurt Parfait** 244 cal
 - 🥦 **Broccoli**
 - 🥕 **Fresh Veggie Blend #2**
 - 🍏 **Red Apple Slices**

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- 🍖 **Meatball Marinara Elementary** 124 cal
 - 🍝 **Rotini Pasta**
 - 🥞 **Hot Rolls** 80 cal
 - 🍞 **PBJ Uncrustable** 300 cal
 - 🍇 **Grape**
 - 🥗 **Buffalo Chicken Chopped Salad** 144 cal
 - 🥒 **Roasted Zucchini** 20 cal
 - 🥗 **House Side Salad** 67 cal
 - 🍷 **Applesauce: All Flavors** 50 cal

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- 🍔 **Hot Italian Sub** 412 cal
 - 🥗 **Veggie Salad**
 - 🍞 **Foccacia Flatbread** 300 cal
 - 🍖 **Turkey Pepperoni Slices** 32 cal
 - 🧀 **Shredded Mozzarella Cheese**
 - 🥫 **Marinara Dip Cup** 40 cal
 - 🍟 **Sweet Potato Fries** 160 cal
 - 🥕 **Fresh Veggie Blend #3**
 - 🍏 **Red Apple Slices**

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- 🍖 **Meat Lover's Rolled Stromboli** 310 cal
 - 🍞 **Garlic French Bread** 356 cal
 - 🍕 **Pizza**
 - 🥫 **Marinara Dip Cup** 40 cal
 - 🥗 **Chicken Caesar Salad** 151 cal
 - 🥥 **Peanut Butter Cup** 180 cal
 - 🥩 **Colby Jack Cheese Stick**
 - 🧀 **String Cheese, Mozzarella**
 - 🍞 **WG Mini Flatbread**
 - 🍪 **Belly Bear Grahams** 130 cal
 - 🥕 **Fresh Veggie Blend #2**
 - 🥫 **Green Beans**
 - 🍏 **Red Apple Slices**
 - 🍌 **Carnival Cloud Fruit Salad** 88 cal

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- 🍖 **Circus BBQ Pulled Pork** 407 cal
 - 🍪 **Cookie**
 - 🥪 **Turkey and Cheese Croissant E/M** 347 cal
 - 🥗 **Chef Salad** 167 cal
 - 🥗 **California Blend**
 - 🥗 **Garden Salad** 15 cal
 - 🍷 **Applesauce: All Flavors** 50 cal

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- 🍝 **Acrobat Alfredo** 287 cal
 - 🍝 **Penne Pasta**
 - 🍪 **Garlic Knot** 180 cal
 - 🍞 **PBJ Uncrustable** 300 cal
 - 🍇 **Grape**
 - 🥩 **Chicken Taco Salad** 322 cal
 - 🥗 **House Side Salad** 67 cal
 - 🥫 **Parmesan Roasted Broccoli** 27 cal
 - 🍏 **Apple Slices**

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- 🍔 **Smashburger** 305 cal
 - 🥗 **Fruit Salad**
 - 🍖 **Turkey Pepperoni Slices** 32 cal
 - 🧀 **Shredded Mozzarella Cheese**
 - 🍞 **Foccacia Flatbread** 300 cal
 - 🥫 **Marinara Dip Cup** 40 cal
 - 🍌 **Whole Grain Onion Rings** 180 cal
 - 🍟 **French Fries** 150 cal
 - 🥒 **Romaine and Tomato** 13 cal
 - 🍭 **Rainbow Johnny Pops** 12 cal
 - 🍷 **Applesauce**

No menu published

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- 🍕 **Ranchero Pizza** 332 cal
 - 🍕 **Cheese Pizza** 310 cal
 - 🍕 **Turkey Pepperoni Pizza** 310 cal
 - 🥗 **Breaded Chicken Caesar Salad** 266 cal
 - 🥥 **Peanut Butter Cup** 180 cal
 - 🍞 **WG Mini Flatbread**
 - 🍪 **Belly Bear Grahams** 130 cal
 - 🧀 **Colby Jack Cheese Stick**
 - 🧀 **String Cheese, Mozzarella**
 - 🥦 **Broccoli**
 - 🥕 **Fresh Veggie Blend #2**
 - 🍏 **Red Apple Slices**

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- 🍗 **Mini Chicken Nuggets** 270 cal
 - 🥞 **Hot Rolls** 80 cal
 - 🥪 **Turkey Ham & Cheese Brioche Sandwich** 345 cal
 - 🥗 **Chef Salad** 167 cal
 - 🥫 **Baked Beans** 28 cal
 - 🥗 **Garden Salad** 15 cal
 - 🍷 **Applesauce: All Flavors** 50 cal

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- 🍗 **Mini Chicken Corn Dogs** 260 cal
 - 🍕 **Pizza Salad** 18 cal
 - 🥤 **Mango Pineapple Yogurt Smoothie** 164 cal
 - 🥤 **Cool Cow Strawberry Banana Smoothie** 120 cal
 - 🥩 **Colby Jack Cheese Stick**
 - 🧀 **String Cheese, Mozzarella**
 - 🐟 **Cheddar Goldfish** 100 cal
 - 🍪 **Crackers**
 - 🍫 **Oatmeal Chocolate Chip Bar** 140 cal
 - 🌽 **Corn**
 - 🥒 **Cucumber Coins**
 - 🍏 **Red Apple Slices**

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- 🍖 **Shepherd's Pie Beef** 89 cal
 - 🍪 **Garlic Knot** 180 cal
 - 🥔 **Homestyle Mashed Potatoes** 140 cal
 - 🧀 **Shredded Mild Cheddar Cheese** 110 cal
 - 🍞 **PBJ Uncrustable** 300 cal
 - 🍇 **Grape**
 - 🥫 **Smucker's Peanut Butter & Chocolate** 300 cal
 - 🥗 **Buffalo Chicken Chopped Salad** 144 cal
 - 🥕 **Steamed Peas and Carrots** 50 cal
 - 🥗 **House Side Salad** 67 cal
 - 🍷 **Applesauce: All Flavors** 50 cal

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- 🍔 **Chicken Patty Sandwich**
 - 🥗 **Veggie Salad**
 - 🍞 **Foccacia Flatbread** 300 cal
 - 🥫 **Marinara Dip Cup** 40 cal
 - 🧀 **Shredded Mozzarella Cheese**
 - 🍖 **Turkey Pepperoni Slices** 32 cal
 - 🍟 **Sweet Potato Fries** 180 cal
 - 🥕 **Fresh Veggie Blend #3**
 - 🍹 **Frozen Juice Cup**

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- 🧀 **Mini Cheese Calzones** 330 cal
 - 🥫 **Marinara Dip Cup** 40 cal
 - 🥗 **Breaded Chicken Caesar Salad** 266 cal
 - 🥥 **Peanut Butter Cup** 180 cal
 - 🧀 **String Cheese, Mozzarella**
 - 🍞 **WG Mini Flatbread** 130 cal
 - 🥩 **Colby Jack Cheese Stick**
 - 🥦 **Broccoli**
 - 🥕 **Fresh Veggie Blend #2**
 - 🍏 **Red Apple Slices**

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- 🍖 **Signature Beef Sloppy Joe Meat** 145 cal
 - 🍟 **Tortilla Chips**
 - 🍪 **Double Chocolate Brownie** 199 cal
 - 🥪 **Turkey and Cheese Croissant E/M** 347 cal
 - 🥗 **Chef Salad** 167 cal
 - 🥕 **Steamed Carrots**
 - 🥗 **Garden Salad** 15 cal
 - 🍷 **Applesauce: All Flavors** 50 cal

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- 🍔 **Meatball Sub** 329 cal
 - 🍕 **Pizza Salad** 18 cal
 - 🥤 **Vanilla Yogurt Cup** 90 cal
 - 🥤 **Strawberry Yogurt Cup** 90 cal
 - 🧀 **String Cheese, Mozzarella**
 - 🥩 **Colby Jack Cheese Stick**
 - 🍞 **Banana Mini Muffin** 160 cal
 - 🍫 **Chocolate Granola** 130 cal
 - 🥕 **Cinnamon Granola** 120 cal
 - 🥫 **Green Beans**
 - 🥒 **Cucumber Coins**
 - 🍏 **Red Apple Slices**

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- 🍗 **Chile Verde Chicken**
 - 🍚 **Cilantro Lime Rice** 300 cal
 - 🍞 **PBJ Uncrustable** 300 cal
 - 🍇 **Grape**
 - 🥩 **Chicken Taco Salad** 322 cal
 - 🥫 **Seasoned Black Beans** 214 cal
 - 🥗 **House Side Salad** 67 cal
 - 🍷 **Applesauce: All Flavors** 50 cal

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- 🍔 **Cheeseburger** 370 cal
 - 🐟 **Fish Fillet Sandwich** 385 cal
 - 🥗 **Chopped Cobb Salad**
 - 🍞 **Foccacia Flatbread** 300 cal
 - 🥫 **Marinara Dip Cup** 40 cal
 - 🧀 **Shredded Mozzarella Cheese**
 - 🍖 **Turkey Pepperoni Slices** 32 cal
 - 🍪 **Tater Tots**
 - 🥒 **Romaine and Tomato** 13 cal
 - 🍹 **Orange Cream Frozen Juice Cup** 90 cal