



Lakeland Montessori

Breakfast · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

WG Blueberry Flavored Mini Pancakes ★5
WG Maple Flavored Mini Pancakes

Breakfast Calzone ★6 180 cal

French Toast Bites ★7 270 cal

Muffin Bites ★1 360 cal
Breakfast Fruit Salad 57 cal

Pizza Bagel ★2 225 cal

Omelet with Colby Cheese ★12 120 cal
WGR Cinnamon Swirl Bread 80 cal

Snack'n Cosmic Waffle ★13 250 cal
Snack'n Waffles Buttery Maple
Snack'n Waffles Sweet Cinnamon
Snack'n Waffles Wild Blueberry

Pancake Wrap ★14 200 cal

Sunrise Bites-Maple ★15 120 cal
Sweet Puffs 230 cal
Whipped Topping

No menu published ★16

WG Blueberry Flavored Mini Pancakes ★19
WG Maple Flavored Mini Pancakes
Apple
Banana
Fresh Navel Orange
Fresh Strawberries 69 cal
Grapes, Fresh
Cantaloupe
Honeydew
Watermelon 61 cal
Kiwi, Fresh 57 cal
Pear, Fresh 57 cal
Apple Juice 60 cal
Grape Juice 80 cal
100% Orange Juice 60 cal
Apple Cherry Juice 104 cal
Strawberry Kiwi Juice

Three Cheese Egg Bite ★20 90 cal
WGR Cinnamon Swirl Bread 80 cal
Apple
Fresh Navel Orange
Grapes, Fresh 69 cal
Fresh Strawberries
Cantaloupe
Honeydew
Watermelon
Kiwi, Fresh 61 cal
Pear, Fresh 57 cal
Pineapple Tidbits 60 cal
Pineapple Chunks

WG French Toast Sticks ★21 250 cal
Apple
Fresh Navel Orange
Grapes, Fresh 69 cal
Fresh Strawberries
Cantaloupe
Honeydew
Watermelon
Kiwi, Fresh 61 cal
Pear, Fresh 57 cal
Apple Juice 60 cal
Grape Juice 80 cal
100% Orange Juice 60 cal
Apple Cherry Juice 104 cal
Strawberry Kiwi Juice

Chicken and Waffle Sandwich ★22
Apple
Fresh Navel Orange
Grapes, Fresh 69 cal
Fresh Strawberries
Cantaloupe
Honeydew
Watermelon
Kiwi, Fresh 61 cal
Pear, Fresh 57 cal
Pineapple Tidbits 60 cal
Pineapple Chunks

Cinnamon Roll ★23 250 cal
Apple
Fresh Navel Orange
Grapes, Fresh 69 cal
Fresh Strawberries
Cantaloupe
Honeydew
Watermelon
Kiwi, Fresh 61 cal
Pear, Fresh 57 cal
Apple Juice 60 cal
Grape Juice 80 cal
100% Orange Juice 60 cal
Apple Cherry Juice 104 cal
Strawberry Kiwi Juice

Egg Scrambler ★26 230 cal
Apple
Banana 89 cal
Fresh Navel Orange
Grapes, Fresh 69 cal
Fresh Strawberries
Cantaloupe
Honeydew
Watermelon
Kiwi, Fresh 61 cal
Pear, Fresh 57 cal
Apple Juice 60 cal
Grape Juice 80 cal
100% Orange Juice 60 cal
Apple Cherry Juice 104 cal
Strawberry Kiwi Juice

Snack'n Cosmic Waffle ★27 250 cal
Snack'n Waffles Buttery Maple
Snack'n Waffles Sweet Cinnamon
Snack'n Waffles Wild Blueberry
Apple
Fresh Navel Orange
Grapes, Fresh 69 cal
Fresh Strawberries
Cantaloupe
Honeydew
Watermelon
Kiwi, Fresh 61 cal
Pear, Fresh 57 cal
Pineapple Tidbits 60 cal
Pineapple Chunks

Stuffed Bagel ★28 170 cal
Apple
Fresh Navel Orange
Grapes, Fresh 69 cal
Fresh Strawberries
Cantaloupe
Honeydew
Watermelon
Kiwi, Fresh 61 cal
Pear, Fresh 57 cal
Apple Juice 60 cal
Grape Juice 80 cal
100% Orange Juice 60 cal
Apple Cherry Juice 104 cal
Strawberry Kiwi Juice

Muffin Bites ★29 360 cal
Breakfast Fruit Salad 57 cal
Apple
Fresh Navel Orange
Grapes, Fresh 69 cal
Fresh Strawberries
Cantaloupe
Honeydew
Watermelon
Kiwi, Fresh 61 cal
Pear, Fresh 57 cal
Pineapple Tidbits 60 cal
Pineapple Chunks

Pizza Bagel ★30 225 cal
Apple
Fresh Navel Orange
Grapes, Fresh 69 cal
Fresh Strawberries
Cantaloupe
Honeydew
Watermelon
Kiwi, Fresh 61 cal
Pear, Fresh 57 cal
Apple Juice 60 cal
Grape Juice 80 cal
100% Orange Juice 60 cal
Apple Cherry Juice 104 cal
Strawberry Kiwi Juice