



Lake Alfred Polytech Academy



Breakfast · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

WG Blueberry Flavored Mini Pancakes
WG Maple Flavored Mini Pancakes

Breakfast Calzone

French Toast Bites
Strawberry Yogurt Cup
Vanilla Yogurt Cup

Muffin Bites
Breakfast Fruit Salad

Pizza Bagel

Omelet with Colby Cheese
Seasoned Mini Potato Pancakes
WGR Cinnamon Swirl Bread

Snack'n Cosmic Waffle
Snack'n Waffles Buttery Maple
Snack'n Waffles Sweet Cinnamon
Snack'n Waffles Wild Blueberry

Pancake Wrap

Sunrise Bites-Maple
Sweet Puffs
Whipped Topping

No menu published

WG Blueberry Flavored Mini Pancakes
WG Maple Flavored Mini Pancakes
Apple
Banana
Fresh Navel Orange
Grapes, Fresh
Kiwi, Fresh
Fresh Strawberries
Cantaloupe
Honeydew
Watermelon
Pear, Fresh
Apple Juice
Grape Juice
100% Orange Juice
Apple Cherry Juice
Strawberry Kiwi Juice

Three Cheese Egg Bite
WGR Cinnamon Swirl Bread
Apple
Banana
Fresh Navel Orange
Grapes, Fresh
Kiwi, Fresh
Fresh Strawberries
Cantaloupe
Honeydew
Watermelon
Pear, Fresh
Pineapple Tidbits
Pineapple Chunks

Bagel
Cream Cheese Cups
Apple
Banana
Fresh Navel Orange
Grapes, Fresh
Kiwi, Fresh
Fresh Strawberries
Cantaloupe
Honeydew
Watermelon
Pear, Fresh
Apple Juice
Grape Juice
100% Orange Juice
Apple Cherry Juice
Strawberry Kiwi Juice

Chicken and Waffle Sandwich
Apple
Banana
Fresh Navel Orange
Grapes, Fresh
Kiwi, Fresh
Fresh Strawberries
Cantaloupe
Honeydew
Watermelon
Pear, Fresh
Pineapple Tidbits
Pineapple Chunks

Cinnamon Roll
Apple
Banana
Fresh Navel Orange
Grapes, Fresh
Kiwi, Fresh
Fresh Strawberries
Cantaloupe
Honeydew
Watermelon
Pear, Fresh
Apple Juice
100% Orange Juice
Grape Juice
Apple Cherry Juice
Strawberry Kiwi Juice

Egg Scrambler
Apple
Banana
Fresh Navel Orange
Grapes, Fresh
Fresh Strawberries
Kiwi, Fresh
Watermelon
Cantaloupe
Honeydew
Pear, Fresh
Apple Juice
100% Orange Juice
Grape Juice
Apple Cherry Juice
Strawberry Kiwi Juice

Snack'n Cosmic Waffle
Snack'n Waffles Buttery Maple
Snack'n Waffles Sweet Cinnamon
Snack'n Waffles Wild Blueberry
Apple
Banana
Fresh Navel Orange
Grapes, Fresh
Fresh Strawberries
Kiwi, Fresh
Watermelon
Cantaloupe
Honeydew
Pear, Fresh
Pineapple Tidbits
Pineapple Chunks

Turkey Sausage and Cheese Croissant
Apple
Banana
Fresh Navel Orange
Grapes, Fresh
Fresh Strawberries
Kiwi, Fresh
Watermelon
Cantaloupe
Honeydew
Pear, Fresh
Apple Juice
100% Orange Juice
Grape Juice
Apple Cherry Juice
Strawberry Kiwi Juice

Muffin Bites
Breakfast Fruit Salad
Apple
Banana
Fresh Navel Orange
Grapes, Fresh
Fresh Strawberries
Kiwi, Fresh
Watermelon
Cantaloupe
Honeydew
Pear, Fresh
Pineapple Tidbits
Pineapple Chunks

Pizza Bagel
Apple
Banana
Fresh Navel Orange
Grapes, Fresh
Fresh Strawberries
Kiwi, Fresh
Cantaloupe
Watermelon
Honeydew
Pear, Fresh
Apple Juice
100% Orange Juice
Grape Juice
Apple Cherry Juice
Strawberry Kiwi Juice