



Jewett School of the Arts (K-5)

Breakfast · October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 - Muffin Bites 360 cal - Breakfast Fruit Salad 57 cal	2 Pizza Bagel 225 cal
5 - WG Blueberry Flavored Mini Pancakes - WG Maple Flavored Mini Pancakes	6 Breakfast Calzone 180 cal	7 French Toast Bites 270 cal	8 Minion Burrito 210 cal	9 - Nature Valley Soft Oatmeal Round Banana Chocolate Chip 270 cal - String Cheese, Mozzarella - Colby Jack Cheese Stick
12 - Omelet with Colby Cheese 120 cal - WGR Cinnamon Swirl Bread 80 cal	13 - Snack'n Cosmic Waffle 250 cal - Snack'n Waffles Buttery Maple - Snack'n Waffles Sweet Cinnamon - Snack'n Waffles Wild Blueberry	14 Pancake Wrap 200 cal	15 - Sunrise Bites-Maple 120 cal - Sweet Puffs 230 cal - Whipped Topping	16 No menu published
19 - WG Blueberry Flavored Mini Pancakes - WG Maple Flavored Mini Pancakes - Apple - Banana - Fresh Navel Orange - Fresh Strawberries - Grapes, Fresh 69 cal - Cantaloupe - Honeydew - Watermelon - Kiwi, Fresh 61 cal - Pear, Fresh 57 cal - Apple Juice 60 cal - Grape Juice 80 cal 100% Orange Juice 60 cal - Apple Cherry Juice 104 cal - Strawberry Kiwi Juice	20 - Three Cheese Egg Bite 90 cal - WGR Cinnamon Swirl Bread 80 cal - Apple - Fresh Navel Orange - Grapes, Fresh 69 cal - Fresh Strawberries - Cantaloupe - Honeydew - Watermelon - Kiwi, Fresh 61 cal - Pear, Fresh 57 cal - Pineapple Tidbits 60 cal - Pineapple Chunks	21 - WG French Toast Sticks 250 cal - Apple - Fresh Navel Orange - Grapes, Fresh 69 cal - Fresh Strawberries - Cantaloupe - Honeydew - Watermelon - Kiwi, Fresh 61 cal - Pear, Fresh 57 cal - Apple Juice 60 cal - Grape Juice 80 cal 100% Orange Juice 60 cal - Apple Cherry Juice 104 cal - Strawberry Kiwi Juice	22 - Chicken and Waffle Sandwich - Apple - Fresh Navel Orange - Grapes, Fresh 69 cal - Fresh Strawberries - Cantaloupe - Honeydew - Watermelon - Kiwi, Fresh 61 cal - Pear, Fresh 57 cal - Pineapple Tidbits 60 cal - Pineapple Chunks	23 - Cinnamon Roll 250 cal - Apple - Fresh Navel Orange - Grapes, Fresh 69 cal - Fresh Strawberries - Cantaloupe - Honeydew - Watermelon - Kiwi, Fresh 61 cal - Pear, Fresh 57 cal - Apple Juice 60 cal - Grape Juice 80 cal 100% Orange Juice 60 cal - Apple Cherry Juice 104 cal - Strawberry Kiwi Juice
26 - Egg Scrambler 230 cal - Apple - Banana - Fresh Navel Orange - Grapes, Fresh 69 cal - Fresh Strawberries - Cantaloupe - Honeydew - Watermelon - Kiwi, Fresh 61 cal - Pear, Fresh 57 cal - Apple Juice 60 cal - Grape Juice 80 cal 100% Orange Juice 60 cal - Apple Cherry Juice 104 cal - Strawberry Kiwi Juice	27 - Snack'n Cosmic Waffle 250 cal - Snack'n Waffles Buttery Maple - Snack'n Waffles Sweet Cinnamon - Snack'n Waffles Wild Blueberry - Apple - Fresh Navel Orange - Grapes, Fresh 69 cal - Fresh Strawberries - Cantaloupe - Honeydew - Watermelon - Kiwi, Fresh 61 cal - Pear, Fresh 57 cal - Pineapple Tidbits 60 cal - Pineapple Chunks	28 - Stuffed Bagel 170 cal - Apple - Fresh Navel Orange - Grapes, Fresh 69 cal - Fresh Strawberries - Cantaloupe - Honeydew - Watermelon - Kiwi, Fresh 61 cal - Pear, Fresh 57 cal - Apple Juice 60 cal - Grape Juice 80 cal 100% Orange Juice 60 cal - Apple Cherry Juice 104 cal - Strawberry Kiwi Juice	29 - Muffin Bites 360 cal - Breakfast Fruit Salad 57 cal - Apple - Fresh Navel Orange - Grapes, Fresh 69 cal - Fresh Strawberries - Cantaloupe - Honeydew - Watermelon - Kiwi, Fresh 61 cal - Pear, Fresh 57 cal - Pineapple Tidbits 60 cal - Pineapple Chunks	30 - Pizza Bagel 225 cal - Apple - Fresh Navel Orange - Grapes, Fresh 69 cal - Fresh Strawberries - Cantaloupe - Honeydew - Watermelon - Kiwi, Fresh 61 cal - Pear, Fresh 57 cal - Apple Juice 60 cal - Grape Juice 80 cal 100% Orange Juice 60 cal - Apple Cherry Juice 104 cal - Strawberry Kiwi Juice