



Eagle Lake Elementary

EAGLE LAKE
ELEMENTARY

Breakfast · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

5

- WG Maple Flavored Mini Pancakes**
- WG Blueberry Flavored Mini Pancakes
- WG Banana Muffin 270 cal
- WG Double Chocolate Chip Muffin Top 260 cal
- Colby Jack Cheese Stick
- String Cheese, Mozzarella

6

- Breakfast Calzone** 180 cal
- Cool Cow Strawberry Banana Smoothie 120 cal
- Cool Cow Peach Smoothie 110 cal
- Apple Cinnamon Bear Graham 120 cal
- Vanilla Bear Graham 120 cal
- Chocolate Bear Graham 110 cal
- Frozen Fruit Cup 80 cal

7

- WG Double Chocolate Chip Muffin Top** 260 cal
- WG Sweet Potato Chocolate Chip Muffin 260 cal
- WG Banana Muffin 270 cal
- Colby Jack Cheese Stick
- String Cheese, Mozzarella

8

- Cool Cow Strawberry Banana Smoothie** 120 cal
- Cool Cow Peach Smoothie 110 cal
- Stuffed Bagel 170 cal
- Apple Cinnamon Bear Graham 120 cal
- Chocolate Bear Graham 110 cal
- Vanilla Bear Graham 120 cal
- Frozen Fruit Cup 80 cal

9

- Cinnamon Toast Crunch Soft Bar** 260 cal
- WG Banana Muffin 270 cal
- WG Double Chocolate Chip Muffin Top 260 cal
- Colby Jack Cheese Stick
- String Cheese, Mozzarella

12

- Snack'n Waffles Buttery Maple**
- Snack'n Waffles Sweet Cinnamon
- Snack'n Waffles Wild Blueberry
- Snack'n Cosmic Waffle 250 cal
- WG Double Chocolate Chip Muffin Top 260 cal
- WG Banana Muffin 270 cal
- String Cheese, Mozzarella
- Colby Jack Cheese Stick

13

- Pancake Wrap** 200 cal
- Cool Cow Peach Smoothie 110 cal
- Cool Cow Strawberry Banana Smoothie 120 cal
- Apple Cinnamon Bear Graham 120 cal
- Chocolate Bear Graham 110 cal
- Vanilla Bear Graham 120 cal
- Fruit Cup

14

- WG Fruity Pancake Bowl, Peach** 230 cal
- WG Double Chocolate Chip Muffin Top 260 cal
- WG Banana Muffin 270 cal
- String Cheese, Mozzarella
- Colby Jack Cheese Stick

15

- Chicken and Waffle Sandwich**
- Cool Cow Peach Smoothie 110 cal
- Cool Cow Strawberry Banana Smoothie 120 cal
- Apple Cinnamon Bear Graham 120 cal
- Chocolate Bear Graham 110 cal
- Vanilla Bear Graham 120 cal
- Fruit Cup

16

No menu published

19

- WG Blueberry Flavored Mini Pancakes**
- WG Maple Flavored Mini Pancakes
- WG Double Chocolate Chip Muffin Top 260 cal
- WG Banana Muffin 270 cal
- String Cheese, Mozzarella
- Colby Jack Cheese Stick

20

- Bagel**
- Cream Cheese
- Cool Cow Peach Smoothie 110 cal
- Cool Cow Strawberry Banana Smoothie 120 cal
- Apple Cinnamon Bear Graham 120 cal
- Chocolate Bear Graham 110 cal
- Vanilla Bear Graham 120 cal
- Fruit Cup

21

- WG Double Chocolate Chip Muffin Top** 260 cal
- WG Sweet Potato Chocolate Chip Muffin 260 cal
- WG Banana Muffin 270 cal
- String Cheese, Mozzarella
- Colby Jack Cheese Stick

22

- Turkey Ham and Cheese Croissant** 185 cal
- Cool Cow Peach Smoothie 110 cal
- Cool Cow Strawberry Banana Smoothie 120 cal
- Apple Cinnamon Bear Graham 120 cal
- Chocolate Bear Graham 110 cal
- Vanilla Bear Graham 120 cal
- Fruit Cup

23

- Cinnamon Toast Crunch Soft Bar** 260 cal
- WG Double Chocolate Chip Muffin Top 260 cal
- WG Banana Muffin 270 cal
- String Cheese, Mozzarella
- Colby Jack Cheese Stick

26

- Nature Valley Soft Oatmeal Round Banana Chocolate Chip** 270 cal
- WG Double Chocolate Chip Muffin Top 260 cal
- WG Banana Muffin 270 cal
- String Cheese, Mozzarella
- Colby Jack Cheese Stick

27

- Pancake Wrap** 200 cal
- Cool Cow Peach Smoothie 110 cal
- Cool Cow Strawberry Banana Smoothie 120 cal
- Apple Cinnamon Bear Graham 120 cal
- Chocolate Bear Graham 110 cal
- Vanilla Bear Graham 120 cal
- Fruit Cup

28

- WG Fruity Pancake Bowl, Peach** 230 cal
- WG Double Chocolate Chip Muffin Top 260 cal
- WG Banana Muffin 270 cal
- String Cheese, Mozzarella
- Colby Jack Cheese Stick

29

- Chicken and Waffle Sandwich**
- Cool Cow Peach Smoothie 110 cal
- Cool Cow Strawberry Banana Smoothie 120 cal
- Apple Cinnamon Bear Graham 120 cal
- Chocolate Bear Graham 110 cal
- Vanilla Bear Graham 120 cal
- Fruit Cup

30

- Breakfast Pizza** 190 cal
- WG Double Chocolate Chip Muffin Top 260 cal
- WG Banana Muffin 270 cal
- String Cheese, Mozzarella
- Colby Jack Cheese Stick