



LUNCH OCTOBER 2026

Davenport High

Polk County Public Schools

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5	Cheese Pizza 310 cal
🍕 Ranchero Pizza	332 cal
🍕 Turkey Pepperoni Pizza	310 cal
🍕 Buffalo Chicken Pizza	367 cal
🍕 Supreme Pizza	367 cal
🍕 Breaded Chicken Caesar Salad	321 cal
🍕 Turkey and Cheese Croissant H	347 cal
🍕 Belly Bear Grahams	130 cal
🍕 Peanut Butter Cup	180 cal
🍕 String Cheese, Mozzarella	
🍕 WG Mini Flatbread	
🍕 Corn	
🍕 Cucumber Coins	
🍕 Red Apple Slices	

6	Chicken and Waffles HS/Adult
🍗 Chef Salad	223 cal
🍗 Club Sub	356 cal
🍗 Cheddar Goldfish Crackers	100 cal
🍗 Cool Cow Strawberry Banana Smoothie	120 cal
🍗 Mango Pineapple Yogurt Smoothie	164 cal
🍗 Oatmeal Chocolate Chip Bar	140 cal
🍗 String Cheese, Mozzarella	
🍗 Baked Beans	28 cal
🍗 Garden Salad	15 cal
🍗 Applesauce: All Flavors	50 cal

7	Fortune Cookie
🍪 Orange Chicken	150 cal
🍪 Rice	108 cal
🍪 Italian Wrap	355 cal
🍪 Pizza Salad	185 cal
🍪 Chocolate Granola	120 cal
🍪 Cinnamon Granola	120 cal
🍪 Fruit & Yogurt Parfait	244 cal
🍪 Pretzel Goldfish Crackers	90 cal
🍪 String Cheese, Mozzarella	
🍪 Broccoli	
🍪 Fresh Veggie Blend #2	
🍪 Red Apple Slices	

8	Meatball Marinara High School 187 cal
🍝 Rotini Pasta	
🍝 Hot Rolls	80 cal
🍝 Buffalo Chicken Chopped Salad	226 cal
🍝 PBJ Uncrustable	
🍝 Jack Link's Jerky	80 cal
🍝 Banana Mini Muffin	160 cal
🍝 Pretzel Goldfish Crackers	90 cal
🍝 Roasted Zucchini	20 cal
🍝 House Side Salad	67 cal
🍝 Applesauce: All Flavors	50 cal

9	Chicken Tender Sub 519 cal
🍗 Turkey BLT Wrap	365 cal
🍗 Veggie Salad	
🍗 Marinara Dip Cup	40 cal
🍗 Focaccia Flatbread	300 cal
🍗 Shredded Mozzarella Cheese	
🍗 Turkey Pepperoni Slices	32 cal
🍗 Sweet Potato Fries	180 cal
🍗 Fresh Veggie Blend #3	
🍗 Frozen Juice Cup	

12	Meat Lover's Rolled Stromboli 310 cal
🍕 Garlic French Bread Pizza	356 cal
🍕 Dave's Detroit Style Pizza Cheese & Pepperoni	360 cal
🍕 Chicken Caesar Salad	151 cal
🍕 Turkey and Cheese Croissant H	347 cal
🍕 String Cheese, Mozzarella	
🍕 Peanut Butter Cup	180 cal
🍕 Belly Bear Grahams	130 cal
🍕 WG Mini Flatbread	
🍕 Green Beans	
🍕 Fresh Veggie Blend #2	
🍕 Red Apple Slices	
🍕 Carnival Cloud Fruit Salad	88 cal

13	Circus BBQ Pulled Pork 407 cal
🍗 Cookie	
🍗 Chef Salad	223 cal
🍗 Turkey Ham & Cheese Brioche Sandwich	345 cal
🍗 Marinara Dip Cup	40 cal
🍗 Shredded Mozzarella Cheese	
🍗 Turkey Pepperoni Slices	32 cal
🍗 Focaccia Flatbread	300 cal
🍗 California Blend	
🍗 Garden Salad	15 cal
🍗 Applesauce: All Flavors	50 cal

14	Acrobat Alfredo 287 cal
🍝 Garlic Knot	180 cal
🍝 Penne Pasta	
🍝 Chicken Taco Salad	325 cal
🍝 PBJ Uncrustable	
🍝 Cheddar Goldfish Crackers	100 cal
🍝 Cool Cow Strawberry Banana Smoothie	120 cal
🍝 Mango Pineapple Yogurt Smoothie	164 cal
🍝 Oatmeal Chocolate Chip Bar	140 cal
🍝 String Cheese, Mozzarella	
🍝 House Side Salad	67 cal
🍝 Parmesan Roasted Broccoli	27 cal
🍝 Apple Slices	

15	Smashburger 305 cal
🍔 Buffalo Chicken Wrap	350 cal
🍔 Fruit Salad	
🍔 Banana Mini Muffin	160 cal
🍔 Loaf	
🍔 Jack Link's Jerky	80 cal
🍔 Pretzel Goldfish Crackers	90 cal
🍔 French Fries	150 cal
🍔 Romaine and Tomato	13 cal
🍔 Whole Grain Onion Rings	180 cal
🍔 Rainbow Johnny Pops	12 cal
🍔 Applesauce	

No menu published

19	Mini Cheese Calzones 330 cal
🍕 Marinara Dip Cup	40 cal
🍕 Breaded Chicken Caesar Salad	321 cal
🍕 Turkey and Cheese Croissant H	347 cal
🍕 Belly Bear Grahams	130 cal
🍕 Peanut Butter Cup	180 cal
🍕 String Cheese, Mozzarella	
🍕 WG Mini Flatbread	
🍕 Broccoli	
🍕 Fresh Veggie Blend #2	
🍕 Red Apple Slices	

20	Boneless Chicken Wings 350 cal
🍗 Hot Rolls	80 cal
🍗 Chef Salad	223 cal
🍗 Club Sub	356 cal
🍗 Mango Pineapple Yogurt Smoothie	164 cal
🍗 Cool Cow Strawberry Banana Smoothie	120 cal
🍗 String Cheese, Mozzarella	
🍗 Cheddar Goldfish Crackers	100 cal
🍗 Oatmeal Chocolate Chip Bar	140 cal
🍗 Curly Fries	90 cal
🍗 Garden Salad	15 cal
🍗 Applesauce: All Flavors	50 cal

21	Honey Pork BBQ Sandwich 410 cal
🍔 Italian Wrap	355 cal
🍔 Pizza Salad	185 cal
🍔 Chocolate Granola	130 cal
🍔 Cinnamon Granola	120 cal
🍔 Fruit & Yogurt Parfait	244 cal
🍔 Pretzel Goldfish Crackers	90 cal
🍔 String Cheese, Mozzarella	
🍔 Cucumber Coins	
🍔 Baked Beans	28 cal
🍔 Red Apple Slices	

22	Chicken Taco Meat 130 cal
🍕 Celebration Cookie	140 cal
🍕 Smucker's Peanut Butter & Chocolate	300 cal
🍕 PBJ Uncrustable	
🍕 Buffalo Chicken Chopped Salad	226 cal
🍕 Jack Link's Jerky	80 cal
🍕 Banana Mini Muffin	160 cal
🍕 Loaf	
🍕 Pretzel Goldfish Crackers	90 cal
🍕 House Side Salad	67 cal
🍕 Fresh Green Beans	
🍕 Applesauce: All Flavors	50 cal

23	Turkey BLT 395 cal
🍗 Turkey BLT Wrap	365 cal
🍗 Veggie Salad	
🍗 Marinara Dip Cup	40 cal
🍗 Shredded Mozzarella Cheese	
🍗 Turkey Pepperoni Slices	32 cal
🍗 Focaccia Flatbread	300 cal
🍗 Sweet Potato Fries	160 cal
🍗 Fresh Veggie Blend #3	
🍗 Frozen Juice Cup	

26	Marinara Dip Cup 40 cal
🍕 Pizza Crunchers	430 cal
🍕 Breaded Chicken Caesar Salad	321 cal
🍕 Turkey and Cheese Croissant H	347 cal
🍕 Peanut Butter Cup	180 cal
🍕 WG Mini Flatbread	
🍕 Belly Bear Grahams	130 cal
🍕 String Cheese, Mozzarella	
🍕 Broccoli	
🍕 Fresh Veggie Blend #2	
🍕 Red Apple Slices	

27	Chile Verde Chicken
🍗 Cilantro Lime Rice	
🍗 Double Chocolate Brownie	199 cal
🍗 Turkey Ham & Cheese Brioche Sandwich	345 cal
🍗 Chef Salad	223 cal
🍗 Marinara Dip Cup	40 cal
🍗 Shredded Mozzarella Cheese	
🍗 Focaccia Flatbread	300 cal
🍗 Turkey Pepperoni Slices	32 cal
🍗 Seasoned Black Beans	214 cal
🍗 Garden Salad	15 cal
🍗 Applesauce: All Flavors	50 cal

28	Hot Italian Sub 412 cal
🍔 Buffalo Chicken Wrap	350 cal
🍔 Fruit Salad	
🍔 Mango Pineapple Yogurt Smoothie	164 cal
🍔 Cool Cow Strawberry Banana Smoothie	120 cal
🍔 String Cheese, Mozzarella	
🍔 Cheddar Goldfish Crackers	100 cal
🍔 Oatmeal Chocolate Chip Bar	140 cal
🍔 Cucumber Coins	
🍔 Green Beans	
🍔 Red Apple Slices	

29	Chicken Buffalo Macaroni and Cheese 442 cal
🍝 PBJ Uncrustable	
🍝 Chicken Taco Salad	325 cal
🍝 Jack Link's Jerky	80 cal
🍝 Banana Mini Muffin	160 cal
🍝 Loaf	
🍝 Pretzel Goldfish Crackers	90 cal
🍝 Steamed Peas and Carrots	50 cal
🍝 House Side Salad	67 cal
🍝 Applesauce: All Flavors	50 cal

30	Mini Chicken Corn Dogs 260 cal
🍗 Fish Fillet Sandwich	385 cal
🍗 Turkey BLT Wrap	365 cal
🍗 Chopped Cobb Salad	
🍗 Strawberry Yogurt Cup	90 cal
🍗 Vanilla Yogurt Cup	90 cal
🍗 String Cheese, Mozzarella	
🍗 Cinnamon Granola	120 cal
🍗 Chocolate Granola	130 cal
🍗 Banana Mini Muffin	160 cal
🍗 Loaf	
🍗 Tater Tots	
🍗 Romaine and Tomato	13 cal
🍗 Orange Cream Frozen Juice Cup	90 cal

EVERY DAY

🍌 Colby Jack Cheese Stick

Menu subject to change.