



Bartow Senior High

Lunch · October 2026



Monday

Tuesday

Wednesday

Thursday

Friday

- 5**
- 🍕 Cheese Pizza 310 cal
 - 🍕 Ranchero Pizza 332 cal
 - 🍕 Turkey Pepperoni Pizza 310 cal
 - 🍕 Buffalo Chicken Pizza
 - 🍕 Supreme Pizza 367 cal
 - 🍕 Breaded Chicken Caesar Salad 321 cal
 - 🍕 Turkey and Cheese Croissant H 347 cal
 - 🍌 Belly Bear Grahams 130 cal
 - 🥛 Peanut Butter Cup 180 cal
 - 🥕 String Cheese, Mozzarella
 - 🍞 WG Mini Flatbread
 - 🌽 Corn
 - 🥒 Cucumber Coins
 - 🍏 Red Apple Slices

- 6**
- 🍗 Chicken and Waffles HS/Adult
 - 🥗 Chef Salad 223 cal
 - 🍌 Club Sub 356 cal
 - 🐟 Cheddar Goldfish Crackers 100 cal
 - 🥤 Cool Cow Strawberry Banana Smoothie 120 cal
 - 🥤 Mango Pineapple Yogurt Smoothie 164 cal
 - 🍌 Oatmeal Chocolate Chip Bar 140 cal
 - 🍌 String Cheese, Mozzarella
 - 🥫 Baked Beans 28 cal
 - 🥗 Garden Salad 15 cal
 - 🍷 Applesauce: All Flavors 50 cal

- 7**
- 🍪 Fortune Cookie
 - 🍗 Orange Chicken 150 cal
 - 🍌 Rice 108 cal
 - 🍌 Italian Wrap 355 cal
 - 🍕 Pizza Salad 185 cal
 - 🍌 Chocolate Granola 130 cal
 - 🍌 Cinnamon Granola 120 cal
 - 🥤 Fruit & Yogurt Parfait 244 cal
 - 🍌 Pretzel Goldfish Crackers 90 cal
 - 🥕 String Cheese, Mozzarella
 - 🥦 Broccoli
 - 🥕 Fresh Veggie Blend #2
 - 🍏 Red Apple Slices

- 8**
- 🍗 Meatball Marinara High School 187 cal
 - 🍌 Rotini Pasta
 - 🍌 Hot Rolls 80 cal
 - 🍕 Buffalo Chicken Chopped Salad 226 cal
 - 🍌 PBJ Uncrustable
 - 🍌 Jack Link's Jerky 80 cal
 - 🍌 Banana Mini Muffin Loaf 160 cal
 - 🍌 Pretzel Goldfish Crackers 90 cal
 - 🥕 Roasted Zucchini 20 cal
 - 🥗 House Side Salad 67 cal
 - 🍷 Applesauce: All Flavors 50 cal

- 9**
- 🍗 Chicken Tender Sub 519 cal
 - 🍌 Turkey BLT Wrap 365 cal
 - 🥗 Veggie Salad
 - 🍌 Marinara Dip Cup 40 cal
 - 🍌 Focaccia Flatbread 300 cal
 - 🍌 Shredded Mozzarella Cheese
 - 🍌 Turkey Pepperoni Slices 32 cal
 - 🍌 Sweet Potato Fries 180 cal
 - 🥕 Fresh Veggie Blend #3
 - 🥤 Frozen Juice Cup

- 12**
- 🍗 Meat Lover's Rolled Stromboli 310 cal
 - 🍕 Garlic French Bread Pizza 356 cal
 - 🍕 Dave's Detroit Style Pizza Cheese & Pepperoni 360 cal
 - 🍕 Chicken Caesar Salad 151 cal
 - 🍕 Turkey and Cheese Croissant H 347 cal
 - 🥕 String Cheese, Mozzarella
 - 🥛 Peanut Butter Cup 180 cal
 - 🍌 Belly Bear Grahams 130 cal
 - 🍞 WG Mini Flatbread
 - 🥕 Green Beans
 - 🥕 Fresh Veggie Blend #2
 - 🍏 Red Apple Slices
 - 🥗 Carnival Cloud Fruit Salad 88 cal

- 13**
- 🍖 Circus BBQ Pulled Pork 407 cal
 - 🍪 Cookie
 - 🥗 Chef Salad 223 cal
 - 🍌 Turkey Ham & Cheese Brioche Sandwich 345 cal
 - 🍌 Marinara Dip Cup 40 cal
 - 🍌 Shredded Mozzarella Cheese
 - 🍌 Turkey Pepperoni Slices 32 cal
 - 🍌 Focaccia Flatbread 300 cal
 - 🍌 California Blend 15 cal
 - 🥗 Garden Salad 50 cal
 - 🍷 Applesauce: All Flavors

- 14**
- 🍗 Acrobat Alfredo 287 cal
 - 🍌 Garlic Knot 180 cal
 - 🍌 Chicken Taco Salad 325 cal
 - 🍌 PBJ Uncrustable
 - 🐟 Cheddar Goldfish Crackers 100 cal
 - 🥤 Cool Cow Strawberry Banana Smoothie 120 cal
 - 🥤 Mango Pineapple Yogurt Smoothie 164 cal
 - 🍌 Oatmeal Chocolate Chip Bar 140 cal
 - 🍌 String Cheese, Mozzarella
 - 🥗 House Side Salad 67 cal
 - 🥦 Parmesan Roasted Broccoli 27 cal
 - 🍏 Apple Slices

- 15**
- 🍗 Smashburger 305 cal
 - 🍕 Buffalo Chicken Wrap 350 cal
 - 🍌 Fruit Salad
 - 🍌 Banana Mini Muffin Loaf 160 cal
 - 🍌 Jack Link's Jerky 80 cal
 - 🍌 Pretzel Goldfish Crackers 90 cal
 - 🍌 French Fries 150 cal
 - 🥗 Romaine and Tomato 13 cal
 - 🍌 Whole Grain Onion Rings 180 cal
 - 🍌 Rainbow Johnny Pops 12 cal
 - 🍷 Applesauce

- 16**
- No menu published

- 19**
- 🍌 Mini Cheese Calzones 330 cal
 - 🍌 Marinara Dip Cup 40 cal
 - 🍕 Breaded Chicken Caesar Salad 321 cal
 - 🍕 Turkey and Cheese Croissant H 347 cal
 - 🍌 Belly Bear Grahams 130 cal
 - 🥛 Peanut Butter Cup 180 cal
 - 🥕 String Cheese, Mozzarella
 - 🥦 Broccoli
 - 🥕 Fresh Veggie Blend #2
 - 🍏 Red Apple Slices

- 20**
- 🍗 Boneless Chicken Wings 350 cal
 - 🍌 Hot Rolls 80 cal
 - 🥗 Chef Salad 223 cal
 - 🍌 Club Sub 356 cal
 - 🥤 Mango Pineapple Yogurt Smoothie 164 cal
 - 🥤 Cool Cow Strawberry Banana Smoothie 120 cal
 - 🍌 String Cheese, Mozzarella
 - 🐟 Cheddar Goldfish Crackers 100 cal
 - 🍌 Oatmeal Chocolate Chip Bar 140 cal
 - 🍌 Curly Fries 90 cal
 - 🥗 Garden Salad 15 cal
 - 🍷 Applesauce: All Flavors 50 cal

- 21**
- 🍗 Honey Pork BBQ Sandwich 410 cal
 - 🍌 Italian Wrap 355 cal
 - 🍕 Pizza Salad 185 cal
 - 🍌 Chocolate Granola 130 cal
 - 🍌 Cinnamon Granola 120 cal
 - 🥤 Fruit & Yogurt Parfait 244 cal
 - 🍌 Pretzel Goldfish Crackers 90 cal
 - 🥕 String Cheese, Mozzarella
 - 🥒 Cucumber Coins
 - 🥫 Baked Beans 28 cal
 - 🍏 Red Apple Slices

- 22**
- 🍗 Chicken Taco Meat 130 cal
 - 🍪 Celebration Cookie 140 cal
 - 🍌 Smucker's Peanut Butter & Chocolate 300 cal
 - 🍌 PBJ Uncrustable
 - 🍕 Buffalo Chicken Chopped Salad 226 cal
 - 🍌 Jack Link's Jerky 80 cal
 - 🍌 Banana Mini Muffin Loaf 160 cal
 - 🍌 Pretzel Goldfish Crackers 90 cal
 - 🥗 House Side Salad 67 cal
 - 🥕 Fresh Green Beans
 - 🍷 Applesauce: All Flavors 50 cal

- 23**
- 🍗 Turkey BLT 395 cal
 - 🍌 Turkey BLT Wrap 365 cal
 - 🥗 Veggie Salad
 - 🍌 Marinara Dip Cup 40 cal
 - 🍌 Shredded Mozzarella Cheese
 - 🍌 Turkey Pepperoni Slices 32 cal
 - 🍌 Focaccia Flatbread 300 cal
 - 🍌 Sweet Potato Fries 160 cal
 - 🥕 Fresh Veggie Blend #3
 - 🥤 Frozen Juice Cup

- 26**
- 🍌 Marinara Dip Cup 40 cal
 - 🍌 Pizza Crunchers 430 cal
 - 🍕 Breaded Chicken Caesar Salad 321 cal
 - 🍕 Turkey and Cheese Croissant H 347 cal
 - 🥛 Peanut Butter Cup 180 cal
 - 🍞 WG Mini Flatbread
 - 🍌 Belly Bear Grahams 130 cal
 - 🥕 String Cheese, Mozzarella
 - 🥦 Broccoli
 - 🥕 Fresh Veggie Blend #2
 - 🍏 Red Apple Slices

- 27**
- 🍌 Chile Verde Chicken
 - 🍌 Cilantro Lime Rice
 - 🍌 Double Chocolate Brownie 199 cal
 - 🍌 Turkey Ham & Cheese Brioche Sandwich 345 cal
 - 🍌 Chef Salad 223 cal
 - 🍌 Marinara Dip Cup 40 cal
 - 🍌 Shredded Mozzarella Cheese
 - 🍌 Focaccia Flatbread 300 cal
 - 🍌 Turkey Pepperoni Slices 32 cal
 - 🥫 Seasoned Black Beans 214 cal
 - 🥗 Garden Salad 15 cal
 - 🍷 Applesauce: All Flavors 50 cal

- 28**
- 🍗 Hot Italian Sub 412 cal
 - 🍕 Buffalo Chicken Wrap 350 cal
 - 🍌 Fruit Salad
 - 🥤 Mango Pineapple Yogurt Smoothie 164 cal
 - 🥤 Cool Cow Strawberry Banana Smoothie 120 cal
 - 🍌 String Cheese, Mozzarella
 - 🐟 Cheddar Goldfish Crackers 100 cal
 - 🍌 Oatmeal Chocolate Chip Bar 140 cal
 - 🥒 Cucumber Coins
 - 🥫 Green Beans
 - 🍏 Red Apple Slices

- 29**
- 🍗 Chicken Buffalo Macaroni and Cheese 442 cal
 - 🍌 PBJ Uncrustable
 - 🍌 Chicken Taco Salad 325 cal
 - 🍌 Jack Link's Jerky 80 cal
 - 🍌 Banana Mini Muffin Loaf 160 cal
 - 🍌 Pretzel Goldfish Crackers 90 cal
 - 🥕 Steamed Peas and Carrots 50 cal
 - 🥗 House Side Salad 67 cal
 - 🍷 Applesauce: All Flavors 50 cal

- 30**
- 🍗 Mini Chicken Corn Dogs 260 cal
 - 🐟 Fish Fillet Sandwich 385 cal
 - 🍌 Turkey BLT Wrap 365 cal
 - 🍌 Chopped Cobb Salad
 - 🍌 Strawberry Yogurt Cup 90 cal
 - 🍌 Vanilla Yogurt Cup 90 cal
 - 🍌 String Cheese, Mozzarella
 - 🍌 Cinnamon Granola 120 cal
 - 🍌 Chocolate Granola 130 cal
 - 🍌 Banana Mini Muffin Loaf 160 cal
 - 🍌 Tater Tots
 - 🥗 Romaine and Tomato 13 cal
 - 🥤 Orange Cream Frozen Juice Cup 90 cal

Served every day
🍌 Colby Jack Cheese Stick