



LUNCH

OCTOBER 2026

Auburndale Senior High

Polk County Public Schools



Monday

Tuesday

Wednesday

Thursday

Friday

5 CHEESE PIZZA 310 cal - Ranchero Pizza 332 cal - Turkey Pepperoni Pizza 310 cal - Buffalo Chicken Pizza - Supreme Pizza 367 cal - Breaded Chicken Caesar Salad 321 cal - Turkey and Cheese Croissant H 347 cal - Belly Bear Grahams 130 cal - Peanut Butter Cup 180 cal - String Cheese, Mozzarella WG Mini Flatbread - Corn - Cucumber Coins - Red Apple Slices	6 CHICKEN AND WAFFLES HS/ADULT - Chef Salad 223 cal - Club Sub 356 cal - Cheddar Goldfish Crackers 100 cal - Cool Cow Strawberry Banana Smoothie 120 cal - Mango Pineapple Yogurt Smoothie 164 cal - Oatmeal Chocolate Chip Bar 140 cal - String Cheese, Mozzarella - Baked Beans 28 cal - Garden Salad 15 cal - Applesauce: All Flavors 50 cal	7 FORTUNE COOKIE - Orange Chicken 150 cal - Rice 108 cal - Italian Wrap 355 cal - Pizza Salad 185 cal - Chocolate Granola 130 cal - Cinnamon Granola 120 cal - Fruit & Yogurt Parfait 244 cal - Pretzel Goldfish Crackers 90 cal - String Cheese, Mozzarella - Broccoli - Fresh Veggie Blend #2 - Red Apple Slices	8 MEATBALL MARINARA HIGH SCHOOL 187 cal - Rotini Pasta - Hot Rolls 80 cal - Buffalo Chicken Chopped Salad 226 cal - PBJ Uncrustable - Jack Link's Jerky 80 cal - Banana Mini Muffin Loaf 160 cal - Pretzel Goldfish Crackers 90 cal - Roasted Zucchini 20 cal - House Side Salad 67 cal - Applesauce: All Flavors 50 cal	9 CHICKEN TENDER SUB 519 cal - Turkey BLT Wrap 365 cal - Veggie Salad - Marinara Dip Cup 40 cal - Focaccia Flatbread 300 cal - Shredded Mozzarella Cheese - Turkey Pepperoni Slices 32 cal - Sweet Potato Fries 180 cal - Fresh Veggie Blend #3 - Frozen Juice Cup
12 MEAT LOVER'S ROLLED STROMBOLI 310 cal - Garlic French Bread Pizza 356 cal - Dave's Detroit Style Pizza Cheese & Pepperoni 360 cal - Chicken Caesar Salad 151 cal - Turkey and Cheese Croissant H 347 cal - String Cheese, Mozzarella - Peanut Butter Cup 180 cal - Belly Bear Grahams 130 cal - WG Mini Flatbread - Green Beans - Fresh Veggie Blend #2 - Red Apple Slices - Carnival Cloud Fruit Salad 88 cal	13 CIRCUS BBQ PULLED PORK 407 cal - Cookie - Chef Salad 223 cal - Turkey Ham & Cheese Brioche Sandwich 345 cal - Marinara Dip Cup 40 cal - Shredded Mozzarella Cheese - Turkey Pepperoni Slices 32 cal - Focaccia Flatbread 300 cal - California Blend 15 cal - Garden Salad - Applesauce: All Flavors 50 cal	14 ACROBAT ALFREDO 287 cal - Garlic Knot 180 cal - Penne Pasta - Chicken Taco Salad 325 cal - PBJ Uncrustable - Cheddar Goldfish Crackers 100 cal - Cool Cow Strawberry Banana Smoothie 120 cal - Mango Pineapple Yogurt Smoothie 164 cal - Oatmeal Chocolate Chip Bar 140 cal - String Cheese, Mozzarella - House Side Salad 67 cal - Parmesan Roasted Broccoli - Apple Slices	15 SMASHBURGER 305 cal - Buffalo Chicken Wrap 350 cal - Fruit Salad - Banana Mini Muffin Loaf 160 cal - Jack Link's Jerky 80 cal - Pretzel Goldfish Crackers 90 cal - French Fries 150 cal - Romaine and Tomato 13 cal - Whole Grain Onion Rings 180 cal - Rainbow Johnny Pops 12 cal - Applesauce	16 No menu published
19 MINI CHEESE CALZONES 330 cal - Marinara Dip Cup 40 cal - Breaded Chicken Caesar Salad 321 cal - Turkey and Cheese Croissant H 347 cal - Belly Bear Grahams 130 cal - Peanut Butter Cup 180 cal - String Cheese, Mozzarella WG Mini Flatbread - Broccoli - Fresh Veggie Blend #2 - Red Apple Slices	20 BONELESS CHICKEN WINGS 350 cal - Hot Rolls 80 cal - Chef Salad 223 cal - Club Sub 356 cal - Mango Pineapple Yogurt Smoothie 164 cal - Cool Cow Strawberry Banana Smoothie 120 cal - String Cheese, Mozzarella - Cheddar Goldfish Crackers 100 cal - Oatmeal Chocolate Chip Bar 140 cal - Curly Fries 90 cal - Garden Salad 15 cal - Applesauce: All Flavors 50 cal	21 HONEY PORK BBQ SANDWICH 410 cal - Italian Wrap 355 cal - Pizza Salad 185 cal - Chocolate Granola 130 cal - Cinnamon Granola 120 cal - Fruit & Yogurt Parfait 244 cal - Pretzel Goldfish Crackers 90 cal - String Cheese, Mozzarella - Cucumber Coins - Baked Beans 28 cal - Red Apple Slices	22 CHICKEN TACO MEAT 130 cal - Celebration Cookie 140 cal - Smucker's Peanut Butter & Chocolate 300 cal - PBJ Uncrustable - Buffalo Chicken Chopped Salad 226 cal - Jack Link's Jerky 80 cal - Banana Mini Muffin Loaf 160 cal - Pretzel Goldfish Crackers 90 cal - House Side Salad 67 cal - Fresh Green Beans - Applesauce: All Flavors 50 cal	23 TURKEY BLT 395 cal - Turkey BLT Wrap 365 cal - Veggie Salad - Marinara Dip Cup 40 cal - Shredded Mozzarella Cheese - Turkey Pepperoni Slices 32 cal - Focaccia Flatbread 300 cal - Sweet Potato Fries 160 cal - Fresh Veggie Blend #3 - Frozen Juice Cup
26 MARINARA DIP CUP 40 cal - Pizza Crunchers 430 cal - Breaded Chicken Caesar Salad 321 cal - Turkey and Cheese Croissant H 347 cal - Peanut Butter Cup 180 cal - WG Mini Flatbread - Belly Bear Grahams 130 cal - String Cheese, Mozzarella - Broccoli - Fresh Veggie Blend #2 - Red Apple Slices	27 CHILE VERDE CHICKEN - Cilantro Lime Rice - Double Chocolate Brownie 199 cal - Turkey Ham & Cheese Brioche Sandwich 345 cal - Chef Salad 223 cal - Marinara Dip Cup 40 cal - Shredded Mozzarella Cheese - Focaccia Flatbread 300 cal - Turkey Pepperoni Slices 32 cal - Seasoned Black Beans 214 cal - Garden Salad 15 cal - Applesauce: All Flavors 50 cal	28 HOT ITALIAN SUB 412 cal - Buffalo Chicken Wrap 350 cal - Fruit Salad - Mango Pineapple Yogurt Smoothie 164 cal - Cool Cow Strawberry Banana Smoothie 120 cal - String Cheese, Mozzarella - Cheddar Goldfish Crackers 100 cal - Oatmeal Chocolate Chip Bar 140 cal - Cucumber Coins - Green Beans - Red Apple Slices	29 CHICKEN BUFFALO MACARONI AND CHEESE 442 cal - PBJ Uncrustable - Chicken Taco Salad 325 cal - Jack Link's Jerky 80 cal - Banana Mini Muffin Loaf 160 cal - Pretzel Goldfish Crackers 90 cal - Steamed Peas and Carrots 50 cal - House Side Salad 67 cal - Applesauce: All Flavors 50 cal	30 MINI CHICKEN CORN DOGS 260 cal - Fish Fillet Sandwich 385 cal - Turkey BLT Wrap 365 cal - Chopped Cobb Salad - Strawberry Yogurt Cup 90 cal - Vanilla Yogurt Cup 90 cal - String Cheese, Mozzarella - Cinnamon Granola 120 cal - Chocolate Granola 130 cal - Banana Mini Muffin Loaf 160 cal - Tater Tots - Romaine and Tomato 13 cal - Orange Cream Frozen Juice Cup 90 cal

Served every day:
Colby Jack Cheese Stick

Menu data from Polk County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Polk County Public Schools publishes them.

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