



AFTERSCHOOL SNACK OCTOBER 2026

Woodlands Middle

Palm Beach County Public Schools

Monday

Tuesday

Wednesday

Thursday

Friday

			1	2
			SOUR CREAM & CHEDDAR CRUNCHMASTER CRACKERS 100% Fruit Juice	MINI BLUEBERRY VANILLA CRACKERS Assorted Milk or Assorted Whole Fresh Fruit
			90 cal 90 cal	130 cal 121 cal 101 cal
5	6	7	8	9
CHEDDAR GOLDFISH CRACKERS Assorted Milk or Assorted Whole Fresh Fruit	SIMPLY CHEX CRACKERS Assorted Milk or Assorted Whole Fresh Fruit	BAKED CHEETOS OR FUNYUNS 100% Fruit Juice	ASSORTED GRAHAM SNACKS Assorted Milk or Assorted Whole Fresh Fruit	ASSORTED DORITOS TORTILLA CHIPS 100% Fruit Juice
100 cal 121 cal 101 cal	120 cal 121 cal 101 cal	111 cal 90 cal	120 cal 121 cal 101 cal	130 cal 90 cal
12	13	14	15	16
No menu published	MINI BLUEBERRY VANILLA CRACKERS Assorted Milk or Assorted Whole Fresh Fruit	GOLDFISH HONEY BUN GRAHAM CRACKERS 100% Fruit Juice	COCOA PUFFS CEREAL Assorted Milk or Assorted Whole Fresh Fruit	TEDDY GRAHAMS Assorted Milk or Assorted Whole Fresh Fruit
	130 cal 121 cal 101 cal	130 cal 90 cal	120 cal 121 cal 101 cal	90 cal 121 cal 101 cal
19	20	21	22	23
CHEEZ-IT CRACKERS Assorted Milk or Assorted Whole Fresh Fruit	PRETZEL GOLDFISH CRACKERS 100% Fruit Juice	BAKED CHEETOS OR FUNYUNS Assorted Milk or Assorted Whole Fresh Fruit	PRINGLES MINGLES ASSORTED 100% Fruit Juice	ASSORTED DORITOS TORTILLA CHIPS Assorted Milk or Assorted Whole Fresh Fruit
101 cal 121 cal 101 cal	90 cal 90 cal	111 cal 121 cal 101 cal	100 cal 90 cal	130 cal 121 cal 101 cal
26	27	28	29	30
LUCKY CHARMS CEREAL Assorted Milk or Assorted Whole Fresh Fruit	BAKED CHEETOS OR FUNYUNS 100% Fruit Juice	TEDDY GRAHAMS Assorted Milk or Assorted Whole Fresh Fruit	SOUR CREAM & CHEDDAR CRUNCHMASTER CRACKERS 100% Fruit Juice	MINI BLUEBERRY VANILLA CRACKERS Assorted Milk or Assorted Whole Fresh Fruit
110 cal 121 cal 101 cal	111 cal 90 cal	90 cal 121 cal 101 cal	90 cal 90 cal	130 cal 121 cal 101 cal

Served every day:

served with

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Palm Beach County Public Schools publishes them.

nutrislice