



# PRE K BREAKFAST OCTOBER 2026

## William T. Dwyer High

Palm Beach County Public Schools

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

|                                                                                                                                                           |                                                                                                                           |                                                                                                                                                                            |                                                                                                                                                               |                                                                                                                                                          |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                           |                                                                                                                           |                                                                                                                                                                            | <div>★<br/>🍞 Cheese Toast 99 cal<br/>🍎 Fresh Fruit 72 cal<br/>🍽️ Alternate PreK Entree</div>                                                                  | <div>★<br/>🍞 Egg Biscuit Sandwich 219 cal<br/>🍎 Assorted Fruit Cups 73 cal<br/>or<br/>🍎 Assorted Apple Sauce 53 cal<br/>🍽️ Alternate PreK Entree</div>   |
| <div>★<br/>🍞 Mini Blueberry Pancakes 210 cal<br/>🍎 Assorted Fruit Cups 73 cal<br/>or<br/>🍎 Assorted Apple Sauce 53 cal<br/>🍽️ Alternate PreK Entree</div> | <div>★<br/>🍞 Mini Maple Chip Pancakes 90 cal<br/>🍎 Fresh Fruit 72 cal<br/>🍽️ Alternate PreK Entree</div>                  | <div>★<br/>🍞 Chocolate Chip Mini Loaf 179 cal<br/>🍎 Assorted Fruit Cups 73 cal<br/>or<br/>🍎 Assorted Apple Sauce 53 cal<br/>🍽️ Alternate PreK Entree</div>                 | <div>★<br/>🍞 French Toast Sticks "Grab &amp; Go" 270 cal<br/>or<br/>🍞 French Toast Sticks 260 cal<br/>🍎 Fresh Fruit 72 cal<br/>🍽️ Alternate PreK Entree</div> | <div>★<br/>🍞 Egg Biscuit Sandwich 219 cal<br/>🍎 Assorted Fruit Cups 73 cal<br/>or<br/>🍎 Assorted Apple Sauce 53 cal<br/>🍽️ Alternate PreK Entree</div>   |
| <div>★<br/>No menu published</div>                                                                                                                        | <div>★<br/>🍞 Egg &amp; Cheese Cheese Pancake Sandwich 185 cal<br/>🍎 Fresh Fruit 72 cal<br/>🍽️ Alternate PreK Entree</div> | <div>★<br/>🍞 Banana Mini Loaf 170 cal<br/>🍎 Assorted Fruit Cups 73 cal<br/>or<br/>🍎 Assorted Apple Sauce 53 cal<br/>🍽️ Alternate PreK Entree</div>                         | <div>★<br/>🍞 Cheese Toast 99 cal<br/>🍎 Fresh Fruit 72 cal<br/>🍽️ Alternate PreK Entree</div>                                                                  | <div>★<br/>🍞 Egg Croissant Sandwich 171 cal<br/>🍎 Assorted Fruit Cups 73 cal<br/>or<br/>🍎 Assorted Apple Sauce 53 cal<br/>🍽️ Alternate PreK Entree</div> |
| <div>★<br/>🍞 Confetti Pancakes 218 cal<br/>🍎 Assorted Fruit Cups 73 cal<br/>or<br/>🍎 Assorted Apple Sauce 53 cal</div>                                    | <div>★<br/>🍞 Cheese Toast 99 cal<br/>🍎 Fresh Fruit 72 cal</div>                                                           | <div>★<br/>🍞 French Toast Sticks "Grab &amp; Go" 270 cal<br/>or<br/>🍞 French Toast Sticks 260 cal<br/>🍎 Assorted Fruit Cups 73 cal<br/>🍎 Assorted Apple Sauce 53 cal</div> | <div>★<br/>🍞 Egg Croissant Sandwich 171 cal<br/>🍎 Fresh Fruit 72 cal</div>                                                                                    | <div>★<br/>🍞 Chocolate Chip Mini Loaf 179 cal<br/>🍎 Assorted Fruit Cups 73 cal<br/>or<br/>🍎 Assorted Apple Sauce 53 cal</div>                            |
| <div>★<br/>🍞 Mini Cinnamon Waffles 190 cal<br/>🍎 Assorted Fruit Cups 73 cal<br/>or<br/>🍎 Assorted Apple Sauce 53 cal</div>                                | <div>★<br/>🍞 Banana Mini Loaf 170 cal<br/>🍎 Fresh Fruit 72 cal</div>                                                      | <div>★<br/>🍞 Egg Croissant Sandwich 171 cal<br/>🍎 Assorted Fruit Cups 73 cal<br/>or<br/>🍎 Assorted Apple Sauce 53 cal</div>                                                | <div>★<br/>🍞 Cheese Toast 99 cal<br/>🍎 Fresh Fruit 72 cal</div>                                                                                               | <div>★<br/>🍞 Mini Maple Chip Pancakes 90 cal<br/>🍎 Assorted Fruit Cups 73 cal<br/>or<br/>🍎 Assorted Apple Sauce 53 cal</div>                             |

### EVERY DAY

- 🍽️ Assorted Unflavored Milk
- 🍽️ Cereal

Menu subject to change.

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Palm Beach County Public Schools publishes them.

nutrislice