



LUNCH OCTOBER 2026

William T. Dwyer High

Palm Beach County Public Schools

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

★	Chicken Patty Sandwich	351 cal
10	Hot Dog	309 cal
10	Relish	15 cal
10	Buffalo Chicken Bites	419 cal
10	Italian Sub	416 cal
10	Sweet Potato Waffle Fries	183 cal

★	Walking Taco	367 cal
10	Salsa	25 cal
10	Shredded Lettuce	14 cal
10	Sliced Jalapenos	14 cal
10	Breaded Mozzarella Cheese Sticks	493 cal
10	Marinara Dipping Cup	40 cal
10	Dill Chicken Patty Sandwich	351 cal
10	Grilled Chicken Salad	199 cal
10	Croutons	284 cal
10	Chocolate Chip Muffin Platter	417 cal
10	Seasoned Black Beans	142 cal

★	Orange Chicken	388 cal
10	Rice with Veggies	241 cal
10	Macaroni and Cheese	350 cal
10	Dinner Roll	80 cal
10	Jamaican Beef Patty	460 cal
10	Chicken Tender Wrap	312 cal
10	Garden Salad with Egg & Cheese	142 cal
10	Croutons	284 cal
10	Broccoli	38 cal

★	Pierogies and Kielbasa	313 cal
10	Breadstick	110 cal
10	Chicken Nuggets	236 cal
10	Plant-Based Nuggets	256 cal
10	Wild Mike's Cheesy Bites	422 cal
10	Marinara Dipping Cup	40 cal
10	Buffalo Chicken Bites Salad	329 cal
10	Croutons	142 cal
10	Tuscan Green Beans	48 cal

★	Mini Twin Cheeseburgers	316 cal
10	Cheese Pizza Crunchers	661 cal
10	Meat Lovers Stromboli	310 cal
10	Marinara Dipping Cup	40 cal
10	Chocolate Chip Muffin Platter	417 cal
10	Potato Smiles	196 cal

★	No menu published	
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★	Chicken Soft Taco	397 cal
10	Black Beans & Rice and Salsa	136 cal
10	Salsa	25 cal
10	Shredded Lettuce	14 cal
10	Sliced Jalapenos	14 cal
10	Hamburger	319 cal
10	Cheeseburger	355 cal
10	Meat Lovers Stromboli	310 cal
10	Marinara Dipping Cup	40 cal
10	Grilled Chicken Caesar Salad	158 cal
10	Croutons	284 cal
10	Caesar Dressing	340 cal
10	Banana Muffin Platter	387 cal
10	Yuca Fries	219 cal

★	Penne Pasta with Meatballs	391 cal
10	Breadstick	110 cal
10	Breaded Mozzarella Cheese Sticks	493 cal
10	Marinara Dipping Cup	40 cal
10	Spicy Chicken Sandwich	350 cal
10	Italian Sub	416 cal
10	Yogurt & Cheese Cube Platter	400 cal
10	Green Beans	40 cal

★	Chicken and Vegetable Potstickers	465 cal
10	Deep Dish Cheese Pizza	310 cal
10	Buffalo Chicken Bites	419 cal
10	Chicken Tenders Salad	290 cal
10	Croutons	142 cal
10	Asian Broccoli	75 cal

★	Chicken Nuggets	236 cal
10	Brazilian Sweet Bread	100 cal
10	Plant-Based Nuggets	256 cal
10	Corndog	240 cal
10	Meat Trio Pizza Wedge	350 cal
10	Banana Muffin Platter	387 cal
10	Potato Sticks	100 cal

★	BBQ Pulled Pork	300 cal
10	Hushpuppies	150 cal
10	Macaroni and Cheese	350 cal
10	Jamaican Beef Patty	460 cal
10	Turkey and Cheese Sub	337 cal
10	Turkey and Cheese Wrap	367 cal
10	BBQ Baked Beans	205 cal

★	Beef Nachos w/Tortilla Chips	428 cal
10	Cheezy Hotz Chicken Bites	217 cal
10	Dinner Roll	80 cal
10	Dill Chicken Bites	378 cal
10	Popcorn Chicken Salad	312 cal
10	Croutons	142 cal
10	Chocolate Chip Muffin Platter	417 cal
10	Sliced Sweet Plantains	280 cal

★	Beef and Broccoli Ramen Bowl	505 cal
10	Cheese Stuffed Crust Wedge Pizza	309 cal
10	Pepperoni Stuffed Crust Wedge Pizza	310 cal
10	Spicy Chicken Sandwich	350 cal
10	Nashville Hot Chicken Wrap	466 cal
10	Strawberry Yogurt Parfait	277 cal
10	Mini Graham Bite Chortles	220 cal
10	Peas and Carrots	74 cal

★	Chicken and Mashed Potato Bowl	420 cal
10	Classic Whole Grain Biscuit	159 cal
10	Grilled Cheese Sandwich	320 cal
10	Meat Lovers Stromboli	310 cal
10	Marinara Dipping Cup	40 cal
10	Chef Salad with Turkey and Egg	208 cal
10	Croutons	284 cal
10	Corn	80 cal

★	Chicken Patty Sandwich	351 cal
10	Breaded Mozzarella Cheese Sticks	493 cal
10	Marinara Dipping Cup	40 cal
10	Fiesta Pizza	360 cal
10	Chocolate Chip Muffin Platter	417 cal
10	Broccoli	38 cal
10	Pickle	4 cal

★	Asian Chicken Bites	331 cal
10	Dinner Roll	80 cal
10	Spicy Chicken Sandwich	350 cal
10	Deep Dish Cheese Pizza	310 cal
10	Italian Sub	416 cal
10	Green Peas	89 cal

★	Kielbasa Sub	
10	Chicken Fajita	400 cal
10	Spanish Rice	230 cal
10	Corndog	240 cal
10	Grilled Chicken Caesar Salad	158 cal
10	Croutons	284 cal
10	and	
10	Caesar Dressing	340 cal
10	Blueberry Muffin Platter	424 cal
10	Seasoned Red Beans	166 cal

★	Pasta Penne with Meat Sauce	468 cal
10	Penne Pasta	262 cal
10	Breadstick	110 cal
10	Chicken Tenders	439 cal
10	Meat Lovers Stromboli	310 cal
10	Marinara Dipping Cup	40 cal
10	Mandarin Chicken Salad	338 cal
10	Croutons	142 cal
10	Turkey and Cheese Sub	337 cal
10	Turkey and Cheese Wrap	367 cal
10	Broccoli	38 cal

★	Chicken Adobo	383 cal
10	Brown Rice	99 cal
10	Wild Mike's Cheesy Bites	422 cal
10	Marinara Dipping Cup	40 cal
10	Jamaican Beef Patty	460 cal
10	Chicken Tender Wrap	312 cal
10	Green Beans	40 cal

★	Mini Twin Cheeseburgers	316 cal
10	Cheese Stuffed Crust Wedge Pizza	309 cal
10	Pepperoni Stuffed Crust Wedge Pizza	310 cal
10	Cheezy Hotz Chicken Bites	217 cal
10	Dinner Roll	80 cal
10	Blueberry Muffin Platter	424 cal
10	Potato Smiles	196 cal
10	Frozen Italian Ice	90 cal

EVERY DAY

- or
- offered with
- Grape PB&J Sandwich
- Grape Soybutter Sandwich Platter

Menu subject to change.