



Western Academy

Lunch · October 2026

Monday**Tuesday****Wednesday****Thursday****Friday**

5		6		7		8		9	
Chicken Patty Sandwich 351 cal		Walking Taco 367 cal		Orange Chicken 388 cal		Pierogies and Kielbasa 313 cal		Mini Twin Cheeseburgers 316 cal	
Hot Dog 309 cal		Salsa and Shredded Lettuce 25 cal		Rice with Veggies 241 cal		Breadstick 110 cal		Cheese Pizza 440 cal	
Relish 15 cal		Sour Cream 60 cal		Macaroni and Cheese 350 cal		Chicken Nuggets 168 cal		Chocolate Chip Muffin Platter 417 cal	
Italian Sub 416 cal		Breaded Mozzarella Cheese Sticks 407 cal		Dinner Roll 80 cal		Plant Based Nuggets 214 cal		Potato Smiles 131 cal	
PBJ Grape Sandwich Platter 461 cal		Marinara Dipping Cup 40 cal		Chicken Tender Wrap 142 cal		Buffalo Chicken Bites 329 cal			
or		Grilled Chicken Salad 199 cal		Garden Salad with Egg & Cheese 284 cal		Croutons 142 cal			
Grape Soybutter Sandwich Platter 450 cal		Croutons 284 cal		Croutons 142 cal		PBJ Grape Sandwich Platter 461 cal			
Sweet Potato Waffle Fries 183 cal		Chocolate Chip Muffin Platter 417 cal		Broccoli 38 cal		or			
		Seasoned Black Beans 142 cal				Grape Soybutter Sandwich Platter 450 cal			
						Tuscan Green Beans 48 cal			
12		13		14		15		16	
No menu published		Chicken Soft Taco 397 cal		Penne Pasta with Meatballs 391 cal		Chicken & Vegetable Potstickers with Ramen 427 cal		Chicken Nuggets 168 cal	
		Black Beans & Rice 136 cal		Breadstick 110 cal		Deep Dish Cheese Pizza 310 cal		Brazilian Sweet Bread 100 cal	
		Salsa and Shredded Lettuce 25 cal		Breaded Mozzarella Cheese Sticks 407 cal		Chicken Tenders 290 cal		Plant Based Nuggets 214 cal	
		Hamburger 319 cal		Marinara Dipping Cup 40 cal		Salad 142 cal		Corndog 240 cal	
		or		Italian Sub 416 cal		Croutons 142 cal		Banana Muffin Platter 387 cal	
		Cheeseburger 355 cal		Yogurt & Cheese 400 cal		PBJ Grape Sandwich Platter 461 cal		Potato Sticks 100 cal	
		Grilled Chicken Caesar Salad 158 cal		Cube Platter 40 cal		or			
		Croutons 284 cal		Green Beans 40 cal		Grape Soybutter Sandwich Platter 450 cal			
		Caesar Dressing 340 cal				Asian Broccoli 75 cal			
		Banana Muffin Platter 387 cal							
		Yuca Fries 219 cal							
19		20		21		22		23	
BBQ Pulled Pork 300 cal		Beef Nachos w/Tortilla Chips 428 cal		Beef and Broccoli Ramen Bowl 505 cal		Chicken and Mashed Potato Bowl 420 cal		Chicken Patty Sandwich 351 cal	
Hushpuppies 150 cal		Dill Chicken Bites 236 cal		Meat Lovers Stromboli 310 cal		Classic Whole Grain Biscuit 159 cal		Breaded Mozzarella Cheese Sticks 407 cal	
Macaroni and Cheese 350 cal		Dinner Roll 80 cal		Marinara Dipping Cup 40 cal		Grilled Cheese Sandwich 320 cal		Marinara Dipping Cup 40 cal	
Turkey and Cheese Sub 337 cal		Popcorn Chicken 312 cal		Nashville Hot Chicken Wrap 466 cal		Chef Salad with Turkey and Egg 208 cal		Chocolate Chip Muffin Platter 417 cal	
PBJ Grape Sandwich Platter 461 cal		Croutons 142 cal		Strawberry Yogurt Parfait 277 cal		Croutons 284 cal		Broccoli 38 cal	
or		Chocolate Chip Muffin Platter 417 cal		Mini Graham Bite 110 cal		PBJ Grape Sandwich Platter 461 cal		Pickle 4 cal	
Grape Soybutter Sandwich Platter 450 cal		Sliced Sweet Plantains 280 cal		Peas and Carrots 74 cal		or			
BBQ Baked Beans 205 cal						Grape Soybutter Sandwich Platter 450 cal			
						Corn 80 cal			
26		27		28		29		30	
Asian Chicken Bites 221 cal		Kielbasa Sub 400 cal		Pasta Penne with Meat Sauce 468 cal		Chicken Adobo 383 cal		Mini Twin Cheeseburgers 316 cal	
Dinner Roll 80 cal		Chicken Fajita 230 cal		or		Brown Rice 99 cal		Individual Cheese Pizza 330 cal	
Deep Dish Cheese Pizza 310 cal		Spanish Rice 158 cal		Penne Pasta 262 cal		Wild Mike's Cheesy Bites 281 cal		Blueberry Muffin Platter 424 cal	
Italian Sub 416 cal		Grilled Chicken Caesar Salad 158 cal		Breadstick 110 cal		Marinara Dipping Cup 40 cal		Potato Smiles 131 cal	
PBJ Grape Sandwich Platter 461 cal		Croutons 284 cal		Chicken Tenders 292 cal		Chicken Tender Wrap 461 cal		Frozen Italian Ice 90 cal	
or		Blueberry Muffin Platter 424 cal		Mandarin Chicken Salad 338 cal		or			
Grape Soybutter Sandwich Platter 450 cal		Seasoned Red Beans 166 cal		Croutons 142 cal		Grape Soybutter Sandwich Platter 450 cal			
Green Peas 89 cal				Turkey and Cheese Sub 337 cal		Green Beans 40 cal			
				Broccoli 38 cal					

Served every day

offered with · Turkey & Cheese Sandwich