



Palm Beach County Public Schools

# Wellington High

Cafe Sol Y Mar · October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

5

6

7

1

2

8

9

12

13

14

15

16

No menu published

19

20

21

22

23

26

27

28

29

30

### Served every day

Chicken and Cheese Quesadilla · Spicy Cheese Quesadilla · Beef and Cheese Burrito · Your choice of: · Cheesy Chorizo · or · Turkey Taco  
 offered with

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change.  
Calories are per serving, as Palm Beach County Public Schools publishes them.

**nutrislice**