



EARLY HEAD START LUNCH OCTOBER 2026

Village Academy of the Art & Sara Jo Kobacker Campus

Palm Beach County Public Schools



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

- Chicken Patty 191 cal
- Sweet Potato Fries 65 cal
- Assorted Apple Sauce 53 cal

6

- Chicken Nuggets 135 cal
- Seasoned Black Beans 71 cal
- Assorted Fruit Cups 73 cal

7

- Macaroni & Cheese 175 cal
- Broccoli 19 cal
- Assorted Apple Sauce 53 cal

1

- Mini Twin Cheeseburger 158 cal
- Potato Sticks 50 cal
- Assorted Fruit Cups 73 cal

2

- Chicken Tenders 146 cal
- Potato Smiles 65 cal
- Assorted Apple Sauce 53 cal

8

- Chicken Nuggets 135 cal
- Tuscan Green Beans 24 cal
- Assorted Fruit Cups 73 cal

9

- Mini Twin Cheeseburger 158 cal
- Potato Smiles 65 cal
- Assorted Apple Sauce 53 cal

12

No menu published

13

- Pollo Asado 105 cal
- Black Beans & Rice 136 cal
- Yuca Fries 109 cal
- Assorted Fruit Cups 73 cal

14

- Penne Pasta with Meatballs 391 cal
- Green Beans 21 cal
- Assorted Apple Sauce 53 cal

15

- Mini Twin Cheeseburger 158 cal
- Asian Broccoli 37 cal
- Assorted Fruit Cups 73 cal

16

- Chicken Nuggets 135 cal
- Potato Sticks 50 cal
- Assorted Apple Sauce 53 cal

19

- Macaroni & Cheese 175 cal
- BBQ Baked Beans 102 cal
- Assorted Apple Sauce 53 cal

20

- Dill Chicken Bites 142 cal
- Sliced Sweet Plantains 140 cal
- Assorted Fruit Cups 73 cal

21

- Grilled Cheese Sandwich 140 cal
- Potato Smiles 65 cal
- Assorted Apple Sauce 53 cal

22

- Popcorn Chicken 120 cal
- Mashed Potatoes 60 cal
- Assorted Fruit Cups 73 cal

23

- Chicken Patty 191 cal
- Broccoli 19 cal
- Assorted Apple Sauce 53 cal

26

- Asian Chicken Bites 166 cal
- Potato Smiles 65 cal
- Assorted Apple Sauce 53 cal

27

- Grilled Cheese Sandwich 140 cal
- Seasoned Red Beans 83 cal
- Assorted Fruit Cups 73 cal

28

- Penne Pasta w/Meat Sauce & Cheese Stick 311 cal
- Broccoli 19 cal
- Assorted Apple Sauce 53 cal

29

- Chicken Tenders 146 cal
- Green Beans 21 cal
- Assorted Fruit Cups 73 cal

30

- Mini Twin Cheeseburger 158 cal
- Potato Smiles 65 cal
- Assorted Apple Sauce 53 cal

EVERY DAY

Whole Milk

Menu subject to change.