



EARLY HEAD START BREAKFAST OCTOBER 2026

Village Academy of the Art & Sara Jo Kobacker Campus

Palm Beach County Public Schools



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			1 Cereal 112 cal Assorted Apple Sauce 53 cal	2 Blueberry Muffin 118 cal Assorted Fruit Cups 73 cal
5 Mini Blueberry Pancakes 105 cal Assorted Fruit Cups 73 cal	6 Mini Maple Chip Pancakes 90 cal Assorted Apple Sauce 53 cal	7 Chocolate Chip Mini Loaf 179 cal Assorted Fruit Cups 73 cal	8 French Toast 111 cal Assorted Apple Sauce 53 cal	9 Cereal 112 cal Assorted Fruit Cups 73 cal
12 No menu published	13 Strawberry Yogurt 80 cal Assorted Apple Sauce 53 cal	14 Banana Mini Loaf 170 cal Assorted Fruit Cups 73 cal	15 Cereal 112 cal Assorted Apple Sauce 53 cal	16 Blueberry Muffin 118 cal Assorted Fruit Cups 73 cal
19 Confetti Pancakes 109 cal Assorted Fruit Cups 73 cal	20 Vanilla Yogurt 80 cal Assorted Apple Sauce 53 cal	21 French Toast 111 cal Assorted Fruit Cups 73 cal	22 Cereal 112 cal Assorted Apple Sauce 53 cal	23 Chocolate Chip Mini Loaf 179 cal Assorted Fruit Cups 73 cal
26 Mini Cinnamon Waffles 95 cal Assorted Fruit Cups 73 cal	27 Banana Mini Loaf 170 cal Assorted Apple Sauce 53 cal	28 Strawberry Banana Yogurt 80 cal Assorted Fruit Cups 73 cal	29 Cereal 112 cal Assorted Apple Sauce 53 cal	30 Mini Maple Chip Pancakes 90 cal Assorted Fruit Cups 73 cal

EVERY DAY

Whole Milk

Menu subject to change.

Menu data from Palm Beach County Public Schools, drawn by schoolmenuapp.com. Menu subject to change. Calories are per serving, as Palm Beach County Public Schools publishes them.

nutrislice