



LUNCH OCTOBER 2026

U.B. Kinsey/Palmview Elementary

Palm Beach County Public Schools



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5	Chicken Patty Sandwich 351 cal
Hot Dog 309 cal	
offered with Relish 15 cal	
PBJ Grape Sandwich Platter 461 cal	
or	
Grape Soybuter Sandwich Platter 450 cal	
Sweet Potato Waffle Fries 183 cal	

6	 Walking Taco	367 cal
	 offered with	
	 Salsa	25 cal
	 and	
	 Shredded Lettuce	14 cal
	 Sour Cream	60 cal
	 Taco Sauce	10 cal
	 Breaded Mozzarella Cheese Sticks	407 cal
	 Marinara Dipping Cup	40 cal
	 Chocolate Chip Muffin Platter	417 cal
	 Seasoned Black Beans	142 cal

7	 Orange Chicken 388 cal
	offered with
	Rice with Veggies 241 cal
	Macaroni and Cheese 350 cal
	Dinner Roll 80 cal
	Garden Salad with Egg & Cheese 142 cal
	Croutons 284 cal
	Broccoli 38 cal

1	 Hamburger	319 cal
	or	
	 Cheeseburger	355 cal
	 Cheese Pizza Crunchers	440 cal
	 PBJ Grape Sandwich Platter	461 cal
	 Grape Soybuter Sandwich Platter	450 cal
	 Potato Sticks	100 cal
	 Pickle	4 cal

2	 Chicken and Waffle 530 cal
	 offered with
	 Wild Mike's Cheesy Bites 281 cal
	 Marinara Dipping Cup 40 cal
	 Blueberry Muffin Platter 424 cal
	 Corn 80 cal

12	No menu published
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13	 Chicken Soft Taco	397 cal
	offered with	
	Black Beans & Rice	136 cal
	and	
	Salsa	25 cal
	Shredded Lettuce	14 cal
	Hamburger	319 cal
	or	
	Cheeseburger	355 cal
	Banana Muffin Platter	387 cal
	Yuca Fries	219 cal

14		
	It's Circus Ring Penne Pasta with Meatballs Today!	
	Penne Pasta with Meatballs offered with Breadstick	391 cal
	It's Acrobat Breaded Mozzarella Cheese Sticks Today!	110 cal
	Breaded Mozzarella Cheese Sticks	407 cal
	Marinara Dipping Cup	40 cal
	Yogurt & Cheese Cube Platter	400 cal
	Green Beans	40 cal

15	 It's Ringling Chicken & Vegetable Potstickers with Ramen Today!	
	Chicken & Vegetable Potstickers with Ramen	427 cal
	It's Trapeze Deep Dish Cheese Pizza Today!	
	Deep Dish Cheese Pizza	310 cal
	PBJ Grape Sandwich Platter	461 cal
	Grape Soybuter Sandwich Platter	450 cal
	Asian Broccoli	75 cal

16	 It's Clown Car Chicken Nuggets Today!	
	Chicken Nuggets	168 cal
	offered with Brazilian Sweet Bread	100 cal
	It's Plant-Powered Clown Car Nuggets Today!	
	Plant Based Nuggets	214 cal
	It's Carnival Corn dog Today!	
	Corn dog	240 cal
	Banana Muffin Platter	387 cal
	Potato Sticks	100 cal

19	 BBQ Pulled Pork	300 cal
	 offered with Hushpuppies	150 cal
	 Macaroni and Cheese	350 cal
	 PBJ Grape Sandwich Platter	461 cal
	or	
	 Grape Soybuter Sandwich Platter	450 cal
	 BBQ Baked Beans	205 cal

20	Beef Nachos w/Tortilla Chips 428 cal
Dill Chicken Bites 236 cal	
offered with Dinner Roll 80 cal	
Chocolate Chip Muffin Platter 417 cal	
Sliced Sweet Plantains 280 cal	

21	 Beef and Broccoli Ramen Bowl 505 cal
	Cheese Pizza 310 cal
	Strawberry Yogurt Parfait 164 cal
	offered with Mini Graham Bite Chortles 110 cal
	Peas and Carrots 74 cal

22	 Chicken and Mashed Potato Bowl 420 cal
	 offered with
	 Classic Whole Grain Biscuit 159 cal
	 Grilled Cheese Sandwich 320 cal
	 PBJ Grape Sandwich Platter 461 cal
	 or
	 Grape Soybutter Sandwich Platter 450 cal
	 Corn 80 cal

23	 Chicken Patty Sandwich 351 cal
	 Breaded Mozzarella Cheese Sticks 407 cal
	 offered with Marinara Dipping Cup 40 cal
	 Chocolate Chip Muffin Platter 417 cal
	 Broccoli 38 cal
	 Pickle 4 cal

26	 Asian Chicken Bites	221 cal
	 offered with Dinner Roll	80 cal
	 Deep Dish Cheese Pizza	310 cal
	 PBJ Grape Sandwich Platter	461 cal
	or	
	 Grape Soybuter Sandwich Platter	450 cal
	 Green Peas	89 cal

27	 Kielbasa Sub	
	Corn dog	240 cal
	Blueberry Muffin Platter	424 cal
	Seasoned Red Beans	166 cal

28	Pasta Penne with Meat Sauce 468 cal
	or
	Penne Pasta 262 cal
	offered with
	Breadstick 110 cal
	Chicken Tenders 292 cal
	Mini Mandarin Popcorn Chicken Salad 335 cal
	Croutons 142 cal
	Broccoli 38 cal

29	 Chicken Adobo	383 cal
	 offered with	
	 Brown Rice	99 cal
	 Wild Mike's Cheesy Bites	281 cal
	 Marinara Dipping Cup	40 cal
	 PBJ Grape Sandwich Platter	461 cal
	or	
	 Grape Soybuter Sandwich Platter	450 cal
	 Green Beans	40 cal

30	 Mini Twin Cheeseburgers 316 cal
	Cheese Pizza 310 cal
	Blueberry Muffin Platter 424 cal
	Potato Smiles 131 cal
	Frozen Italian Ice 90 cal